

December 2009 Kansas 4-H Tip Sheet

Deadlines:

Nov 15	Kansas PRIDE Grant Proposals due
Nov 20	National Western Stock Show Catch A Calf Applications Due
Dec 1	Updates Registration Due
Dec 1	International Exchange Chaperone Applications Due
Dec 1	Camp Action Team Applications Due
Dec 1	Volunteer Salute to Excellence Nominations Due
Dec 18	National 4-H Camping Institute Registrations Due
Jan 15	Panorama Registrations Due

4-H Program Updates for Local Staff

It is now time to register for the 4-H Program Updates which will be held in two locations this year.

EAST 4-H Update – Emporia

December 8, 2009

Location: Emporia Public Schools Central Offices

1700 W. 7th, Emporia, KS

Questions – Beth Hinshaw bhinshaw@ksu.edu or Diane Mack dmack@ksu.edu

WEST 4-H Update – Scott City

December 10, 2009

Location: Carpenter Building

608 N Fairground Rd, Scott City

Questions – Rod Buchele rbuchele@ksu.edu or Deryl Waldren dwaldren@ksu.edu

Registration is available through 4-H online registration. The cost for the update is \$15 and will include lunch. Checks should be made to the Kansas 4-H Foundation and are due at the update. Gathering time for both days will be 9:30 a.m. and the wrap up will be at 3:30 p.m. The agenda is available on the State 4-H Web page.

This year's update committee includes Diane Nielsen, Bill Haney, Brian Swisher, Melinda Daily, Glenn Brunkow, Pam Van Horn, Diane Mack, Beth Hinshaw, Rod Buchele and Deryl Waldron.

[Hinshaw](#)

Going Green Celebration - 4-H Update

As part of the background for 4-H Updates we will be producing a slide show featuring 4-H in action. To do this we (the Update planning committee and the Photo Action Team) are requesting from each Extension Unit, up to five photos of 4-Hers and/or your 4-H Program in action. Please send the photo files to rbuchele@ksu.edu. Remember, the key word is action. Please make sure you have participation forms with signed photo releases in your office. We also plan to post the slide show to the web for counties/districts to use. Please send the files by Dec. 1.

[Buchele/Hinshaw](#)

Vibrant Video Clip Making Training

Introduction: Kansas 4-H has been awarded a grant from the Kansas 4-H Foundation to teach the skills needed to make vibrant video clips to support the Kansas 4-H Program. Deryl Waldren and Rod Buchele, Area 4-H Specialists in the Northwest and Southwest Areas, respectively will head up this training that the grant will provide. **Please reserve these dates on your calendar – February 9-11, 2010, Rock Springs 4-H Center.** We'll plan to start early afternoon on the first day and end before noon on the third day. We will be using the "Terrapod" curriculum and will be bringing in trainers from Montana State to teach the hands-on video-making skills to up to 30 individuals. The Kansas 4-H on-line registration system will be used, and will go live in early December. *If you are thinking about attending, please contact Rod at rbuchele@ksu.edu or Deryl at dwaldren@ksu.edu for questions about how this training will be conducted.*

Background: Kansas 4-H is not unique in the challenges that the 4-H program across America faces in the 21st Century. The challenges that youth and adults face today are more complex than ever before. For most, life has become a bombardment of daily communication stimuli that are expected and perceived essential: cell phones, social networking, (myspace, facebook and more), instant messaging, ipods, podcasting, vodcasting (video podcasating), computers, texting, television, twittering, video gaming, You Tube, digital cameras, internet use, e-mailing, to mention but a few.

We know that each generation learns differently and is motivated differently. Baby Boomers are more likely to prefer print, talking face-to-face or communicating by telephone to stay connected at work and with families. Generation Xers and Millennials generally prefer using their computers, and other affiliated electronic media to stay connected at work and with families. It's a given today that youth expect and rely on the computers, television, and other affiliated electronic media to function on a daily basis. This creates a unique challenge in how Kansas 4-H in the future will teach its 4-H members, and will train and utilize its volunteer leader base and Extension staff. At present, most 4-H materials exist as static print-only.

Focus: The target audience is teen and adult volunteers and Extension staff. The training will teach teen and adult volunteers and staff in the developing and making of hands-on, experiential, dynamic, shorter length (3-5 minute) lower tech, mid-quality video clips that will be uploaded to the Kansas 4-H website to meet 21st Century program, project, club and training needs of Kansas 4-H. These trained teen and adult volunteers and staff will then teach video-making skills to 4-H youth. An additional outcome will be the creation of an increasing number of short and subject-matter 4-H Science-based, civic-science based, strengthening club resources, 4-H project and/or 4-H marketing/promotional video clips for use in Kansas 4-H.

[Waldren/Buchele](#)

Kansas Foster Care Resource Family Grants

Kansas 4-H Youth Development, the Kansas 4-H Foundation and Saint Francis Community Services are working together to provide funding opportunities for children and families involved with foster care. The purpose of the Kansas 4-H Resource Family Project and Camp Grant Programs is to provide financial assistance for foster youth and their resource families who want to participate in learning opportunities available through 4-H. Kansas 4-H is open to all youth ages 7 through 18 wanting to expand their learning opportunities. 4-H focuses on developing confident, capable, caring, responsible citizens. 4-H offers a wide range of project areas that youth may learn from, ranging from agriculture to food and nutrition to aerospace and photography. Although being involved in the local club can provide an opportunity for youth to learn from each other and contribute to others through community service projects, volunteers and family support are also important elements of 4-H as volunteers and parents serve as club and project leaders that guide and mentor youth.

Through the Kansas 4-H Foundation, \$5,000 of grant funds are available to support resource families and the children in their care who are current or potential 4-H members.

Family Project Grants

- Children must enroll as 4-H members through their local extension office.
- Eligible 4-H member can only apply for one 4-H project and one 4-H camp grant per year.

- Grant funds are for the purpose of starting or enhancing a 4-H project during the 4-H year such as purchasing a camera, craft supplies, clothing, feed, equipment, etc.

- Eligible 4-H member may request funds for supplies and equipment needed for participating in a pet or livestock project; however, funds are not available for the purchase of pets or livestock.

- Grant funding can not include meal expenses.

- Items and supplies purchased from grant funding for 4-H project become the property of the eligible 4-H member.

- Liability, maintenance and warranty of the items and supplies purchased become the responsibility of the eligible 4-H member.

- Grant application and instructions available on the Kansas 4-H Web site, www.Kansas4H.org.

For more information contact Pam Van Horn, pvanhorn@ksu.edu or 785-532-5800.

[Van Horn](#)

AMBASSADOR

2010 Kansas 4-H Ambassador Training.

The Kansas 4-H Ambassador Action Team invites all County/District 4-H Ambassadors and their advisors to the 2010 Kansas 4-H Ambassador Training, starting Friday evening February 19th, and running through Saturday afternoon February 20th at Rock Springs 4-H Center. The 2010 theme is "Ambassadors – Rediscovering the Great Outdoors."

Registration cost will be \$85.00 and is due by Monday, February 1. Late registration will cost \$100.00 and will be accepted from February 2-5, 2010. The Kansas 4-H web site registration system will be used. Local Extension units determine who may attend this training. For final details and forms, visit the Kansas 4-H website beginning in mid-December. Visit: <http://www.kansas4h.org/DesktopDefault.aspx?tabid=29> or call Deryl Waldren at 785-462-6281 or e-mail him at: dwaldren@ksu.edu.

[Waldren](#)

CAMP

National 4-H Camping Institute - March 16-20, 2010

Interested in attending NCI? Registration information is available at <http://oregon.4h.oregonstate.edu/national-camping-institute-2010-march-1620>. Early bird registration is due December 18, 2009. Early bird registration costs \$375. The pre-conference workshops are an additional registration expense.

The Kansas 4-H Camp Action Team awarded one \$100 scholarship to Robyn Dienes to attend the NCI, March 16-20, at the Oregon 4-H Conference Center, outside of Portland, Oregon. <http://www.kansas4h.org/DesktopDefault.aspx?tabid=17>

[Van Horn](#)

Operation Military Kids

Operation Military Kids wants to help youth attend camp this summer! We are happy to report that we have several options for funding opportunities to help military connected kids attend camp again this year.

Funding Opportunities:

*\$100 towards camp registration fee. Camp must offer an OMK session taught by Ann Domsch, OMK Project Coordinator. Please contact Ann by May 1. She has many creative ideas.

*Conduct a one-day, Day Camp. OMK will provide funding and support for day long event. OMK will provide the funds to pay rent of a facility, supplies for classes, snacks and lunch, and marketing of the camp. Host site is responsible for providing American Income Life Special Activities Insurance, camp counselors and help in planning the day.

*Conduct a two-day, Day Camp (no overnight). OMK will provide funding and support for two-day long event with the themes of SET, Health, Environmental education, or Theater Arts. OMK will provide the funds to pay rent of a facility, supplies for classes, snacks and lunch, and marketing of the camp. Host site is responsible for providing American Income Life Special Activities Insurance, camp counselors and help in planning the two day event.

Ann will be at both 4-H Updates to visit with you about these camping opportunities or if you have questions, contact Ann at adomsch@ksu.edu or call 785-532-2276.

[Mack/Domsch](#)

CLOVERBUDS

4-H Cloverbuds have arrived! Through our 4-H Cloverbuds Trainings we have learned that 5-and 6-year olds like activities that include: running, jumping, singing, drawing, painting and coloring. But when they do these

activities it's not for very long - probably 10 - 15 minutes tops! So when planning 4-H Cloverbuds activities let's review and determine if it's age appropriate.

Activity	Age Appropriate
Singing/Action Songs	Yes - 5- and 6-year olds enjoy silly songs and like physical movement especially gross muscles.
Serving as a 4-H Club officer	No - as 5- and 6-years are concert thinkers and giving directions can be a challenging abstract thought process.
Caring for Pets	Yes - learning to care for pets by feeding and watering, however 5- and 6-year olds cannot be totally responsible as they can forget.
Square Dancing	No - most 5- and 6-year old can tell their own left and right, however following a square dance calling and knowing others left and right are difficult tasks.
Hugs	Yes - 5- and 6-year olds seek adult approval and will easily hug others.

[Van Horn](#)

CURRICULUM CORNER

Watch for new Reading Project Brochure coming soon. Kansas 4-H Dog Show Rule Book and the Kansas 4-H Rally Obedience Rule Book will be revised and available on the February Order Form.

[Adams](#)

DOG

Dog Judge Certification Training -- Jan. 30-31, 2010, Potorff Hall Manhattan

The Dog Care and Training Action Team is again providing this annual training for 4-H Dog Judge's, leaders and older youth (14 and over). Anyone who has not been trained since 2003 should attend this training to be re-certified, otherwise you will be dropped from the list. This training will cover Obedience, Showmanship and Agility. Look for details on the dog page of the State 4-H Website in early December.

[Adams](#)

Rally Obedience 4-H Dog Judge Training/Certification will be held March 20, 2010 in Abilene. Watch for details later. We will need judges for Rally Obedience since level II (off leash) will be offered at the State Fair, for those who qualify, in 2010.

[Adams](#)

FCS

Save the Date: Family and Consumer Science Field Trip Saturday, March 27, 2010

The FCS Action Team is planning a state field trip in Kansas City on Saturday, March 27, 2010.

There are endless possibilities in Family and Consumer Sciences! Join us and redefine your image with runway basics, experience delectable photography, taste everything chocolate, and much more!

This experience is for any age. Registration coming soon.

Please contact Tara Solomon, tsolomon@ksu.edu, with questions.

[Solomon](#)

HEALTHY LIVING

Healthy People 2020 National Health Objectives are Available for Review

Every 10 years the United States sets its goals for the health and well-being for all residents. The goals that are being considered for 2010 to 2020 are now available for your review and comment.

Visit: <http://www.healthypeople.gov/hp2020/comments>

For three decades, Healthy People has provided a set of national 10-year health promotion and disease prevention objectives aimed at improving the health of all Americans.

Be part of our nation's plan for healthy living. Send in your comments via the Healthy People website by Dec. 31, 2009.

[Johannes](#)

HORSE

4-H Horse Panorama--February 2010

The 2010 4-H Horse Panorama will be February 13th-14th at the Rock Springs 4-H Center. All of the registrations are to be done online. Please note, the registration will begin on December 1, 2009 and will close on January 15, 2010. All of the fees and the Kansas 4-H Participation Form for all youth and ADULTS need to be completed by this date through the local Extension Offices. The Participation Forms for the adults can be put in a sealed envelope with their name on the outside. Each adult sponsor should also have a Participation Form for each individual with them as they travel.

The Achievement level tests are not required. However, taking them before Panorama will help youth prepare for events held at Panorama.

Please look for more information on the 2010 Panorama coming soon. Information for Panorama will also be available on the 4-H website (www.Kansas4-H.org). If you have any questions or concerns, please contact Sarah Dick, sarahdd@ksu.edu or 785)532-0746.

[Dick](#)

PHOTOGRAPHY

Wichita Garden Show 4-H Photography Extravaganza

The annual 4-H Photography Extravaganza will be March 5th and 6th at the Wichita Garden Show.

Information is available on Wichita Garden Show web site:

<http://www.wichitagardenshow.com/photography.html>. Brochures are available from the Garden Show Office,

316-946-0883, or email: wichitagardenshow@sbcglobal.net.

Save the date, let everyone know (they don't have to be enrolled in the photography project to participate) and plan to be there March 5th and 6th.

[Otte/Buchele](#)

POSITIVE YOUTH DEVELOPMENT

Kansas Selected for National Positive Youth Development Project

A multi-agency team will be representing Kansas during next year's "Spotlighting Positive Youth Development" project which is sponsored by the US Centers for Disease Control and Prevention (CDC), the University of Arizona and National 4-H Council.

Led by Elaine Johannes, K-State Research and Extension, the team consists of:

*Peggy Berrier Boyd - Wyandotte County Extension

*Kansas Mentors - Ella Todd

*Kansas Dept. of Health and Environment - Jane Stueve

*Kansas Communities in School - Mallisa Martin-Wilke

*Lyndsie Oathou, student - Southwestern College

*Ariel Anib, student - Kansas State University

Kansas successfully competed in the selection process where fewer than 15% of applications were chosen for the training, resource and programming project.

Learn more about "Spotlighting Positive Youth Development" and its relevance to Kansas by contacting Elaine Johannes: ejohanne@ksu.edu

[Johannes](#)

SHOOTING SPORTS

Instructor/Coordinator Renewals are Past Due!!!

The \$5/person for county coordinator and all instructors is a way to keep your county shooting sports program certified and covered by a supplemental liability insurance policy provided by the Action Team. This year, all instructors and coordinator can be listed on one form per Extension Unit. Please contact your county coordinator and complete this process before Jan.1, 2010!!! If you are unsure of your status, contact [Mary Gehrt](#) in the State 4-H Office, 785/532-5800.

[Adams](#)

STRENGTHENING CLUBS I

Strengthening Club I Training Set for March 2

We invite you to attend Strengthening Club I Training set for Tuesday, March 2, 9:30 a.m. to 3:30 p.m. Location of training will be determined by location of participants. Registration fee is \$25 which includes lunch and resources.

Today, 4-H comes in many forms and sizes, but the 4-H Club remains our flagship program. Please join us as we focus on strengthening 4-H Clubs. The purpose of this training is to strengthen your capacity to work with volunteer adults and youth to develop and support strong, effective 4-H Clubs. You will take home new resources and ideas to share with 4-H Club Leaders.

If you are interested in attending, please contact, Diane Mack at dmack@ksu.edu. Official registration will be through the State 4-H online registration system, in January but we'd like to see who's interested to select a central training site.

[Mack/Hinshaw](#)

VOLUNTEERS

4-H Master Volunteer Program

The Master Volunteer program is an excellent way to recognize an outstanding leader with a new opportunity to provide leadership and service to the 4-H program.

When you see this leader next, visit with them about becoming a 4-H Master Volunteer. Master Volunteers receive special training at the state level and work at their local level on local 4-H needs as agreed upon by the volunteer and the agent.

The next Master 4-H Volunteer Training will be March 12 - 14 at Rock Springs. Now is the time to recruit your next Master 4-H Volunteer.

Information and sign up for the next Master 4-H Volunteer Training will be on Kansas4-H.org in December. If you have questions about 4-H Master Volunteers please contact me.

[Buchele](#)

Volunteerism for the Next Generation and Everyone Ready

A great Volunteerism Professional Development opportunity is now available to all Extension staff who work with volunteers in any capacity. Volunteers provide a critical delivery mode for Extension programming and staff need to have the capacity and skills to implement and maintain an effective volunteer delivery system for their programs. The opportunity is: **Everyone Ready**, the new online volunteer management staff development plan by Energize Inc. (A world class Volunteer Development Education Company). Funding for this project is provided by Monsanto through National 4-H Council. Information is available at: http://4-h.org/b/Assets/pd/ER-WelcomeGuide-4H-brief_091409.pdf. The new topic (starting November 16) is New Approaches to Recruitment.

[Buchele](#)

4-H VIP FAQ

Do you have a question about 4-H VIP or anything connected with 4-H VIP? Want to find the answer quickly? Check the <https://intranet.oznet.ksu.edu/4-h/Volunteers/4HVIPFAQ.pdf> VIP FAQ (Frequently Asked Questions) document at www.kansas4-h.org/DesktopDefault.aspx?tabid=189

<http://www.kansas4-h.org/Volunteer/VIP/> It is a great resource for VIP, check it out.

[Buchele](#)

VIP Annual Renewal

Kansas 4-H policy is that 4-H Volunteers annually renew their volunteer commitment. They do this by filling out and returning the 4-H VIP Annual Renewal Form. This form is available from Distribution, it is 4H953. It is also available on our State 4-H Web site at: <http://www.kansas4-h.org/DesktopDefault.aspx?tabid=189>

The form asks volunteers to confirm their contact information, the role(s) they will be volunteering for this year, update their legal involvement information and recommit to the Volunteer Code of Ethics. There are many advantages to the 4-H program in having Volunteers renew annually. The information gained from the Renewal process will help manage the 4-H Program more effectively. If you have any questions, please contact your Area 4-H Specialist or contact me.

[Buchele](#)

4-H VIP Orientation Information

The start of the new 4-H year gives us the opportunity to refocus and recommit to the VIP process for bringing new volunteers onboard. Key in this process is the orientation. The orientation is where volunteers learn what Kansas 4-H is about, how we work with youth and the outcomes of the 4-H experience.

Orientation may be offered in a meeting, using the Orientation CD or online. Local units determine which options they will offer their volunteer. Orientation meeting resources are available to you at the VIP Resources page of the state 4-H web site <http://www.kansas4-h.org> Volunteers, VIP. Contact the State 4-H Office to order the CD. If you have an "old" (older than a year or so), you will need to order a new CD. The content is the same, however the operation of the CD has changed.

To register a volunteer for the 4-H VIP Online Orientation class through K-State Online, the local Extension Unit needs to send an email to ks4-hvip@ksu.edu. Place VIP Orientation in the Subject line and include in the body the following information about the volunteer:

Name
E-mail address
County or District

After receiving the volunteer's name and email, a temporary eID and password will be created, the volunteer will be added to the class roster and an e-mail will be sent to the volunteer and the local Extension Office. The email will contain the newly created eID and password for the volunteer to use to sign in to K-State Online and directions on how to take the class.

[Buchele](#)

4-H Volunteer Salute to Excellence

Volunteers are the "heart and soul" of 4-H, and in an age when time is at a premium, 4-H Salute to Excellence serves as an opportunity to acknowledge our volunteers' unwavering dedication to the 4-H Youth Development movement.

Each year, each state 4-H programs may nominate two outstanding individual volunteers, one in each of two categories. The Lifetime Volunteer Award is given to an individual who has spent 10 or more years volunteering for 4-H. The Volunteer of the Year Award is given to an individual who has volunteered for 4-H less than 10 years. The Kansas deadline to nominate a 4-H Volunteer is December 1, 2009, send to Rod Buchele, rbuchele@ksu.edu. See: http://4-h.org/programs_mission_mandates/salutetoexcellence.html for more information.

Recipients of the regional and national 4-H Salute to Excellence Volunteer Recognition Awards are chosen from nominees submitted by state 4-H offices.

[Buchele](#)

WORLD CITIZENSHIP

Outbound Exchange Applications Accepted through November by Arrangement

Applications have been received from Nine 4-Hers and 4-H Alumni to travel on Kansas 4-H International Exchanges in 2010. If agents find out about additional prospects during November, they may contact Mary Kay Munson, International Exchange Coordinator at 785.538.3631 or munsonm@nqks.com. We will try to work with them. Applications packets must be complete and in Mary Kay's hands by December 1. Interview for all applicants are scheduled for Manhattan, December 4-5.

[Munson](#)