

## August 2008

### Deadlines:

Jul 28 NWYLF Registrations due

Aug 1 KSF 4-H Horse Entries due

Aug 1 Kansas 4-H & FFA State Wheat Show Food & Tour Count due

Aug 15 KSF Regular Entries due

Aug 15 State Horticulture Judging Contest Registrations due

Sept 15 State 4-H Fall Match (Small Bore, Muzzle Loading & Archery) Registrations due

Sept 22 State 4-H Fall Match (Shotgun) Registrations due

Oct 15 Kansas 4-H Volunteer Forum Registrations due

Oct 15 KYLF Registrations Due

Oct 20 Out-of-School Program Idea Conference Registrations due

I am excited to be part of Kansas 4-H. I have always wanted to participate as a team member in such an excellent organization.

I've been asked to tell more about myself and my background. I grew up in Seoul, South Korea and came to Topeka, Kansas with my parents when I was 20 years old. I began my studies at Washburn University in 1997. In 2002, I was required as a Korean citizen to return to my country and serve two years in the Army where I worked as an English translator. After my time in the Army, I worked for a Voice over Internet Protocol (VoIP) company in Korea from 2004 through 2006. I then returned to Kansas and graduated from Washburn University in December of 2007 with a Computer Information System degree and have acquired certification from Microsoft and Cisco networks.

In my new job with 4-H, I offer technical support to agents accessing the KSFair website, and they tell me I will be doing more with Blue Ribbon Youth Enrollment, On-line registration, and others as I get more familiar with our systems. I look forward to providing help with all aspects of your work and look forward to meeting you.

Thank You Kindly,

[Yong Kwon](#)

### 2009 KANSAS FRIENDS OF 4-H DAY

The 2009 Kansas Friends of 4-H Day is scheduled for Friday, June 19, at Rock Springs 4-H Center. This event honors individuals, corporations and foundations providing private support for the Kansas 4-H program. We welcome and encourage Extension Agents to attend.

[Gordon Hibbard](#)

### Out-of-School Program Idea Conference - October 27, 2008--Sedgwick County Extension Education Center

Do you partner with teachers, afterschool program providers, or recreation directors? If yes, would your team want to engage youth in long-term, structured learning-environments that address their interests and help develop their physical, cognitive, social and emotional skills and abilities? You're invited to come participate in a first of it's kind "Out-of-School Program Idea Conference" open to anyone - certified teachers, afterschool program directors, community or faith-based afterschool providers, summer recreation providers and extension agents.

This one-day conference sponsored by K-State Research and Extension 4-H highlights hands-on curricula that adapt easily for out-of-school settings. Kansas 4-H youth development professionals will share favorite hands-on educational activities and resource ideas that are sure to keep youth excited and centered.

The breakout session include: Environmental Education; Health Rocks; Walk Kansas for Kids; Kids-A-Cookin'; Science Engineering and Technology; Math Tessellations; Junior Master Gardener; Leadership Initiatives; Programming for 5 and 6 year olds; and "how to" make learning activity kits.

Paper registration is available under What's Hot ([www.Kansas4-H.org](http://www.Kansas4-H.org)). The cost is \$10 which includes lunch and activity materials. Registration deadline is October 20, 2008. Further questions may be directed to Pam Van Horn, [pvanhorn@ksu.edu](mailto:pvanhorn@ksu.edu) or Beth Drescher, [drescher@ksu.edu](mailto:drescher@ksu.edu)  
[Van Horn](#)

### **Sabbatical Ideas for K-State Research and Extension Staff**

Have you been thinking about applying for a sabbatical but not sure what you would like to do? There are several projects that would benefit the 4-H Program in Kansas. If you are interested in the full description or discussing these projects please contact Beth Hinshaw

**Finding Youth Development Resources in Spanish.** With increasing numbers of Latinos living in Kansas, it is often hard to reach the parents of these youths without materials translated into Spanish. The purpose of this sabbatical would be to review what Spanish materials currently exist in the Cooperative Extension System that would be appropriate for Kansas 4-H.

**Workable Grant Opportunities.** The purpose of this sabbatical would be to search appropriate grant options and create a list with contact information, subjects areas funded, amounts funded, and time lines for applying, etc. for use across Kansas Extension.

**CHARACTERCOUNTS! in Kansas & Kansas 4-H:** Find out what has happened since the formal introduction in January 2007 and what program supports are needed to promote its use in 4-H clubs and groups. Develop new CC! program supports for clubs/groups.

**Lifeskills:** Find out which lifeskills 4-H'ers, or some subset such as Key Award recipients, believe that they are mastering as a result of participation.

**"Shooting Sports Project Club Model"** that can help local Coordinators and Agents "link" this project (that has lots of male volunteers) to the Club/Council structure.

**Project Clubs/Seasonal 4-H:** Is the "project club" one of the answers to getting and or keeping today's busy youth and families in the 4-H program. Some questions to be answered: What models should be looked at, and what are the challenges and opportunities within those models? Are there projects that would work best?

**Next Generation Volunteers:** What type of volunteer experiences will work best for the next generation of volunteers? How are these volunteers different from the volunteers we have counted on in Kansas 4-H for decades. How and where, should this group of volunteers be recruited. What type of recognition would be appropriate for this group? What other considerations are necessary?

**The Need for Male Volunteers:** Experience, anecdotal evidence and now research by the North Central Region Volunteer Specialists points out the small number of male volunteers in the volunteer leader role in 4-H. This sabbatical project would be to research roles that would attract male volunteers and methods of recruiting and retaining male volunteers to the 4-H program.

**On-line Volunteer Training:** Generations research tells us the younger generations prefer to get their

information online. Investigate what other states are doing and compile a "best practices" guide and recommendations for Kansas 4-H or develop an online training option for new Community Leaders or Project Leaders.

**Matching Programs to Age Appropriate/Developmental Skills:** This sabbatical would offer the opportunity to research 4- H curriculum materials and align the educational materials with the Kansas School Standards.

**Member Retention:** Which local 4-H Programs are doing the best job at retaining 4-H Members after the first year of membership. Which ones are retaining older members? Analyze characteristics of those top programs and develop systems, training or materials to help local 4-H programs improve retention of 4-H members.

[Hinshaw](#)

### How Do We Grow 4-H? -- An Update

With the focus on the future, and recognizing that in the corporate world a "business that is not growing is dying", over 100 extension and 4-H Foundation staff members engaged in lively discussion groups on April 23rd in Great Bend. Note-takers captured 39 pages of comments and suggestions from 18 discussion groups, which were posted on the 4-H website for nearly 3 months. As the facilitator for the day-long open space meeting, Dr. Daryl Buchholz, Associate Director, K-State Research & Extension, charged all those present with the responsibility of taking their passion and putting action into "Grow 4-H!" -- more specifically, "Grow 4-H" has to happen at the local level.

In a presentation to the Kansas 4-H Foundation Board of Trustees on April 24th, the discussion groups were summarized into four major topics:

- Enhancing Club Based Participation
- Retaining the 4-H'er
- Reaching Out To a Broader Youth Audience
- Training for the Agent and Volunteer

The Board of Trustees are very interested in and supportive of well designed efforts at both the local level and the state level to "Grow 4-H".

We believe that it will take all of us, working in partnership with others at all levels of the organization, to put action into those passions. In addition to these comments gathered on April 23rd , the voices of youth and volunteers have and will be gathered in several different venues including Campference, KYLF and the State Volunteer Forum. At the State 4-H Program Rally (December 11-12), further discussions will take place with the goal of designing the framework for action plans.

During the coming months, the State 4-H Action Teams, State 4-H Advisory, State 4-H Livestock Advisory and other task forces will review the comments and suggestions as they design and implement state-level programs, events and curriculum. During the past months, further discussions have taken place involving extension staff (local and state) regarding:

1. Programming with faith-based organizations.
2. A school enrichment data base.
3. Enhanced resources for project leaders.
4. New member and new family support and retention.
5. Marketing efforts.
6. "Strengthening Clubs I & II" training for agents and key volunteers.

In the midst of our busy summer schedules, it will be easy to put aside and perhaps forget about the momentum that was created on April 23rd. Yet, I challenge each and all to not forget nor put aside your thoughts, your energies and your passions for growing the Kansas 4-H Program. As you kick off the new

4-H year, consider engaging your 4-H PDC in a lively discussion on "How Do We Grow Our 4-H Program?!" Invite your Extension Board Members to share their vision, dreams and goals in growing their 4-H program! And, don't forget about engaging your 4-H Council to address this topic!

After all, we all have responsibility to reach as many young people with a quality 4-H program as possible. That's what's expected of us by our constituents, legislators, donors and young people and their parents in our communities. And, that's what's expected of extension professionals by extension professionals.

[McNally](#)

### **2008 Kansas 4-H Participation Forms Required After October 1**

Based on feedback from agents and usage over three years, several refinements were made to the Kansas 4-H Participation Form (Publication Number MG35). It has been available on the web in both PDF and Microsoft Word Form versions since January, 2008. Either version of the Kansas 4-H Participation Form has been accepted for state 4-H events occurring prior to **October 1, 2008**. After that date, in conjunction with the new 4-H year and enrollment process, all participants must submit the new 2008 version of the form.

If you wish to provide the form through your county web site, please link to the PDF version on the KSRE Publications Library at [http://www.oznet.ksu.edu/library/4h\\_y2/mg35.pdf](http://www.oznet.ksu.edu/library/4h_y2/mg35.pdf). You may also link directly to a Microsoft Word Form version at: <http://www.Kansas4-H.org/Forms/Participation/MG35Kansas4-HParticipationForm.doc>. The Microsoft Word Forms version is set up to preserve the layout and formatting of the document, yet allows participants to save and edit their information as needed. By linking directly to these forms, you save server space and remain linked to the most current form regardless of future edits.

You can read more about the form at: <http://www.Kansas4-H.org/Forms/Participation/Wiebers>

## **BUILDING STRONG 4-H CLUBS**

### **Enrich the 4-H Club**

Agents when you're out and about at the many summer 4-H events and activities encourage club leaders to think about forming Parents' Committees. The Parents Committee can enrich the learning experiences for club members by identifying, recruiting, orienting, training and supporting organizational/community leaders, project leaders, and club helpers. As 2007-08, comes to a close and you start thinking about the 2008-09 4-H year take some time to explore the opportunities available to provide a strong foundation for 4-H clubs. Check the Kansas 4-H web site for more ideas to strengthen the 4-H club at

<http://www.kansas4-h.org/Resources/clubs/4-HParentsCommitteePositionDescription.pdf> and

<http://www.kansas4-h.org/Resources/Clubs/Parents'20Committee.ppt>

[Van Horn](#)

## **CAMPFERENCE**

### **Campference Thank-you**

Campference was a tremendous success again this year. The youth council thanks you for encouraging young people to attend!! We are also thankful for funding from Kansas Farm Credit Associations. Next years dates will be June 9-12, 2009.

[Hinshaw](#)

## **CAMPING**

### **Camp Counselor Recognition**

Thanks to Farm Bureau we can again honor our 4-H Camp Counselors! Don't forget to send the Camp Counselors' names to the State 4-H Office by July 15. The recognition information may be found at

<http://www.kansas4-h.org/Camping/Counselor/>. Camp Counselor recognition certificates will be in the State Fair packets, September 14.

[Van Horn](#)

### 2009 4-H Journal Camping Issue

The Camp Action Team will be putting together the 2009 4-H Journal *Camping Issue* and we need help from county staff, district staff and camp groups. Please send items to Robyn Deines, Walnut Creek District, by September 1. What is needed:

- 1) Good camp photo from 2008 camp. The CAT tries to use photos from each camp group if they have enough photos.
- 2) Good quotes from campers, counselor, agents and parents. Please share the personal side of camp.
- 3) A camp flyer or letter that is sent to the campers on what to bring, how camp works, etc. CAT likes to pull information which is helpful for families preparing for camp.
- 4) Additional camps conducted in the county or district? Day Camp, local over night camps, etc.

The Camp Action Team is interested in knowing about all camping! Please share.

[Van Horn](#)

### Camp Chair Meeting and Training

Camp Chairs make your plans today to attend the Camp Chairs Meeting, October 28, Rock Springs. Then for all camping enthusiasts come participate in the Camp Training, October 28-29, Rock Springs. Everyone is sure to have fun! Registration to be available mid August.

[Van Horn](#)

## CHARACTERCOUNTS!

### CHARACTERCOUNTS! If You Love Competition, You Never Lose

Suppose you're an Olympic athlete and you hear that the only person who has a chance to beat you is ill and may have to withdraw. Are you overjoyed at your good luck or disappointed that you won't be able to compete against the very best?

You ought to be disappointed. Olympian John Naber, winner of four gold medals in swimming, says a true sportsman wants to compete against his best competitor on his best day. Although that makes winning more difficult and less likely, it also makes the event more exciting and a victory more meaningful. Being declared a winner is not real victory; being the best is.

In any event, what's more fun: to compete against someone you easily dominate or against someone who forces you to be your best and makes every point an exciting challenge? The aim of competition is to have fun trying to win and to love the game enough that you can enjoy yourself whether you win or not.

Competition is not a form of war. The people you compete against are also the people you play with. They aren't enemies. The word "competition" comes from the Latin root *competere*, which means "to strive together, not against each other."

Be thankful for quality competitors who push you to your limit. You'll find events more healthy and enjoyable when you respect and like your opponents rather than hate them. When you compete against someone as good or better than you, you may not always win, but you never lose.

*Michael Josephson, April 22, 2008.*

[Gerhard](#)

# CURRICULUM CORNER

Highlights from Curriculum Action Team Meeting on June 28, 2008 are:

1. Vision Statement -- The Kansas 4-H Curriculum Action Team will help determine the most current and effective curriculum for all 4-H venues.
2. Mission Statement -- The Kansas 4-H Curriculum Action Team will connect all Kansas 4-H participants with project and other instruction through trained mentors that use the most current and effective curriculum.
3. The National 4-H Curriculum will be the primary source for curriculum materials that are most current and effective with state or local curriculum as supplemental curriculum.
4. The Action Team supports the use of trained Project Leader Trainers. It is hoped that every county might have a volunteer for the purpose of training project leaders.
5. The National 4-H Materials Directory is available for curriculum from any state that meet the criteria and is applicable to general audiences. The Kansas 4-H Resource listing on the state website is a place to share successful county programs that can be adapted by other Extension Units. Please share these with your coworkers by sending them to the State 4-H Office for listing.
6. The Curriculum Action Team supports the application of school standards to lessons and will work to support and help provide training in that area.

Check the website for details and minutes of the last meeting.

[Adams](#)

# DAIRY

## State Fair 4-H/FFA Dairy Entries

Please remind all of your dairy cattle exhibitors that qualify for the State Fair that they must enter online through the local Extension Office! There still seem to be a few dairy families that always show in the Open Class at State Fair that think one entry is enough. Just as all Open Class entries must go directly to the State Fair, all 4-H/FFA Dairy Cattle entries must come through the local Extension Office and entered on-line through the KSFair System.

[Adams](#)

# FCS

## 4-H Family Consumer Science Judging Contest

The 4-H Family and Consumer Science Judging Contest will be held at the Kansas State Fair on Saturday, September 13, 2008. Again this year, it will include both senior and intermediate age divisions. Please encourage your 4-Her's to participate. Details can be found on page 224 of the Kansas State Fair Exhibitor Handbook. Note the contest will start 30 minutes earlier this year, 9:30 a.m. with registration starting at 9:00.

Counties should enter their teams on the State Fair Internet web site. Each county participating please provide at least one volunteer for the morning or afternoon. Please sign up to help on the State Fair volunteer list (help is needed from approximately 9:30 a.m. to 3:30 p.m.) and email Linda Biles at [sewandsewbiles@aol.com](mailto:sewandsewbiles@aol.com) to let her know in what area and time frame you will have volunteers. Help is needed in tabulation, registration and as door monitors.

Awards will be handed out in the Exhibit Hall where the contest is held, after fashion revue is completed (approximately 6:00 p.m.). Classes will be available for public viewing at 5:45 with the correct placings at

this time.

Topics for this years contest can be found on the 4-H FCS website under Action Team  
<http://www.kansas4-h.org/ActionTeams/FCS/Events/default.htm>

[Fink](#)

## KYLF

### One last call for Kansas Youth Leadership Forum Workshop Presenters

We need a few more workshops, so if you were planning to submit and just did not get it done, please get it in! All workshops will be on Saturday, November 22 at Rock Springs 4-H Center. Topics should center on leadership. Some ideas might include, but are not limited to community service, citizenship, communication, conflict management, ethics, motivation, decision making, leading by example, time management, international citizenship, multi cultural studies, diversity, business etiquette and getting involved after high school. The Kansas State 4-H Youth Council members hope that you (or one of your volunteers) will be interested in sharing your expertise or talent with this opportunity.

We need any more proposals by Monday July 21. You may fax the form or send as an email attachment to [Robin Curry](#). If you have questions, contact [Beth Hinshaw](#)  
[Hinshaw](#)

### The Kansas Youth Leadership Forum

The Kansas Youth Leadership Forum will be November 21 - 23, 2008 at Rock Springs 4-H Center. The Forum is for youth ages 14-18, as of January 1, 2009. A letter with registration details will be sent to local offices in early August. Registrations will be due Wednesday, October 15, 2008. This event will include: speakers, workshops, consulting groups and election of the seventh State 4-H Council.

Any Kansas 4-H member between the ages of 14 and 18 by January 1, 2009 may apply to be a council member. The duties of the Council Members include planning the next Youth Leadership Forum and other events, and may include assisting with State 4-H functions, working with 4-H public relations, and speaking at local achievement programs, forums, and other workshops or conferences. Applications for the State 4-H Youth Council will be available in the registration materials on the State 4-H website. Please encourage your interested 4-H members to apply.

[Hinshaw/Wiebers](#)

## HEALTHY LIVING

At the recent KS 4-H faculty retreat the partnership between KS 4-H and the School of Family Studies and Human Services (FSHS) for **Healthy Living** was highlighted. 4-H and FSHS have priority areas in health and well being, so it just makes sense to work together to promote healthy youth!

Here's the list of current partnership projects:

1) **Health Rocks** (*contact us to schedule a local training*)

(funded by National 4H Council award)

– teen led health curriculum for health promotion for 8-12 year old youth (infused with CATCH Kids Club); state Health Rocks team leads train-the-trainer sessions and short courses.

2) **Kansas Teen Leadership for Physically Active Lifestyles** (*be our guest at the restful Garvey Alternative Health Center in Wichita on August 12, 9:30am – 3:00pm, for a project update and review of the new national physical activity standards*)

(funded through USDA/CYFAR award)

- teen leaders and adult partners use CATCH Kids Club tools and community health promotion campaign strategies to increase physical activity levels in rural communities; demonstration sites in Ellsworth and

Meade counties, USD 417 Council Grove.

### 3) Trail Mixx

(funded by private Sunflower Foundation and Kansas State University awards)

– teen led physical activity promotion through trail development, trail promotion and trail use (use of GPS, geocaching); demonstration sites. in Leavenworth, Labette, Meade, Morris, Cunningham, Ellsworth.

### 4) Partnerships for Healthier Kansas: Implementation

(funded through K-State Research and Extension award)

- youth and adult partnerships through PRIDE groups to better understand, design and implement effective health promotion efforts to improve physical activity in small towns; demonstration sites in Glasco, Olsburg, Melvern, Stafford, Kinsley, Portis.

If you'd like to know more about these Healthy Living projects or to get involved, contact: Carol Fink (4-H), [cfink@ksu.edu](mailto:cfink@ksu.edu) or Elaine Johannes (FSHS) [ejohanne@ksu.edu](mailto:ejohanne@ksu.edu)  
[Fink/Johannes](#)

## HORTICULTURE

### 4-H Horticulture Comment Cards

Three new comment cards for 4-H Horticulture entries are now available. These comment cards will be used at the 2008 State Fair. In addition to the vegetable/fruit comment card, there are comment cards for Cut Flower Specimens, Flower Arrangements and Horticulture Notebooks. The comment cards can be found on the 4-H Website under "Projects". Click on Project Judging Standards (Plant Science). They are also in the State Fair Packet.

[Neier/Paulsen](#)

### State Horticulture Judging Contest

The 2008 State 4-H Horticulture Judging Contest will be held on Saturday, August 23, 2008, in Manhattan, Kansas. Chair for this year's event is Larry Crouse, Butler County Horticulture Agent. Our contest is hosted for the day by Dr. Rhonda Janke and the Department of Horticulture, Forestry and Natural Resources.

Available on the State 4-H website [www.kansas4-h.org](http://www.kansas4-h.org) you will find these additional pieces:

- 1) Map of campus
- 2) List of publications to study
- 3) Contest information and a flyer
- 4) Registration Sheet
- 5) Copy of the Hort ID Sheet

Enter teams and individuals by Friday, August 15. Entries should be made on the spreadsheet provided (on the web). They should be sent to the State 4-H Office with registration fees. Registration fees are \$8 per contestant, and should be made payable to the Kansas 4-H Foundation. If your qualifying contest is after August, 15, please contact Beth Hinshaw, [bhinshaw@ksu.edu](mailto:bhinshaw@ksu.edu)  
[Hinshaw/Neier/Crouse](#)

## MARKETING ACTION TEAM

### Marketing Kansas 4-H

Do you need something new to use at Back to School promotion? Ambassador promotion? Club Reminders? Camp Thank You's?

If you answered "YES!" — the Marketing Action team has got a deal for YOU!!!





Items:

(To view the items, go to <http://www.kansas4-h.org/ActionTeams/Marketing/>)

4-H Promotional Postcards: 6 designs. Great for reminders, thank-you notes or other notes. Each 8.5 x 11" sheet of cardstock, will have 2 full color postcards printed on it. This will allow you to run them through your printer to customize the back with a local message. After cutting the finished size will meet postcard regulations. Cost is \$2.50 per package of 25 sheets which is 50 postcards. (4-H959, 4-H960, 4-H961, 4-H962, 4-H963, 4-H964)

4-H Activity Page: New games to play, 2 color, pad of 50, 11 X 17- inch size. Cost is 3.08 for a pad of 50. (4-H931 Rev)

4-H Table Tent: 4-H Clover Table Tent, green and white, two sided, 10.5 X 17-inch. Cost is 69 cents each. This made it's debut at the 4-H Program Rally I in January. (4-H958)

For something you can use RIGHT NOW — download the 4-H Spirit Catcher

Kids love origami! The 4-H Marketing Action Team has created a 4-H Spirit Catcher origami. You can download it directly off of the MAT website at <http://www.kansas4-h.org/ActionTeams/Marketing/> Instructions are included.

Still Available to order:

\*4-H Marketing Brochure: Cost is 45 cents per brochure. (4-H839)

\*4-H Promotional Posters: Set of 5. 11 X 17- inch size. Cost is \$4.00 per set. (4-H934)

\*4-H Power of Youth Display: Cost is \$26.85. (S141)

[Mack](#)

## NWYLF

### NW Area 4-H Youth Leadership Forum and Day Camp Training

The 2<sup>nd</sup> Annual Northwest Area 4-H Youth Leadership Forum and Northwest Area Day Camp Training will be Monday, August 11, 2008, at the Gross Memorial Coliseum and Cunningham Hall on the Fort Hays State University campus in Hays. The 2008 theme is **“Rope the Leadership Within You!”** The event starts with a fun trip Smoky Hill Education Center Ropes Course on the FHSU campus.

The workshop will allow participants to pick several workshops from interviewing skills, CHARACTERCOUNTS!, zipping up club meetings, day camp planning and others. The day camp training track will train Extension staff, teens, adult volunteer leaders and parents with the skills necessary to conduct outstanding educational day camps.

Youth in the 7-12<sup>th</sup> grades (4-H and non 4-H), parents, volunteer 4-H leaders, Extension staff, and educators working with youth who are interested in leadership and day camp skills should plan to attend the Northwest Area Youth Leadership Forum and Northwest Area Day Camp Training.

**Registration closes on July 28, 2008.** A current copy of your Kansas 4-H Participation Form must be sent in with your registration form, along with the Smoky Hill ropes course liability release. There is a \$10.00 registration fee. Make checks payable to KSU, and mail to: Deryl Waldren, NW Area Extension Office, P. O. Box 786, Colby, KS 67701. Telephone – 785-462-6281 or e-mail [dwaldren@ksu.edu](mailto:dwaldren@ksu.edu). The event includes lunch, snacks, two in-depth workshops, T-Shirt, and your entrance fee into the Smoky Hill Ropes Course.

You are encouraged to register on-line using the 4-H registration system: [www.Kansas4-h.org](http://www.Kansas4-h.org). Click on the register button and then on 4-H NWYLF. For full details, visit:

<http://www.kansas4h.org/Events/NWYLF/Default.htm>.

[Waldren](#)

# PYD (Positive Youth Development)

Positive Youth Development means that we focus on what's right with kids! We build strengths even in the face of real problems.

A strength-based approach is a set of ideas, assumption and techniques:

- Youth are active participants in the learning process (empowerment)
- Youth have strengths, often untapped or unrecognized
- Strengths foster motivation for growth
- Youth have strengths that are obvious – easy to see
- Youth also have strengths that are internal – they may have to be coaxed to reveal them.

Asking the right question might reveal a hidden strength:

- ? What do you like to do on a sunny day?
- ? Who do you admire?
- ? If you could travel to a foreign place, who would you bring?
- ? What is the nicest thing you have ever done?

(Adapted from: Strengthening Organizations through Youth Development: NYS AYD Partnership)

**Save the date of Feb. 23-25, 2009 for the 2<sup>nd</sup> KS Advancing Youth Development Institute**  
[Johannes](#)

## SHOOTING SPORTS

### 4-H Shooting Sports Program Instructor Renewals & Activity Reports

It's time again for those Extension Units with certified 4-H shooting sports programs to ask their Certified Instructors, Certified Junior Apprentices, and Discipline Assistants to submit their Annual Activity Reports for the July 1, 2007-June 30, 2008 year. 4-H Shooting Sports Coordinators should be prepared to do this for the entire unit. Also, this is the time when we receive renewals for everyone that are to be covered by the special 4-H Shooting Sports Liability Insurance provided by the state. Both of these tasks are accomplished by completing one form per individual. The form is posted on the Kansas 4-H Shooting Sports Resources page:

<http://www.kansas4-h.org/ShootingSports/resources.htm> The per person renewal fee stays the same at \$5. This provides \$1 million additional liability insurance for each of our active Kansas 4-H shooting sports volunteers. In order to meet our national reporting requirements, we must have your reports by September 2. Thanks!

[Gerhard/Strong](#)

### Kansas 4-H Shooting Sports Calendar

Please add the following dates and locations to your calendar related to 4-H Shooting Sports in the coming months. Watch for additional information in the "On Target..." Newsletter, the Kansas 4-H Shooting Sports website <http://www.kansas4-h.org/ShootingSports/Default.htm>, or contact your local 4-H Shooting Sports Coordinator.

WHAT: State 4-H Fall Match (Small Bore, Muzzle Loading, & Archery)

WHERE: Fancy Creek State Park (Randolph, Riley County)

WHEN: Saturday, September 27, 2008

REGISTRATIONS DUE: September 15, 2008, 5:00 PM CDT

WHAT: State 4-H Fall Match (Shotgun)

WHERE: KTA Range (Newton)

WHEN: Saturday, October 11, 2008  
REGISTRATIONS DUE: September 22, 2008, 5:00 PM CDT

WHAT: Spring 4-H Shooting Sports Instructors Workshop  
WHERE: Kansas State Fairgrounds (Hutchinson)  
WHEN: Friday-Sunday, March 27-29, 2009  
REGISTRATIONS DUE: TBA after January 1, 2009

[Gerhard/Strong](#)

## VOLUNTEERING

### **Kansas 4-H Master Volunteer Program**

The Kansas 4-H Master Volunteer program is for people who want to step up their volunteer contributions and Agents who want help with their 4-H programs. The win win is that Master Volunteers help out their programs and their agents and everyone benefits.

Master 4-H Volunteers fulfill a role mutually determined with their agent. This role could be many different things depending on the needs of the local 4-H program and the interests of the Volunteer. The key is Master 4-H Volunteers do things that are important to the local program--things that increase the opportunities for youth in 4-H.

Master 4-H Volunteers receive training and support from the Master 4-H Volunteer training and support team. This team also offers help for agents to implement the Master 4-H Volunteer role.

The Kansas Master 4-H Volunteer training for 2008 will be November 21 - 22, 2008. It will begin at 9:00 am on the K-State Campus in Manhattan, then travel to Rock Springs 4-H Center the afternoon of the 21st and continue until the evening of the 22nd.

Application and registration information is included in the brochure which will be posted to the state 4-H web site before August 1st. Registrations should be sent to the Southwest Area Office and are due by October 20. For more information, see the Master Volunteer web site <http://www.kansas4-h.org/Volunteer/MasterVolunteer.htm>.  
[Buchele](#)

### **2008 4-H Volunteers Forum November 21 - 23, Rock Springs 4-H Center**

The 2008 4-H Volunteers Forum presented by the Kansas Association of 4-H Volunteers (KA4-HV) will focus on building strong 4-H Clubs with presentations and workshops sharing resources and activities for strengthening local 4-H Clubs.

Forum will start Friday evening with a community service project, active skillathons and social time. Saturday morning the Forum will open with a presentation on Strong 4-H Clubs, then join KYLF for their speaker followed by consulting groups on Growing 4-H. Saturday afternoon will be workshops full of ideas to take home and use. Saturday evening is the Kansas Association of 4-H Volunteers annual meeting. Following the meeting there will be fun and exciting game show activities to enjoy and take back to local 4-H Club meetings, (Are you smarter than a 5th Grade 4-Her?, 4-H Jeopardy, etc.) Forum start and end times have been coordinated with KYLF. Participants will receive resource notebooks and program materials through a Monsanto grant designed to help 4-H develop volunteer leadership.

Information will be posted on the state 4-H website, ("What's Hot"), by August 1. Registration will be through the 4-H online registration system starting August 15, registration deadline will be October 15.  
[Buchele](#)

### **Kansas Association of 4-H Volunteers**

Volunteer Voice, the newsletter of the Kansas Association of 4-H Volunteers will be available to members this month. It will also be posted to the Volunteer page of Kansas4-H.org. The Kansas Association of 4-H Volunteers is our state wide organization for 4-H Volunteers. They work to support 4-H Volunteers to conduct better 4-H programs.

The Kansas Association of 4-H Volunteers was formed in 2001. It has two primary goals: 1) Provide opportunities for educational volunteer development at the state and area level and 2) Serve as a communication network to get information to volunteers.

The Association provides a unique opportunity for volunteers, paid staff and other individuals to join forces to build connections with others who have an interest and passion for the 4-H youth development program.

[Buchele](#)

### **North Central Regional 4-H Volunteer Forum (NCRVF) November 6 - 8, 2008**

The Ohio State University Extension 4-H Youth Development Program is excited to invite you to the 2008 North Central Region Volunteer Forum in beautiful Columbus, Ohio.

The Ohio team is working hard to help each volunteer Realize – Energize – Visualize your Unlimited Potential (REV-UP). The Forum will feature:

- Speakers that will make you laugh, reflect on your talents and help you recognize your unlimited potential.
- Educational tours highlighting companies, camp programs and attractions unique to Ohio.
- Native Ohioans for your entertainment and listening pleasure.
- A variety of educational experiences to share with your local clubs, counties, regions and state counterparts.
- Evening hands-on sessions to learn new and exciting ideas.

The program and registration booklet for the '08 North Central Regional Volunteer Forum is on line at: [http://www.ohio4h.org/ncrvf/documents/RegistrationBooklet\\_000.pdf](http://www.ohio4h.org/ncrvf/documents/RegistrationBooklet_000.pdf). The main Forum information web site is: <http://www.ohio4h.org/ncrvf/>

[Buchele](#)

### **Kansas Extension Conference on Volunteerism**

November 4 - 5, 2008, Rock Springs 4-H Center

This conference is for all Extension personnel who work with volunteers in their programs. Three outstanding speakers are scheduled for the conference, Jim Rutledge, former State 4-H Leader in Oregon will present on "Getting Agents and Volunteers on the Same Page. Rachelle Vattern, North Dakota Volunteer and Leadership Specialist will present on Extension Involvement of Next Generations Volunteers". Marcia McFarland will conclude the conference with the "Now What?" question and challenge.

Save the dates and plan to attend. This conference is an offering of the Volunteer Development Program Focus Team for Kansas Extension. The conference is an excellent use of professional development funds and time. Registration will open August 1<sup>st</sup> and be done hard copy to the Southwest Area Office.

Information will be posted to the Southwest Area 4-H Site

<http://www.southwest.ksu.edu/DesktopDefault.aspx?tabid=19> and (we hope) the Volunteer Development Program Focus Team web site.

[Buchele](#)

## **Kansas Extension Conference on Volunteerism Presentation Proposals**

November 4 - 5, 2008, Rock Springs 4-H Center

The Volunteer Development Program Focus Team is calling for presenters for the conference.

The proposal deadline has been extended to August 1. Proposal forms are available from the Southwest Area 4-H web site: <http://www.southwest.ksu.edu/DesktopDefault.aspx?tabid=19> , click on Presentation Proposal to download the form. Presentation themes are: XYZ (Next Generations) Volunteers, Foundations of Volunteer Management, Successful Programs and Practices and Other.

This call for proposals is for all Extension personnel who work with volunteers.

[Buchele](#)

## **Volunteer Development Ideas**

April 2nd a group from Kansas attended the Iowa 4-H Volunteer Development training with Steve McCurley, an international volunteer development expert. We came back with many great insights and ideas. Here is another installment:

Leroy; The studies that were taken on volunteers. One is What Volunteers don't want, another on the different ways of recruiting volunteers.

Emily; We are in serious competition with other youth organizations- we need a volunteer brochure to be a more user-friendly approach to help ease into the process instead of handing them the form and saying, "Here, fill this out".

Abbie; If you get a volunteer involved they are likely to bring more people, resources and other positives to the organization. If a person volunteers when they are young they are more likely to come back as an adult.

[Buchele](#)

## **VIP Tip**

The VIP FAQ document contains the questions and answers most frequently asked. It is a good place to start if you have a question about VIP. It is password protected, the link is:

<https://intranet.oznet.ksu.edu/4-h/Volunteers/4HVIPFAQ.pdf>

[Buchele](#)

## **4-H Volunteer Impact Study Results**

The Kansas portion of the 4-H Volunteer Impact Study is finished. A great big thank you to all the counties and districts who provided email address of volunteers to invite to participate in the study. Kansas was the first state to reach the target number of respondents. Way to go Kansas. The survey results are very interesting. If you would like to see the results for all respondents, follow this link:

<http://www.zoomerang.com/Shared/SharedResultsSurveyResultsPage.aspx?ID=L238PD735GTV>

[Buchele](#)

# **WHEAT**

### **Last Call for 2008 Kansas 4-H & FFA State Wheat Show.**

Don't miss out on this exciting wheat field day in Great Bend on Friday, August 8<sup>h</sup> from 8:30 a.m. – 2:30 p.m. at the Barton County Community College Technology Building at 245 NE 30 Road. The wheat show is open to all 4-H and FFA members, family members, 4-H leaders, Extension staff and Vocational Agriculture staff. There will be eight contests open to youth members with cash prizes awarded. **All wheat samples are due to K-State on July 18 so testing can be completed.** Participants will pick one of three offered tours. There is no registration cost. Pre-registration is required for an accurate meal count and for tour divisions by August 1<sup>st</sup>. Registration is preferred on the Kansas 4-H web site registration system, [www.kansas4-h.org](http://www.kansas4-h.org). Click on "Register for 4-H Events, and Kansas State 4-H & FFA Wheat Show." For those with no computer connections, contact Berny Unruh for food count by August 1<sup>st</sup> at 620-793-1910. For more information contact Deryl Waldren at 785-462-6281 or e-mail him at: [dwaldren@ksu.edu](mailto:dwaldren@ksu.edu). For full details visit: <http://4-h.k-state.edu/Events/WheatShow/Default.htm>.  
[Waldren](#)

### **Last Call for Kansas 4-H and FFA Wheat Variety Plot Enrollment.**

It is time to remind members to re-enroll or ask new members to enroll for the 2009 Kansas 4-H and FFA Wheat Variety Plot program. The program begins September of 2008 and goes through September 2009. The enrollment form is currently available on the Kansas 4-H web site. Visit: <http://www.kansas4-h.org/Events/WheatShow/2008/2009WheatVarietyPlotSignUpForm.508.pdf> Members were asked to contact their local Extension Office by July 10 for information with enrollments due to the Northwest Area Extension Office by **July 25, 2008**. New participants will receive a large plot sign, and five individual variety signs. Returning members will receive updated variety signs if the varieties change. These will be distributed on the first weekend of the 2008 Kansas State Fair. This year's participants who are getting ready to harvest their plots should be planning their county fair display for possible qualifying for the Kansas State Fair entry in the Pride of Kansas Building. For more information, contact Deryl Waldren at 785-462-6281 or e-mail him.  
[Waldren](#)

## **WORLD CITIZENSHIP**

### **Thanks to Hosts for International Exchangees**

Costa Ricans José Solózano Pérez and Yolanda Delgado Casante representing 4-S returned home July 19 and Ming-Hua Lin and Cary Chyuan, 4-H members in Taiwan, will depart Kansas August 3 for a few days in Washington, D. C. at the National 4-H Center before returning home. Janne Berget will continue her stay with Kansas families until September 10. We want to thank the host families and agents who have welcomed them during their stays in Kansas counties. In addition to the families listed in last month's Tip Sheet, Ming-Hua was hosted by Aubrey and Vickie Layne in Morris County and Cary was hosted by Scott and Jennifer Pfortmiller in Stafford County and Brett and Bonnie Thompson, Lincoln County. We also wish to thank Dan and Teresa Frieb and their 4-H agent in Barton County, Berny Unruh, for the great job they did hosting Yeong-Soo Lee for the 2007-8 school year as part of the High School Exchange with LEX in Japan. Yeong wrote from his debriefing last month that he loved Kansas and Kansans!  
[Munson](#)