



December 2011 Kansas 4-H Tip Sheet

*Archives can be found at: <http://www.kansas4-h.org/p.aspx?tabid=296>

DEADLINES

- Dec 1 National Western Catch-A-Calf Program Applications due to Colorado.
- Dec 1 Google Doc Registration for 4-H Updates due.
- Dec 1 2012 Esri GIS Grant Program for 4-H Application Period ends.
- Dec 1 Camp Counselor Training Applications due.
- Dec 1 4-H Foods Project Pilot Applications due.
- Dec 9 Last day for early registration for Kansas Junior Beef Producer Day.
- Jan 12 NCR-SARE Youth & Youth Educator Sustainable Agriculture Grant Application deadline.
- Jan 13 Dog Judge Training Registration due to State 4-H Office.
- Jan 15 North Central Regional Volunteer Forum Proposal forms due.
- Jan 15 Horse Panorama online registration due.
- Jan 17 4-H Day with the Wildcat Women's Basketball Registration due.
- Feb 1 Host Family Applications due for International Exchange Program for 2012.
- Feb 3 Kansas 4-H Scholarship Applications due to the State 4-H Office.

THIS MONTH'S TIP SHEET

4-H SpaceTech Workshop Coming

The Kansas 4-H SpaceTech Action Team and K-State Research and Extension are sponsoring a Southeast Area SpaceTech Educators' Workshop on Saturday, January 7th, at the Miami County Extension Office in Paola, KS. Participants will get to attend two of the following in-depth workshops in one of three tracks: **robotics**, **rocketry**, and **astronomy**. Registration will be done through Google Documents with a link from the web site on or after November 21: <http://www.kansas4h.org/DesktopDefault.aspx?tabid=52> or click on "What's Hot" on the Kansas 4-H website home page.

4-H members (12-19-years-old), parents, volunteer 4-H leaders, Extension staff, and educators working with youth who are interested in 4-H science, engineering and technology (SET) project areas. This training is being held in the Southeast Area, but it is open to any Kansas resident on a first-come, first-serve registration basis. Registration is limited to 20 per each session with a minimum of 5 required for each workshop session to be taught. No youths 11 and younger will be accepted to this training. Consider sending a team of youth and adults from your county/district to be trained to take home valuable information. Parents planning on assisting their older children during the training need to register for the training.

Registration will be due on-line by December 27, 2011. Your check made payable to KSU, and a current copy of your Kansas 4-H Participation form must be sent in separate from your registration, or brought with you the day of the training. The registration fee of \$15.00 includes lunch, breaks, two workshops, workshop materials and training team costs. Registration fees are non-refundable unless KSRE cancels the workshop due to low numbers. For more information contact, Deryl Waldren, Northwest Area Extension Office, P. O. Box 786, Colby, KS, 67701. Telephone: 785-462-6281, or e-mail, dwaldren@ksu.edu. *Waldren*

National Western Catch-A-Calf Program

Please provide youth 12 years of age by December 31, 2011 that have an interest in the market beef project the information for this unique experience. Applications are due to Colorado by December 1, 2011! Youth would be participating in the catching of a calf at the National Western in Jan.2012 and if successful would take delivery of their calf in May 2012 to feed and care for and then show at the National Western in a special class in Jan.2013. For more details contact Mary Gehrt at mlgehr@ksu.edu or Jim Adams at jadams@ksu.edu at the State 4-H Office. *Adams*

Action Team Applications

This is a good time of year to recruit experienced volunteers that would like to help the Kansas 4-H Program by serving on a State 4-H Action Team. Applications are available on the state 4-H website and must be recommended by an Extension Agent. Currently, there are openings on the Shooting Sports, Dog Care and Training, Dairy, and Curriculum action teams that I work with. jadams@ksu.edu

Dog Judge's Training

The annual training to certify 4-H dog show judges will be held at the Sedgwick County Extension Center January 27-29, 2012. This year we will be using a new format that will begin at 6pm on Friday evening and finish late afternoon on Sunday! All four phases of Kansas 4-H Dog Shows will be covered: General Information, Showmanship, Agility, Rally Obedience and regular Obedience. Details and registration information may be found under "What's Hot" on the Kansas 4-H website. This is a good workshop for volunteer leaders and older youth to observe so that they better understand judging criteria. Hand-copied registration form and fees are due to the State 4-H Office by January 13, 2012.

State 4-H Shooting Sports Instructor Update – Dec. 10, 2011 is **CANCELLED!!**

Shooting Sports Action Team has deemed it necessary to cancel the instruction update. After details are finalized, it is the intent of the action team to re-offer the update.

jadams@ksu.edu

Volunteer Development

Agents, check out the November 2011 lesson from the Monsanto Sponsored online course "Everyone Ready"! This topic called "It Takes Two to Tango - Building Successful Relationships between Volunteers and Paid Staff" has a couple of excellent activities to help staff find tasks for volunteers and also to help volunteers identify what they like and do not like to do! This process might even work with Faculty, Office Professionals and student help. jadams@ksu.edu

Curriculum Corner

For the first time ever, www.4-HMall.org is offering 4-H Curriculum with discounts similar to the spring pre-press discounts! I hope you check your inventory of materials against your early enrollments and take advantage of this opportunity! I have been asking for this for 20 years, so let's help prove that we need this time of year to order! **The sale ends at 11:59pm on November 15, 2011, so HURRY!**

jadams@ksu.edu

4-H Day with the Wildcat Women's Basketball

The Kansas Association of Extension 4-H Agents is excited to inform you that the Fourth Annual 4-H Day with the Wildcat Women's Basketball team has been scheduled for Saturday, February 18, when the Wildcats take on the Texas Longhorns. Tip-off will be at 6 p.m. Each individual will receive a ticket into the game, a game day t-shirt, hot dog and a drink for \$18. For more details, please see the registration form located at:

<http://www.kansas4-h.org/> under "What's Hot". Registration must be postmarked by January 17. We hope to see you there!

Kansas Junior Beef Producer Day - January 7, 2012

The Kansas Junior Beef Producer Day has been set for January 7, 2012 at Weber Arena. The day will bring together youth, parents, beef project leaders and others to increase their knowledge about beef production and management.

Registration begins at 9:00 a.m., with the program starting at 9:30 a.m. Featured speakers and K-State faculty and staff will cover such topics:

- Selecting Your Youth Beef Project
- Facilities and General Care
- Breeds and Beef Identification
- Meat and Carcass Evaluation
- Selecting Your Next Show Heifer Project to be a Great Cow
- Nutrition
- Showmanship Clinic
- Nose Printing/Tattooing/Fitting Demonstration/Ultrasound

All participants will receive a T-shirt and a complimentary lunch.

The cost to register is \$15 per person if postmarked by Dec. 9; \$20 if postmarked after that date. Participants who register after Dec. 9 cannot be guaranteed a T-shirt. More information and printable registration forms are available by contacting Chelsea Tomascik (tomascik@ksu.edu or 785-532-1264) or Scott Schaake (simmi@ksu.edu or 785-532-1242) or online at www.YouthLivestock.KSU.edu. **Tomascik**

Kansas Junior Sheep Producer Day

March 31, 2012! Mark your calendars for Weber Arena. More information will be available on the Youth Livestock Program web site when available. **Tomascik**

Livestock Sweepstakes Interest

If you are interested in learning more about the Kansas 4-H Livestock Sweepstakes please contact Chelsea Tomascik (tomascik@ksu.edu) so we determine if we have enough interest to meet in person or have a Webinar. **Tomascik**

Kansas 4-H Scholarships

2012 Kansas 4-H Scholarships are available! The application form can be found on the Kansas 4-H web site <http://www.kansas4h.org/DesktopDefault.aspx>, and its form fillable. Complete applications are due in the Department of 4-H Youth Development, Kansas State University, on Friday, February 3, 2012 before 5:00 p.m. Selection is based on 4-H merit: 40 percent on 4-H leadership; 30 percent on 4-H citizenship/community service in 4-H; 20 percent on 4-H

participation and recognition; and 10 percent on non-4-H participation, leadership, community service, participation, and recognition in school and community. A complete list of scholarships will be in the January Kansas 4-H Journal.

Graduating seniors and college students are encouraged to apply.

Van Horn



2012 Kansas 4-H Ambassador Training News

The thirtieth anniversary of the Kansas 4-H Ambassador Program and Training will be February 24-25 at the Rock Springs 4-H Center. It is open to all county/district 4-H Ambassadors, ambassador advisors and Extension staff. The theme is a sports-related one: “Ambassadors – Get Your Game on with 4-H.” Registration cost will be \$90.00, and is due by Wednesday, February 1. Late web registration will cost \$105.00 and will be accepted from February 2-6, 2012. Local Extension units determine who may attend this training. Full details will be posted on the Kansas 4-H web site by December 15, 2011. Visit: <http://www.kansas4h.org/p.aspx?tabid=29> or call Deryl Waldren at 785-462-6281, or e-mail him at dwaldren@ksu.edu. *Waldren*

Outbound Exchange Interviews & Orientation

All applicants for 4-H exchanges are required to complete an interview for an exchange. This year State Outbound Interviews and the first orientation for travel are scheduled Friday evening December 2 and Saturday December through lunch on campus in Manhattan. Any adults interested in accompanying teens on an exchange must be interviewed, as well. Although the published deadline is past, we have accepted applications in November if the applicant will work with us to expedite the preparation of the application packet and attend the interviews/orientation, December 2-3. Contact Mary Kay Munson, 785-238-3631 or munson@ksbroadband.net . *Munson*

Host Family Applications due February 1.

It’s not too early for families to apply to host 4-H International Exchanges next summer or fall. 4-H age kids from Japan, Finland, and Argentina will be hosted through States’ 4-H International Exchange Programs. Young adults from Australia, Taiwan and several European countries will also need hosts for 2-4 weeks each. To be considered for all options, applications are due February 1. *Munson*

Kansas Foster Care Resource Family Grants

Kansas 4-H Youth Development, the Kansas 4-H Foundation and Saint Francis Community Services are working together to provide funding opportunities for children and families involved with foster care.

The purpose of the Kansas 4-H Resource Family Project and Camp Grant Programs is to provide financial assistance for foster youth and their resource families who want to participate in learning opportunities available through 4-H. Kansas 4-H is open to all youth ages 7 through 18 wanting to expand their learning opportunities. 4-H focuses on developing confident, capable, caring, responsible citizens. 4-H offers a wide range of project areas that youth may learn from, ranging from agriculture to food and nutrition to aerospace and photography. Although being involved in the local club can provide an opportunity for youth to learn from each other and contribute to others through community service projects, volunteers and family support are also important elements of 4-H as volunteers and parents serve as club and project leaders that guide and mentor youth.

Through the Kansas 4-H Foundation, \$5,000 of grant funds is available to support resource families and the children in their care who are current or potential 4-H members.

Family Project Grants

- Foster children must enroll as 4-H members through their local extension office.
- Eligible 4-H member can only apply for one 4-H project and one 4-H camp grant per year.
- Grant funds are for the purpose of starting or enhancing a 4-H project during the 4-H year such as purchasing a camera, craft supplies, clothing, feed, equipment, etc.
- Eligible 4-H member may request funds for supplies and equipment needed for participating in a pet or livestock project; however, funds are not available for the purchase of pets or livestock.
- Grant funding cannot include meal expenses.
- Items and supplies purchased from grant funding for 4-H project become the property of the eligible 4-H member.
- Liability, maintenance and warranty of the items and supplies purchased become the responsibility of the eligible 4-H member.
- Grant application and instructions available on the Kansas 4-H Web site, www.Kansas4H.org .

For more information contact Pam Van Horn, pvanhorn@ksu.edu or 785-532-5800. ***Van Horn***

Kansas 4-H Horse Panorama – January 28 – 29, 2012

The 2012 4-H Horse Panorama has been set for Saturday and Sunday, January 28 – 29, 2012 at Rock Springs 4-H Center. The Kansas 4-H On-line registration will open on December 1, 2011 and will be open until January 15, 2012. An exciting weekend of 4-H Horse activities is planned from quiz bowl, hippology, public presentation and educational workshops. The competitive activities will be open to all 4-H members 9 to 18 year-olds based on age before January 1, 2012. Kansas 4-H is honored to welcome Christa Obermeyer, Kansas 4-H Horse Panorama Coordinator on board in planning this event. Further questions concerning the Kansas 4-H Horse Panorama can be forwarded to Pam Van Horn, pvanhorn@ksu.edu or 785-532-5000. ***Van Horn***

4-H Cloverbuds!

Exciting opportunities for 5 and 6 year-olds are available through 4-H Cloverbuds, however before counties or districts decide about offering 4-H Cloverbuds. Check the 4-H Cloverbuds policies located at <http://www.kansas4h.org/p.aspx?tabid=264> under Cloverbuds Resources.

Van Horn

Kansas' Salute to Excellence Awards

Congratulations to our Salute to Excellence winners and finalists that submitted applications. In the **Volunteer of the Year** category the winner was Angie McConnell from Shawnee County. The **Outstanding Lifetime Volunteer** was awarded to Donna Maskus of Ellis County and finalist Rachel Harmon of Walnut Creek District and Doug Rosencutter of Shawnee County. The top in each category has been submitted for Regional and National competition. Again congratulations! ***Van Horn***

Reminder: Call for Proposal for Workshops for the 2012 North Central Regional Volunteer Forum

We want to remind folks the call for proposals and proposal form for workshops for the 2012 North Central Regional Volunteer Forum is on line at: www.Kansas4-H.org/2012ncrvolunteerforum. The proposals are due January 16th. We would welcome proposals from any and all. You all have much to offer. The Forum is October 11 - 14, 2012 in Wichita,

Kansas. Think 10-11-12 (the date the Forum starts). Any and all help you can give us will be greatly appreciated. If you have any questions, please contact me. Thanks. *Rod Buchele for the Forum Workshops committee*

Healthy Living – Incorporate Health into Existing Subjects and Projects

Based on Centers for Disease Control and Prevention and other reports that childhood obesity has tripled over the past 30 years, it's important to reach children early to form good food habits. However, teachers, 4-H leaders and other adults may find it difficult to incorporate health information and lessons into already packed curriculums and programs. Perhaps by putting health lessons and skill-development into subjects like geography and the study of other cultures, math, and science being healthy won't be such a chore.

A study in the November/December 2011 issue of the Journal of Nutrition Education and Behavior shows how the [Cooking with Kids](#) program successfully helps students learn a number of subjects and develop cooking skills. Check out the easy-to-use resources at: <http://cookingwithkids.net/> *Johannes*

Healthy Living Pilot Update:

Linda Biles and Elaine Johannes are in the process of training youth 4-H Healthy Living Ambassadors/Officers (and adult mentors) in 14 pilot sites located across Kansas. Local programs and community service projects will get underway in January, 2012. Contact Elaine Johannes <ejohanne@ksu.edu>, 785-532-7720 for more information.

4-H Updates

We hope you will be able to attend one of the 4-H Program Updates which will be held in three locations this year.

EAST 4-H Update – Emporia

December 6, 2011

*Location: Anderson Building – Lyon County Fairgrounds
2650 W Hwy. 50, Emporia, KS*

CENTRAL 4-H Update – Great Bend

December 7, 2011

*Location: Front Door Community Center
1615 Tenth St., Great Bend, KS*

WEST 4-H Update – Scott City

December 8, 2011

Location: Carpenter Building, 608 N Fairground Rd, Scott City, KS

Please register by **December 1** on the Google Document

at: <https://docs.google.com/spreadsheet/viewform?formkey=dC1aUXFHdVNDUW1PU0ZTS1IXakZfa1E6MQ>

link is also on the 4-H website. The cost for the update is \$15 and will include lunch. Checks should be made to the Kansas 4-H Foundation and are due at the update.

Gathering/Registration time for both days will be 9:15 a.m. with the update starting at 9:45 a.m. and the wrap up will be at 3:30 p.m. The agenda and other information is available on the State 4-H Web page.

Individual or Small Group Meeting time with Barbara Stone will be available each morning 7:30 a.m. to 9:00 a.m. (To make an appointment, contact Keli Yungeberg - keliy@ksu.edu) This year's update committee includes: Bronc Barrows, Rod Buchele, Beth Hinshaw, Diane Mack, Corinne Patterson, Barbara Stone, Deryl Waldren and Aliesa Woods.

Mack

4-H Foods Project Pilot Accepting Applications

Through a Grow 4-H Grant with the Kansas 4-H Foundation, Kansas 4-H will provide a group of 4-H Adult Volunteer Foods Project Leaders with knowledge, curriculum and Specialist support to provide positive project experiences for 4-H members.

4-H Foods webinars for adult volunteer project leaders will include six webinars taught by a K-State Research Extension staff member. Project leaders will then be expected to facilitate the same lesson at project meetings for their group.

Applications are due **December 1, 2011**. For complete details about this project please go to :

<http://www.kansas4h.org/p.aspx?tabid=347>

Mack

Experiential Initiative Training – Buckeye Style – December 13, 2011

Dictionary.com defines experiential as "pertaining to or derived from experience" and initiative as "leading action." This workshop is built on the experiences individuals have had at the Buckeye Leadership Workshop in Ohio. Come see how these "leading action experiences" have been utilized and how you can use them in your Extension Unit, with 4-H camp and other groups.

This day long hands-on workshop will include initiatives, songs, and crafts, just to name a few. Plan to join us on **Tuesday, December 13**, from 9:30 a.m. – 3 p.m. at the K-State Salina Campus. Registration will begin at 9:15 a.m. Registration fee is \$20 which will pay for all supplies, handouts, lunch and snacks. Make checks payable to KSU and bring them with you to the training. Come join Buckeye alumni as they share their experiences and resources!

Register by **December 1**. To register, go to the google form at

<https://docs.google.com/spreadsheet/viewform?formkey=dEdvTEIxIalJfRDRHbXkza2VaSFdyb1E6MQ>.

4-H Recruitment Plan - "Online" Tactics

The 4-H Marketing Action Team is working on a plan to help you make your 4-H web pages as effective and easy to navigate as possible. We are working with Neal Wollenberg, IET Web Coordinator, to make it as easy as possible for you.

So for now, we'd just like you to do two things:

1. Make sure your county website has a listing of your clubs
2. Have a Facebook page for your county, and make a big effort to recruit followers