WORKSHOP DESCRIPTIONS

SESSION A

Friday, Oct 12th
10:00a – 11:30a

A1: Grow a Creative Photo Garden ..... *Presenter - Kathleen Ramonda, Kansas*
Bring a digital camera, memory card, and tripod (optional) for a hands-on experience. Photo terms will be reviewed plus you will have the opportunity to grow a creative photo garden.

A2: Growing 4-H ..... *Presenter - Diane Mack, Kansas*
Increase the quality of the club experience by focusing on positive youth development. Increase the level of youth and adult partnerships within the club. Enhance creativity to ensure that clubs include fun. Strengthen 4-H club management strategies.

A3: Using Games & Portables Challenge Activities with Youth Groups
Session one of a two session series, participants must attend both sessions. .....*Presenter - Deryl Waldren, Kansas*
Ever wonder how to work better with youth groups to get the most out of the group? Effectively taught challenge initiatives help a group learn trust, problem solving, team building, communication, leadership, and/or cooperation skills. Come to this seminar and try some exciting mixers, games and other challenge activities that will get your group fired up. We will teach you how to turn an initiative activity into a learning activity, how to select an appropriate group builder for your audience, and how to be an effective facilitator. Participants should enroll in and attend both sessions A3 and B3.

A4: Effective Debriefing Tools and Techniques ..... *Presenter – Michelle Cummings, Colorado*
Are you good at the games but not so good at the debrief? Do you ask questions and get blank stares from your participants? This workshop will focus on 10+ effective debriefing tools that are simple and easy to use. We will discuss 5 different techniques for processing to help liven up your debriefing circles.

A5: Sew Fun Sewing..... *Presenter – Christine McPheter, Kansas*
Sewing is an important life skill and is making a popular come back. Come to our workshop and find out how to use limited skills to produce easy sewing projects! Our projects, although simple, will teach the various skills needed to go to the next level.

A6: Hands on Minds on Learning: Guiding Young People to Science in their 4-H Projects
Session one of a two session series, participants must attend both sessions. ..... *Presenter – Gary Gerhard, Kansas*
This session is a track of 2 Educational Sessions for 4-H volunteers who want an in depth experience in 4-H Science. Participants should enroll in and attend both sessions A6 and C6. The overall themes of both sessions: Seeing the Science Around 4-H: incorporating science, hands-on learning, and positive youth development. Session A: What's the big deal about asking questions? Developing skills in the inquiry learning method. Session C: Letting Go: Becoming a Co-Learner with your budding 4-H Scientists.

A7: What Can the Web do for You?..... *Presenter – Kaithlyn Peine, Kansas*
Are you looking for ways to utilize your volunteer time more efficiently? The resources available online are endless and it can be overwhelming to decide which ones to use. This session will unveil FREE online tools for volunteers and staff to better utilize social media, collect registrations and payments, confirm scheduling availability and share documents.

A8: Cupcakes & Service Learning.....*Presenter – Brenda Aufdenkamp, Nebraska*
Cake decorating is fun and can be turned into a great service learning project. Learn ways to turn your cake decorating skills into a leadership building project. As well as expand any 4-H project to create a service learning project that can benefit your community. Develop new decorating skills with your very own cupcake as you expand your mind to new and creative service learning projects.

SESSION B

Friday, Oct 12th
1:30p –3:00p

B1: TEAM, Together Everyone Can Achieve More.....*Presenter – John Beckman, Kansas*

Team building activities will be presented to participants. These activities are designed to improve small group performance and promote team work. Initiative activities will be used to provide framework for building stronger teams. The hope of this class is for participants to be able to use the activities in other areas of their life such as 4-H club meetings, in the workplace, or other group events. These activities will help participants learn more about themselves, get to know each other, and improve their communication skills. The class will be entirely hands on and awesomely fun! If you participate, be ready to think outside the box and step outside of your comfort zone!

B2: Kansas 4-H Healthy Living Ambassador Program .....*Presenter – Linda Biles, Kansas*

Is a 4-H Healthy Living Ambassador program right for your 4-H Club or afterschool program? Kansas State 4-H piloted the Healthy Living Ambassador Program earlier in 2012 and the results were great! Healthy Living Ambassadors will have you participating in activities used in their clubs and non-4-H groups. Participants will take home resources to help them start their own 4-H Healthy Living Ambassador Program.

B3: Using Games & Portables Challenge Activities with Youth Groups Continued

Session two of a two session series, participants must attend both sessions. .....*Presenter - Deryl Waldren, Kansas*

See A3 for workshop description

B4: Got Tossables?.....*Presenter – Michelle Cummings, Colorado*

10 Team Building Games Using Tossable Props You Already Have. Learn new games with props you already have! The activities in this workshop are team based and suitable for groups ages 12 and above and group sizes of 4 to 50+ players. All of the activities presented are portable in nature requiring Tossables or items you already have. This workshop is loaded with useful ideas and resources you can utilize right away.

B5: Putting Science into Animal Science Projects ..... *Presenter – Bonnie Malone, Ohio*

You don't have to be a scientist to increase the science content of your 4-H livestock projects. There is science in feeding the proper diet, in keeping production records, in using livestock medications properly, etc. This session will consider ways that animal science can become a part of your club program.

B6: Shooting Sports Program .....*Presenter – James Eberwein, Kansas*

Want your 4-H program to thrive, start something that they enjoy! Come learn the basics on starting a shooting sports program. The program is based on the National 4-H Shooting Sports Program. It will include basics on the disciplines of Rifle, Pistol, Shotgun, Archery, Muzzleloading, and Hunting Skills. Also every program will need a Coordinator for administration of the program at the local level.

B7: Photography-Community Service - Project Meetings ..... *Presenter – Eric Otte, Kansas*

Images everywhere! Cell phones, video cameras and more are available in pockets and hands almost everywhere. Have you discovered all the capabilities of the imaging devices at YOUR fingertips? Come explore the possibilities and learn how to create better quality images, understand the capabilities of cameras and explore the myriad ways of performing service projects using your newly enhanced photo skills. Bring your camera! In this session you will participate in decision making activities, explore the possibilities of photography with all types of cameras and develop ideas for SERVICE PROJECTS and what photography can do to tell your story better.

B8: 4-H Volunteering - There's an app for that! .....*Presenter – Beth Hinshaw, Kansas*

How can you use technology to help you in your 4-H Volunteer role? There are a lot of free and inexpensive tools and apps out there that are just waiting for a 4-H Leader to pick them up and use them! We will explore some of the different ways to organize, communicate and celebrate using technology. Learn easy ways to make club web pages, blogs, get club input between meetings and more! Make sure to bring your iPad/tablet, smart phone and/or laptop because we are going to "log-in" and 'tweet' about it!

B9: Children's Gardens - A Great Venue for Plant Science Education - Off site Workshop - Session one of a two session series, participants must attend both sessions, (B9 and C9).....*Presenter – Evelyn Neier, Kansas*

Tour the Downing Children's Garden at Botanica and learn how staff, volunteers and designers worked together to plan and develop a garden specially created for the education and enjoyment of children. We'll explore the features of the garden and the types of programming available for kids. We will share how to use the principles to use local gardens for youth education.

SESSION C

Friday, Oct 12th
3:15P – 4:45P

C1: Are You Ready to Dance? ..... *Presenter – Abby Hogan, Kansas*

We will share with the attendees some of the community service projects with our club, and teach them the line dances we did for the nursing home residents. Wear comfortable clothing we will be moving around and dancing a lot. (20-45)

C2: Time to Break the Ice ..... *Presenters – Michelle & Margaret Waymire, Kansas*

Ever had that awkward "First Meeting" moment? Now it's time to Break the Ice and learn ways to help both youth and adults to create an open and fun environment in which they can communicate freely. Get ready for a fun time with two Kansas sisters who are pros at breaking the ice.

C3: Family History Detectives..... *Presenter – Susan Schlichting, Kansas*

You don't have to be Sherlock Holmes to unlock the mysteries of your family's past! Encourage 4-H'ers to get involved in this great 4-H Citizenship project. We'll look at how to get started on a family history detective search using some basic tools and show how to use the internet to seek out "long lost cousins" and other interesting family finds. Learn strategies for implementing interesting family search activities with 4-H members and inspire the next generation for genealogists.

C4: Playing with a Full Deck..... *Presenter – Michelle Cummings, Colorado*

Games and Initiatives using a Deck of Cards! This workshop will be based on the book, Playing With a Full Deck, 52 Team Activities Using a Deck of Cards, by Michelle Cummings. Sometimes the simplest prop can be the best item in your bag of tricks. This workshop will be jam packed with over 10 of the best experiential activities out there using a simple deck of playing cards. All activities will be hands on and active. Using the philosophies of learning styles and multiple intelligences, the workshop will include activities that tap into each learning style of the participants you will encounter in your practice. Activities will range in style from diversity, icebreakers, problem solving, communication, debriefing, and social norms. Come prepared to play a lot and learn even more. Jokers welcome.

C5: Fashion Passion, No Sew Scarfs ..... *Presenters – Kylee Plager, Sheridan Swotek, Nebraska*

In Fashion Passion No Sew Scarves you'll learn how to make a bright and beautiful scarf! This is a generation bonding craft that everyone will enjoy! Also a fast, easy craft that is contemporary and fun to wear with numerous fashion possibilities!

C6: Hands on Minds on Learning: Guiding Young People to Science in their 4-H Projects Continued

Session two of a two session series, participants must attend both sessions. ..... *Presenter – Gary Gerhard, Kansas*

This session two is a track of 2 Educational Sessions for 4-H volunteers who want an in depth experience in 4-H Science. The overall themes of both sessions: Seeing the Science Around 4-H: incorporating science, hands-on learning, and positive youth development. Session C: Letting Go: Becoming a Co-Learner with your budding 4-H Scientists.

C7: Explore More With Rabbits ..... *Presenters – Tom and Cherie Trieb, Kansas*

There are many unique opportunities for 4-Hers enrolled in the Rabbit project. There are 47 recognized breeds in the Rabbit Standards book. We will cover rabbit care, teach leadership and community service opportunities in county rabbit clubs, and have rabbits with us to teach breed identification, rabbit judging, rabbit royalty, and showmanship contests, also you will have a chance to try it.

C8: Inside the Magic Kingdom ..... *Presenter – Anna Muir, Kansas*

This workshop will look at the Seven Keys to Success as discussed in the book Inside the Magic Kingdom, by Tom Connellan. We will discuss how these seven items relate to the 4-H Program. Participants should be prepared to be engaged in this hands-on workshop as we cover each of the Seven Keys.

C9: Children's Gardens - A Great Venue for Plant Science Education, Offsite Workshop continued,

Session one of a two session series, participants must attend both sessions..... *Presenter – Evelyn Neier, Kansas*

See B9 for workshop description

SESSION D

Saturday, Oct 13th
10:00a – 11:30a

D1: Exploring My 4-H.org ..... *Presenter – Justin Wiebers, National 4-H Council*

my4-H.org is a socially-enabled online community designed to help you connect with 4-H staff and volunteers! Come learn how to join existing communities and create your own communities! You'll also learn to find, consolidate and share resources, and then participate in ongoing discussions around 4-H resources, ideas and programs. Participants are encouraged to bring their laptops or internet enabled mobile devices.

D2: Club Meetings that Rock!.....*Presenter – Diane Mack, Kansas*

Session one of a two session series, participants must attend both sessions

How do members of your club describe monthly meetings? "They Rock!" "Wouldn't want to miss even one!" If these aren't the responses you're hearing, join us to learn how to energize and put the fun back into club meetings. Participants will receive resources to take home and have fun with. Participants should enroll in and attend both sessions D2 and E2.

D3: Taking Photography Project One Step Further..... *Presenter – Susan Stitch, Kansas*

Judging contests have typically been a part of the learning process and motivation in many 4-H projects. The photography project is no different. In this program participants will learn the nuts and bolts of what it takes to hold a photography judging contest. Why is it an important part of the project and how it enhances the project for 4-H members.

D4: Seeds, Weeds, & Garden Reads.....*Presenter – Dixie Sandborn, Michigan*

Seeds, Weeds, and Garden Reads is a new curriculum that will inspire 4-H volunteers to foster children's natural curiosity through literature. Encouraging them to read, engage in the science of growing food through plant science investigations and gardening, as well as eating a variety of fruits and vegetables.

D5: Making 4-H Simply OZsome .....*Presenter – Diane Nielson, Kansas*

Join us in the Emerald City of 4-H land for a fun filled journey as we discover the magic of that fifth H-humor. This session promises to offer easy ways to add a little mirth to ho-hum 4-H events that will keep them coming back for more. Ceremonies, record keeping, meetings, presentations, games and more can tickle the funny bone and teach life skills, too!

D6: Got Bot?..... *Presenter – Susan Schlichting, Kansas*

Got Bot? Come check it out! Robocups, rovers, robotic hands... Come explore fun and inexpensive ways to bring robotics to your county 4-H program. You'll build robots and create other cool robotic tools during this hands on session...the possibilities are really endless!

D7: Looking for Risk in 4-H Activities ..... *Presenter – Vicki Schwartz, Ohio*

Perhaps you enjoyed the challenge of hidden pictures as a child. Looking for potential risks in 4-H activities can be much like finding objects in hidden pictures: the elements of risk are there, dispersed throughout, and once spotted, are clearly visible. This session will examine a variety of 4-H activities, seeking potential risks, and then will involve participants in the process to manage those risks.

D8: You Can Do a Project Day! .....*Presenter – Brenda Landerud, North Dakota*

Hands-on learning, a mainstay of 4-H, requires creativity, time and organization. Learn how to organize and promote 4-H Project Day including varied sessions for all ages. Includes tips on finding volunteer instructors and pre-registration do's and don'ts. Participants will receive an idea booklet for project sessions and complete a hands-on project.

SESSION E

Saturday, Oct 13th
1:30p – 3:00p

E1: Strengthening 4-H through Citizenship, Leadership & Service Learning
.....Presenter – Cooper Clawsen, Jacqueline Clawson, Kansas

Come find ways to help your 4-Hers better the world around them! We will teach you how to incorporate Citizenship, Leadership & Service Learning activities into ALL of the 4-H project areas. You will learn how to lead 4-Hers in making a difference in their communities while they learn skills in their project areas.

E2: Club Meetings that Rock! Continued .....*Presenter – Diane Mack, Kansas*

Session two of a two session series, participants must attend both sessions.

How do members of your club describe monthly meetings? "They Rock!" "Wouldn't want to miss even one!" If these aren't the responses you're hearing, join us to learn how to energize and put the fun back into club meetings. Participants will receive resources.

E3: Cell Phone Courtesy ..... *Presenter – Callie Johnson, North Dakota*

Cell Phone Courtesy is a lesson to teach youth and adults the proper etiquette for using cell phones. It discusses when it is appropriate to use a cell phone: appropriate ring tones, taking pictures, and texting.

E4: Building & Programming Robotics in 90 Minutes .....*Presenter – David Seilstead, Iowa*

Robotics is a growing 4-H program, but it can be a bit intimidating. This workshop will allow participants to work hands-on with the LEGO ® Mindstorms ® NXT robotics kit using the Experimental Learning Model as a structure for the experience as they build and program a robot to follow their instructions.

E5: Save Those 4-H T-Shirts ..... *Presenter – Berny Unruh, Kansas*

See the glow on their faces! When 4-H members turn their 4-H t-shirts into a memorable t-shirt quilt, they not only believe in themselves, they learn decision making skills and a project skill they can use for the rest of their lives. Samples of quilts, blankets, quillows and pillows will be shown and instructions will be given to prepare the participant to go home and get started on a t-shirt quilt or teach members how to design their own creation.

E6: Tooling Your Officers.....*Presenter – Andrea Feldcamp, Kansas*

Club efficiency and success is contingent upon your officer team. Discover simple tips to tool your team, keep meetings fun and empower youth to run the club. Participants will explore officer training resources, interact with learning materials and receive electronic access to resources at home.

E7: There's No Place Like 4-H! When Meetings are Fun & Effective!
.....Presenter – Patricia McGlaughlin, Illinois

There's no place like 4-H when youth are engaged in fun, effective club meetings! Volunteers learn skills and receive tools making parliamentary procedure fun and natural for youth. Participants will receive resources and training outlines to replicate the session to train others. Explore using the club meeting wheel; learn techniques related to all components of club meeting structure, making the business meetings fun and engaging experiences for youth.

E8: Join the 4-H Revolution .....*Presenter – Barbara Stone, Kansas*

It's 4-Hers involved and committed to sharing their skills, doing the right thing and contributing to our communities, states and country in a movement for positive change. This workshop will give an overview of the 4-H Revolution of Responsibility and how to highlight the ways our 4-H'ers are making a real impact in their communities. Some of our newest 4-H alumni will be on hand to assist you in telling your story and to learn tips for communicating how 4-H is making a difference across the heartland.

SESSION F

Saturday, Oct 13th
3:15p – 4:45p

F1: Putting the "E" into NCRVF ..... *Presenter – Sheri Seibold, Illinois*

Come learn how 4-H volunteers from across the Midwest joined together to learn cutting edge information on theme areas such as Positive Youth Development, 4-H Program Management, and New & Emerging Curriculum. Using distance education technology, three two-hour sessions were held in November 2011. View segments from these sessions and learn how you can share these back home with other 4-H leaders in your county. Learn more about the 2013 NCRVe-F!

F2: Leadership, Is It a Game? .....*Presenter –Miami County, Kansas*

The Miami County KS 4-H Ambassadors will present leadership activities that can be used to develop leadership skills in 4-Hers ranging from age 7 to adults. Learn icebreakers, public speaking games, ways to incorporate leadership into every 4-H project and meeting in a fun and energetic way.

F3: Quick & Easy Pillowcases ..... *Presenter – Cathy Marvin, Michigan*

Pillowcases: Do you take your pillow with you on trips or for the overnighter at a friend's house? How about creating a pillowcase that expresses your favorite theme? This pillowcase does not have any raw edges and known as the Hot Dog Pillowcase for its easy construction. I also plan to share other quick and easy sewing projects for the beginners.

F4: Kidz Kollege ..... *Presenter – Rhonda Herrick, Nebraska*

This hands-on session will give you the opportunity to look inside Kidz Kollege. Participants will explore the many different projects taught at every session, where young people learn, practice leadership and citizenship skills, while completing exhibits. Participants will receive grab and go instruction sheets to do their own workshops or Kidz Kollege.

F5: Cake Decorating .....*Presenter – Ann Morgan, Ohio*

We will discuss how to bake and prepare a cake to frost and how to make frosting. A demonstration will be performed on how to frost and decorate a cake.

F6: 4-H - A Graduation Tool .....*Presenter – Lisa Lauxman, Washington, DC*

Participants will review the issues related to graduation rates and workforce preparedness. They will frame and create strategies to use in their clubs and local communities to turn the graduation rates around.

F7: Bringing Beginners Back: Building First Year into Twelve Years of Photography Fun

.....*Presenter – Pansy Fryman, Kansas*

Excited first year members and bewildered parents mixed with eager returning members with higher skill levels can combine into successful monthly project meetings with learning and fun for all. Interactive session, camera required (cell phone, point and shoot or DSLR). Photography fun for all.

F8: If I Only Had the Nerve ..... *Presenter – Pam Van Horn, Kansas*

There is no place like a 4-H Club where the 4-H members and volunteers laugh the day away like in the "merry ol' land of Oz." Although, if you find yourself needing ideas, a little tune-up and courage to make some changes then join us on the yellow brick road to learn new skills for involving others so you can be proud to say there is no place like the 4-H club.

Kansas Association of 4-H Volunteers
KA4-HV
To promote, support and strengthen the
Development of 4-H Volunteers

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