

Venturers — 2009 BWCA Gear Check List

Note: Be sure to put your name on all of your gear and items.

Personal Gear

- Sleeping bag
- Foam sleeping pad/mattress
- Stuff bag for sleeping bag

Clothing (should be quick drying, not 100% cotton)

- Long sleeve shirt -- 1 (your crew shirt is long-sleeved, Hydro-duct polyester jersey knit)
- Short sleeve shirts -- 2 (one to sleep in, one to wear)
- Shorts -- 1-2 pairs
- Long pants -- 1 pair
- Warm jacket (fleece is good)
- Rain jacket and pants (avoid cheaply made and cheaply priced), no ponchos
- Gloves (wool works well)
- Stocking cap
- Hat with wide brim
- Underwear – 2 pair
- Lightweight insulated underwear
- Bandanas (3)
- Water shoes or sandals
- Athletic shoes to wear at camp
- Socks (biting flies love your ankles and toes)
- Swimming suit

Toiletries

- Tooth brush
- Small, itty-bitty tube of tooth paste
- Small hand towel (chamois cloth works great)
- Personal feminine products
- Sunscreen
- Lip Balm
- Insect repellent

Medical

- Medications (prescription and/or over-the-counter)
- First-aid kit (personal size)
- Spare pair of vision glasses or contacts)
- Sunglasses (Polarized for fishing)
- Contact solution

Be sure to look on the back of this page for more items.....

Miscellaneous

- Waterproof matches in waterproof container
- Tent stakes (10) – no plastic stakes
- Pocket knife
- Flashlight
- Extra batteries
- Camera and film in waterproof bag
- Compass
- Bowl, spoon and drinking cup
- Nalgene Water 1 quart bottles (2)
- Playing cards, books
- Crazy Creek style of chair
- Assorted sizes of zip-top plastic bags (2 gallon, 1 gallon, 1 quart)
- Heavy duty garbage bags (3)
- Water proof bags to keep small personal items handy in the canoe
- Fishing pole, lures, etc.

Note: You'll leave all your techy gadgets in the front country as they are not allowed in the backcountry!!!

For traveling days

Packing

- Small duffle bag

Sleeping

- Sleeping bag
- Foam sleeping pad

Clothing

- Shoes and/or sandals
- Socks (2-3 pair)
- Underwear (2-3)
- Shorts (2 pair)
- Long Pants (1 pair)
- Long-sleeve shirt / sweater/ sweatshirt
- Rain jacket
- Swimming suit

Personal & Miscellaneous

- Soap and shampoo
- Lightweight bath towel (old and thin)
- Camera and film
- Stamps for postcards
- Deck of cards, books, games