

February 2011 Kansas 4-H Tip Sheet

****A Printable Version (PDF) of the current Tip Sheet is available in the [Archives](#)****

Deadlines [Edit](#)

- Jan 14 SE Area KAP Screening - Eureka**
- Jan 14 Dog Judge Scott City Training Registration due**
(Showmanship/Agility)
- Jan 15 CIA Registration Due**
- Jan 15 Vibrant Videos Workshop Registration Deadline**
- Jan 19 NE Area KAP Screening - Manhattan**
- Jan 21 Science Ready Workshop - Hays**
- Jan 24 Science Ready Workshop - Emporia**
- Jan 26 Science Ready Workshop - Manhattan**
- Feb 1 Ambassador Training Registration due**
- Feb 1 Science Ready Workshop - Dodge City**
- Feb 1 Dog Judge Scott City Training Registration due** (Obedience/Rally O)
- Feb 4 KAP Scholarship Applications due**
- Feb 4 4-H Alumni Applications due**
- Feb 11 4-H Discovery Days Class Proposals due**
- Feb 15 National 4-H Volunteer Salute to Excellence Applications due**
- Feb 15 Priority Deadline to be a host family for International Exchange**
- Feb 15 Master Volunteer Registration due**
- Feb 23 Landon Center on Aging Photo Entries due**
- Mar 1 Citizenship Washington Focus Applications due**
- Mar 1 Kansas Junior Swine Producer Applications due**
- Mar 15 Horse Action Team/Horse Board Applications due**

This Month's Tip Sheet [Edit](#)

Kansas 4-H'er Appointed to 2011 National 4-H Congress Design Team

We are very proud to announce that Steven Buchele of Finney County has been selected as one of eight teens from across the nation to serve on the 2011 National 4-H Congress Design Team. Dr. Susan Stewart, Executive Director of National 4-H Congress, reported that the number of applications was up and the competition tough. As a member of the Design Team, Steven will be a part of planning and carrying out 2011 4-H Congress over the Thanksgiving Holiday. He begins his assignment with a planning session in Atlanta the first weekend in February. The teen members of the Design Team provide the powerful youth voice that resonates in the Congress theme, program and atmosphere. Besides working throughout the year, Steven will be part of the Opening Assembly and then help facilitate the program from "behind the scenes." This is a tremendous opportunity! Steven attended the 2010 National 4-H Congress.

Van Horn

4-H Discovery Days Class Request

Kansas 4-H Discovery Days is coming up soon and we are looking for those interested in teaching class sessions. This college experience held on the K-State campus gives youth 13-19 the opportunity to learn in a variety of classes, tours and activities. Discovery Days is an excellent opportunity for our young people to explore potential careers, degree programs, personal development, hobbies, sports, and other interests. The time you invest has great potential to impact these young people for their entire lives!! The dates will be May 31-June 3, 2011 with class sessions scheduled for Wednesday, June 1 and Thursday, June 2 from 9:30am-11:30am and 1:30pm-3:30pm. We are now accepting class proposals to ensure we have enough spaces for the nearly 500 delegates we expect to attend this summer!

We would love to have you lead a class session this year! If you, or anyone else you know, are interested in teaching a class, hosting a tour, or leading a service project please fill out the class proposal form (an on-line form is available this year) at <http://www.Kansas4-H.org/DiscoveryDays>.

We really need your proposal no later than Friday, February 11, so information can be compiled and sent to Extension staff for promoting it to their 4-H members. We plan to open on-line registration March 1.

If you know someone else who might have something fun to share with these youth, we would appreciate if you would forward this message to them! If you have any questions please feel free to contact me.

Thank you so much for considering the opportunity to share your expertise is youth from across Kansas.

Wiebers

4-H Citizenship Washington Focus Delegates Needed

Applications are still being accepted for 4-H Citizenship Washington Focus, June 16-27, 2011. Citizenship Washington Focus is open to youth, ages 15-18 years old. It is an intensive 11 day summer citizenship experience in our nation's capitol.

Along the route, delegates tour educational sites like the Gateway Arch in St. Louis in St. Louis and Independence Hall in Philadelphia/Gettysburg Battlefield or Monticello and Williamsburg, Virginia. Delegates and/or their counties are responsible for the cost of \$1,425. Applications are due March 1st.

Wiebers

4-H Citizenship in Action Registration is OPEN!

Citizenship in Action registration is now open! This two day event sponsored by the State 4-H Youth Leadership Council, will be held Sunday, February 20 through Monday, February 21,

2010 at the State Capitol in Topeka. All youth 13 to 19 years old are eligible to attend. The registration fee of \$130 includes lodging, a Sunday night banquet and lunch on Monday. Please share this information with all youth. Participation is not restricted to 4-H members.

Citizenship in Action allows youth to have a hands-on approach in learning about their government. Activities include workshops, tours of the Capitol, opportunities to visit with your legislator, and a mock legislative session in the House and Senate Chambers. A complete schedule can be found on-line at <http://www.Kansas4-H.org>

Registration is open online at: <http://www.Kansas4-H.org/Register> until January 15.

Wiebers

Get Ready for Kansas 4-H Science Ready Workshops

4 Locations - Statewide

Between January 21 - February 1, 2011

Notice to Attend Deadline: TUESDAY, January 18, 2011

Participants:

Extension Agents, Program Assistants and Master 4-H Volunteers with associated responsibilities are the targeted participants. (Note: Volunteers serving on State 4-H Action Teams may also attend; however, the training will be directed to Extension educators. A targeted age for Teen Volunteers would be at least 16 years of age.)

Outcomes:

- Participants will be introduced to 4-H “Science Ready” curriculum and delivery methods.
- Participants will be introduced to 4-H Science evaluation resources that can help local educators and volunteers measure the difference their programming is making.
- Participants will be introduced to how project support through 4-H Science can help Grow 4-H in your Extension Units through volunteer recruitment, training and on-going support.
- Participants will be introduced to how to strategically find the resources (\$\$\$\$) to support 4-H Science in both existing and new programs that are relevant, valued and sustainable.

Registration:

The cost of registration is \$15. This includes snacks, beverages, & lunch; 3 complete 4-H Science Ready Curriculum Sets; all Program Materials and handouts.

Sponsors:

These workshops are made possible through a generous donation from The Noyce Foundation.

Instructors for the day will be the Kansas participants in the National 4-H Science Academy, an 8 month professional development experience:

Gary W. Gerhard, Ph.D. (Professional Development - "including volunteers")

Corinne Patterson (Fund Development)

Susan Schlichting (Curriculum)

Amy Sollock (Evaluation)

Why the short time notice?

The competitive funding for these workshops was not released until the early December 2010 in conjunction with the National 4-H Science Academy meeting. Doodle polls were conducted in December in Kansas to help identify the best dates. The conditions of the award require us to have used our funding, evaluations, and reporting no later than February 15, 2011.

When, Where and How do I Register?

The Training workshops will be held in 4 locations across the state. Content will be identical at each location (9:45 AM-3 PM CST). Participants may choose any location by convenience and are not constrained to attend the one in their Extension Administration or 4-H Programming area.

Northwest Area: Friday, January 21, 2011 - Hays, Ellis County Extension Office

Southeast Area: Monday, January 24, 2011 - Emporia, Lyon County Extension Office

Northeast Area: Wednesday, January 26, 2011 - Manhattan, International Grain Science Institute, KSU

Southwest Area: Tuesday, February 1, 2011 - Dodge City, The Learning Center

In order to confirm lunch counts and other materials, we must hear from you no later than close of business, Tuesday, January 18, 2011. Register by simply calling the location you would like to attend. Checks may be brought to the workshop and should be made out to "Kansas 4-H Foundation."

Questions? Address preferably by e-mail to:

Gary W. Gerhard, Ph.D.

Professor and Specialist, Dept of 4-H Youth Development, KSU

ggerhard@ksu.edu

Corinne Patterson

KSRE Agent, 4-H Youth Development - Lyon County

clpatt@ksu.edu

Susan Schlichting

KSRE Agent, 4-H Youth Development - Ellis County

sschlich@ksu.edu

Amy Sollock

KSRE Agent, 4-H Youth Development - Ford County

amsollock@ksu.edu

Gerhard

Newswriting Award Winners Announced

The 2010 Kansas 4-H news writing award winners were selected for outstanding news writing abilities. The judging was based on clippings submitted in a reporter's notebook. Each reporter won the reporter's book contest in his or her county before submitting his or her book for state competition. The awards are sponsored by Montgomery Communications of Junction City as a participant in the Patron Sponsor Program of the Kansas 4-H Foundation.

The winners are:

Sydney Barnes, Kingman Co.;
Landon Brecheisen, Stevens Co.;
Daniel Johnson, Butler Co.;
Cara Knapp, Nemaha Co.;
Blake Kirchhoff, Republic Co.;
Brett Stindt, Republic Co.;
Catherine Lumley, Labette Co.;
Haven Pearson, Morris Co.;
Morgan Poole, Morris Co.;
Paige Towne, Geary Co.

Van Horn

Wichita Garden Show Contests

The Wichita Garden Show Horticulture Judging and Photo Judging information is on the web.

Horticulture Judging Contest – March 5, 2011

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=44>

Photo Judging Contest and Photography Extravaganza – March 4-5, 2011

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=191>

Additional information will be on the Wichita Garden Show site soon.

Horticulture Judging - <http://www.wichitagardenshow.com/horticulture.html>

Photography Extravaganza - <http://www.wichitagardenshow.com/photography.html>

This year registrations for the Wichita Garden Show Horticulture and Photography events will be electronically submitted by K-State Research and Extension Staff using a Google form. Registrations need to be submitted by EXTENSION STAFF only, not individual club or group leaders. This way each office will know who from their unit is participating.

Staff can refer to an e-mail from Rod Buchele on December 27, for additional information.
Hinshaw/Buchele/Neier

Kansas 4-H Vibrant Video Training Registration Continues

The second Vibrant Video training for both beginners and intermediates will be February 8-10, 2011, at Rock Springs 4-H Center. The registration cost is \$165.00 for three days, two nights including seven meals and four breaks. Patty Bean and Seth Ring from Montana State University will be the guest trainers. For more information and to register by hard copy, visit:
<http://www.northwest.ksu.edu/DesktopDefault.aspx?tabid=19>.

This second video training will allow participants the time and technical support to strengthen the video and editing skills previously learned in the February 2010 training. In addition, another basic training will allow more KSRE staff and volunteers to create effective video clips for the Kansas 4-H Program, and other KSRE program areas. Those staff members who sign up will receive additional instructions about the training as it draws closer. Registration closes January 15, 2011. For more information, contact Deryl Waldren, dwaldren@ksu.edu or Rod Buchele, rbuchele@ksu.edu.
Waldren/Buchele

Resources Available for Orienting New 4-H Families

The 4-H Marketing Action Team provided many resources to attract new families to your local 4-H program. Now is the time to focus on engaging them in the program.

One way to help orient new families is with their own newsletter. Marketing Action Team members Andrea Feldkamp, Riley County and Amy Sollock, Ford County, send a special newsletter to new families. Andrea and Amy shared their newsletters. They are available in both word and pdf on the Marketing Action Team Resources website at:
<http://www.kansas4h.org/DesktopDefault.aspx?tabid=56>

Remember that resources for new families are also available in the Strengthening Club I materials. Resources include: New Family Coordinator Position Description; Welcoming New 4-H Members; Welcoming New 4-H Members Example: Greet Sheet; 4-H Parent Interest Survey; and 4-H Parent (Home Helper) Position Description. They are available in both word and pdf on the Strengthening Club I website at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=60>

We appreciate those of you who responded to our survey to help us plan for future projects. We value your input.
Mack/Marketing Action Team

Swine Day 2011 is March 12

Please join us March 12 for the Kansas Junior Swine Producer Day at Weber Arena. This event will be a fun filled day of activities in which youth, parents, swine project leaders and adults can increase their knowledge and experience of swine production and management practices. Presentations and demonstrations by featured speaker, Al Schminke, Van Horne, Iowa, as well as K-State faculty will cover topics such as selecting your youth project, nutrition, show ring skills, and individual topics tailored to age. This highly interactive, hands-on educational event will stimulate your enthusiasm and provide a foundation in management and care for your youth swine project this coming year. Last held in 2009, over 300 participants from 39 countries attended! All participants will receive a K-State Show Pig Guide, T-shirt, and a complimentary noon lunch. Participants with registrations after March 1 cannot be guaranteed a T-shirt. Cost is \$10.00 per person by March 1, or \$15.00 per person after March 1.

All information for events with the K-State Youth Livestock Program can be found at:
www.youthlivestock.KSU.edu

March 12, 2011 Kansas Junior Swine Producer Day (attached)
March 26, 2011 Kansas Junior Meat Goat Producer Day

The K-State Youth Livestock Program now has a Facebook and Twitter account for more news/updates:

Facebook: K-State Youth Livestock Program

Twitter: @KS_YLP

Tomascik

Kansas Foster Care Resource Family Grants

Kansas 4-H Youth Development, the Kansas 4-H Foundation and Saint Francis Community Services are working together to provide funding opportunities for children and families involved with foster care.

The purpose of the Kansas 4-H Resource Family Project and Camp Grant Programs is to provide financial assistance for foster youth and their resource families who want to participate in learning opportunities available through 4-H. Kansas 4-H is open to all youth ages 7 through 18 wanting to expand their learning opportunities. 4-H focuses on developing confident, capable, caring, responsible citizens. 4-H offers a wide range of project areas that youth may learn from, ranging from agriculture to food and nutrition to aerospace and photography. Although being involved in the local club can provide an opportunity for youth to learn from each other and contribute to others through community service projects, volunteers and family support are also important elements of 4-H as volunteers and parents serve as club and project leaders that guide and mentor youth.

Family Project Grants

- o Children must enroll as 4-H members through their local extension office
- o Eligible 4-H member can only apply for one 4-H project and one 4-H camp grant per year.
- o Grant funds are for the purpose of starting or enhancing a 4-H project during the 4-H year such as purchasing a camera, craft supplies, clothing, feed, equipment, etc.
- o Eligible 4-H member may request funds for supplies and equipment needed for participating in a pet or livestock project; however, funds are not available for the purchase of pets or livestock.
- o Grant funding cannot include meal expenses.
- o Items and supplies purchased from grant funding for 4-H project become the property of the eligible 4-H member.
- o Liability, maintenance and warranty of the items and supplies purchased become the responsibility of the eligible 4-H member.

Grant application and instructions available on the Kansas 4-H Web site: www.Kansas4H.org.

Grant funds are for the purpose of starting or enhancing a 4-H project during the 4-H year such as purchasing a camera, craft supplies, clothing, feed, equipment, etc.

Van Horn

KAE4-HA Spring Conference Set for April

Please put on your calendar April 12 - 13 for our KAE4-HA Spring Professional Development Conference and Annual Meeting. It will be in Salina and be just before Spring Action Conference. Rooms will be available at the Ramada for the same rate as SAC, (\$65.00 per night). This date and location was arrived at after extensive discussion with many of you. More information will be available soon.

Buchele

[Edit](#)

Ambassadors

2011 Kansas 4-H Ambassador Training

The Kansas 4-H Ambassador Action Team invites all County/District 4-H Ambassadors and their advisors and the extension staff to the 2011 Kansas 4-H Ambassador Training, starting Friday evening February 25th at 6:30 p.m. and running through Saturday afternoon February

26th until 3:00 p.m. at Rock Springs 4-H Center. The 2011 theme is a Hawaiian focus - "Ambassadors – 'Lei' the Pathway to 4-H."

Registration cost will be \$90.00 and is due by Tuesday, February 1. Late registration will cost \$105.00 and will be accepted from February 2-7, 2011. The Kansas 4-H web site registration system will be used. Local Extension units determine who may attend this training. For final details and forms, visit the Kansas 4-H website beginning December, 20th. Visit: <http://www.kansas4h.org/DesktopDefault.aspx?tabid=29> or call Deryl Waldren at 785-462-6281 or e-mail him at: dwaldren@ksu.edu.

Waldren

Awards and Recognition

Kansas Award Portfolios - Area Screenings

January 13 - NW Area, Hays, KSRE Ag Exp Station Auditorium (Gather 9 AM, Begin 9:30)
January 14 - SE Area, Eureka, Community Building (Gather 9 AM, Begin 9:30 AM)
January 19 - NE Area, Manhattan, Pottorf Hall, CICO Park (Gather 9 AM, Begin 9:30 AM)

For more information concerning the area screenings, contact the Area 4-H Specialists in charge. Following the area screenings – the Kansas 4-H Award Portfolios (KAP), state 4-H scholarships, and 4-H Alumni applications are due IN the Department of 4-H Youth Development, KSU, no later than February 4, 2011, at 5 PM (CST)!!! Evaluations of the project KAPs, and 4-H Alumni are scheduled.

February 15 - NE Area, Manhattan, Frontier Farm Credit Administrative Building
February 16 - SE Area, Burlington, 4-H Building
February 17 - SW Area, Cimarron, Meeting Room, KSRE Office
February 18 - NW Area, Stockton, Harding Hall 4-H Building

4-H Scholarships will be evaluated on March 1, Manhattan, Frontier Farm Credit Administrative Building, on Seth Childs. Interested agents and volunteers are encouraged to send an e-mail to Mary Gehrt, mlgehart@ksu.edu or Pam Van Horn, pvanhorn@ksu.edu

Vanhorn

CHARACTER COUNTS!

CHARACTER COUNTS! Trust Involves Character and Competence

Today, I want to talk about the qualities that generate trust. I'm talking about being trustworthy, not trusting others. There's a relationship between the two concepts, but a decision to trust another is a choice, not a moral obligation. Being trustworthy is an indispensable aspect of good character. We should always act so as to be worthy of trust – not because it's wise to do so but because it's the right way to live.

Being worthy of trust entails two qualities: character and competence. The attribute we first associate with trustworthy behavior is integrity. This aspect of good character is demonstrated through scrupulous honesty and moral courage. If we want people to trust us or our organization, they must believe we will consistently do the right thing regardless of circumstances or pressures.

Other aspects of character include accountability and fairness. People trust those who accept responsibility for their choices and don't palm off blame to others. It's also important to be regarded as fundamentally fair. In business, confidence in character is not enough to justify trust. In this case, trust also involves the conviction that the person or organization will successfully do what is expected. This competency dimension embraces faith in ability, knowledge, and judgment as well as the belief that the person or organization will be reliable and responsive. Reliability is established through diligence and follow-through while responsiveness involves respectful communication and demonstrated concern. (Josephson, Michael. 7 January 2011)

Gerhard

CloverBuds

A Quick Cloverbuds Reminder

As we begin 2011...a quick reminder that as of October 1, 2009, the Kansas 4-H Cloverbuds program came into effect as the authorized 4-H education option for 5- and 6-year olds. Former programs, such as tag-alongs, mini-4-H, clover kids, cannot be recognized as 4-H Youth Development programs. Check the Kansas 4-H Cloverbuds Policies on the Kansas 4-H web site, <http://www.kansas4h.org>. The Kansas 4-H Cloverbuds may be located by clicking on programs on the left side then clicking on Cloverbuds.

Van Horn

Curriculum Corner

Curriculum Available for Download

The Project Leader brochure issuing the 360 challenge displayed in the State Fair Project Curriculum displays will soon be available for downloading for local use from the volunteer page on the state 4-H website. This idea of strongly encouraging project leaders to commit 6 sixty minute sessions would go a long way toward enhancing your local project experiences. In addition, if you check out the 4-H Publications website, you will notice that our Kansas 4-H Project Leader Notebooks are now available for free downloading one level or lesson at a time. Remember also that national project curriculum manuals are available via the K-State Extension Distribution Center or the National 4-H Mall.

Adams

Dairy

2011 State 4-H Dairy Activity Changes

The State 4-H Dairy Action Team has officially moved the Salina All Breeds Dairy Show, Judging Contest and Quiz Bowl back to August 11-13, 2011 at the Fairgrounds in Salina. The move is to avoid other dairy activities and hopefully increase participation. The schedule will include a Skillathon opportunity and swimming time at the new water park. The new schedule is:

* **Aug. 11** Animals checked in by 8pm

* **Aug. 12** Judging Contest at 8:30am with free lunch after oral reasons

Quiz Bowl at 1pm with opportunities to do dairy skillathon situations in study room between quiz bowl matches

Free swim ticket after participating in judging contest, quiz bowl and skillathon

Banquet at 6:30pm

* **Aug. 13** Fitting and Showing Classes by age groups at 8am

Breed Classes and Champions

Supreme Heifer and Cow Selections (New)

County Herd selection

Put the dates on your calendar and plan to bring all interested youth for a great dairy experience!

Adams

Dogs

Dog Judges Training Scheduled for Scott City

DOG CARE AND TRAINING -- The dog judge certification training for 2011 will be held on two weekends in Scott City. All western Kansas project leaders and older teens should consider observing the judge training to have a better understanding of what judges will be looking for at future shows.

Observer fee is only \$20 with Rule Books etc. extra. All western Kansas 4-H Dog judges that were trained more than six years ago should attend to re-certify. Training has been split with Showmanship and Agility on January 29-30 and Obedience and Rally Obedience on February 12-13. Please refer all of your older dog project members (14+), leaders and judges to the State 4-H Website: www.Kansas4-H.org under "What's Hot" for details.

Adams

FCS

State 4-H Family and Consumer Science Tour – March 26, 2011

Spend the day, March 26 exploring the treasures of southwest Kansas. Step back into time as you stroll the streets of Meade where the Dalton Gang's hideout is located. Visit a dairy to watch the cows being fed and milked. Tour a tortilla plant observing tortillas being made from start to finish. Taste the flavorful foods of the southwest plus purchase authentic baked goods from the local market.

Registration for this adventure is \$15 per person, due March 12. The tours are limited to the first 50 registrants. For those driving, the Days Inn in Liberal has a block of 12 rooms reserved under the "State FCS Conference" for \$54.00 just by calling 620-626-7377, this includes occupancy tax and a continental breakfast. A small swimming pool is available. For more information contact Christine McPheter, cmcphete@ksu.edu. The tour is sponsored by the Family and Consumer Science Action Team.

Van Horn

GPS/GIS

Identify Applicants for National and Kansas 4-H GIS-GPS Leadership Teams

Individuals who have an interest in learning and helping with the continual development of the Kansas 4-H geospatial program are being sought for the National and Kansas 4-H GIS-GPS Leadership Teams. The state team is comprised of youth (ages 13-18) and adults (volunteers, agents, educators, community partners) who have a strong desire to take an active role in supporting 4-H GIS and community mapping programs at state and local levels.

Qualifying members may also apply to serve on the National 4-H GIS-GPS Leadership Team. This team will represent Kansas at the ESRI conference in San Diego from July 7 through July 13. There is expense with this trip; however, a partial scholarship is available to assist our Kansas team.

Additional details along with state and national team applications are available by going to the State 4-H Geospace webpage: www.kansas4-H.org/geospace Applications are due Friday, January 28, 2011. Current members must reapply and be selected. Applicants will be notified in March. For any questions regarding these opportunities, please contact Beth Hecht, bhecht@ksu.edu, 913-683-9035.

Hecht

GLOBE at Night--A Citizen Science Program- Webinar Offered

Friday, February 4, 2011
10:00 a.m. - 11:00 a.m.

Go to www.kansas4-H.org/geospace for login details.

Offer your clubs, families, and other educators a great “grab & go” citizen science program. GLOBE at Night is an internet-based geospatial program in which youth and families can contribute and monitor light pollution world wide. By locating and observing specific constellations, they can learn how the lights in their community contribute to light pollution, and explore the relationship between science, technology, and their society.

This global scientific campaign lets participants submit their observations through an online database, allowing for authentic worldwide research and analysis by participating scientists This webinar will prepare you to launch the 2011 GLOBE at Night program with your local audiences.

Note: This program is time sensitive! The 2011 observation reporting time is February 21 – March 6, 2011 and March 22 – April 4. You will want your volunteers, youth and families to have the information prior these observation dates. **Hecht**

Healthy Living

4-H/KSRE Healthy Living Survey Results: Input Needed

National 4-H Headquarters has agreed to support First Lady Michelle Obama's Let's Move initiative by:

- Involving 4-Hers in the development of 2,600 school gardens across the nation
- Committing to having 250,000 4-H youth incorporate physical activity regularly into their clubs
- Helping 3 million 4-H young people develop skills to set goals for health and make healthy decisions, and
- Reaching all 6 million 4-H young people with messages that they can live healthy lives.

These admirable goals align well with the results of our recent 4-H/KSRE Healthy Living Survey. Specifically, 23 responses to the 4-H/KSRE Healthy Living Direction survey received prior to the end of 2010 showed that, of five healthy living target areas, we should focus on promoting (in order): Physical Activity, Healthy Eating, Building Positive Relationships (e.g., bullying prevention), Injury Prevention and Prevention of Substance Use (e.g., alcohol consumption) among our 4-H audiences. Some respondents suggested looking at adopting programs that encourage youth to 'get outdoors', using social media to promote health, engaging older youth through leadership of health programs and establishing a volunteer corps (e.g., Health Officer for 4-H clubs) to lead 4-H Healthy Living.

Thanks to your ideas and program recommendations we are ready to establish a 4-H Healthy Living creative group. Much like West Virginia's group that developed their 4-H Health Initiative curricula, club activity guides and health planners, our K-State 4-H Healthy Living creative group will advise on the direction and development of Healthy Living content for Kansas.

The first task of this group will be to consider adoption of the West Virginia 4-H Health Initiative program which has been offered to K-State. For a sample of the West Virginia's materials see http://4-hyd.ext.wvu.edu/learning/publications/health_initiative. Your input and advice is now needed along with your local review of West Virginia's materials.

Please let Elaine Johannes, ejohanne@ksu.edu, know by February 15 if you (or local PDC members and/or 4-H volunteers) would like to review the West Virginia 4-H Health Initiative materials, consider their adoption and suggest next steps to expand health programming in our 4-H clubs and groups.

For more information, contact Elaine Johannes, ejohanne@ksu.edu, 785-532-7720.

Johannes

Horse

Panorama (January 29-30, Rock Springs 4-H Center)

Information pertaining to the 4-H Horse Panorama is available on the 4-H website: <http://www.kansas4h.org/DesktopDefault.aspx?tabid=193>. Please note, registration closed on January 7.

Horse Action Team/Horse Board

In spring 2011, positions for the Horse Action Team and Horse Board will be re-appointed. Applications will be accepted for both groups. Updated guidelines/applications will be posted on the 4-H website by January 15. The deadline for applications will be March 15 and members will be appointed by April 15. Please see the 4-H website: <http://www.kansas4h.org/DesktopDefault.aspx?tabid=136> for information on the Horse Action Team and Horse Board.

State Horse Judging Contest

The check-in time will be from 8:30-9:00 a.m. The contest will begin at 9:00 a.m. Registration information and rules for the 2011 State 4-H Horse Judging Contest to be held on Saturday, March 26, at Ag Hall, Expo Center in Salina will be available by January 15 on the 4-H website: www.kansas4h.org/DesktopDefault.aspx

Horse Show Judge's Seminar/Certification

There will not be a 2011 Horse Show Judge's Seminar and Certification. The next Horse Show Judge's Seminar and Certification will be in 2012. All Horse Show Judges with terms expiring in 2011 will have a one year extension. Additional information on the 2012 seminar will be available on the 4-H website in the coming months.

Please contact Sarah Dick, Kansas 4-H Horse Events Coordinator: sarahdd@ksu.edu with any questions.

Dick

Horticulture

Horticulture Judging Information

The "Kansas Garden Guide" has been selected as the study material for the written portion of the Kansas 4-H horticulture judging contests for 2011-2012. Information on the sections that will be used for the exam, as well as a link to download the publication can be found on the Kansas 4-H website: www.kansas4-h.org under the Events heading; Horticulture Judging Contest. Information on registering for the Wichita Garden Show contest (March 6, 2011) will be available soon.

Marketing

Focus Energies on Keeping New 4-H Families Engaged

New 4-H families need special attention. 4-H lingo and processes can be overwhelming to them. Remind club leaders to focus energies to ensure that new families are engaged and that their questions are answered. As an example, the club new family coordinator or club leader might want to create and send a "decoder" list of terms and club procedures to the new families. This provides a heads up on upcoming happenings.

4-H Marketing Action Team members Andrea Feldkamp, Riley County and Amy Sollock, Ford County have developed newsletters that are specifically for New Families, They are available on the Marketing Resources page at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=56>. Growing 4-H entails both recruiting new members and retaining current members.

Diane Mack and Marketing Action Team Members

Photography

Opportunities in Photography

Wichita Garden Show

The annual 4-H Photography Extravaganza will be March 4th and 5th at the Wichita Garden Show. The 4-H Horticulture Judging Contest will be March 5th. With the recent staff changes, there will be some changes in the Judging Contests entry procedure. These changes will be announced soon. Contest Registrations will be due mid-February.

Some general information is available on Wichita Garden Show web site: <http://www.wichitagardenshow.com/photography.html>. The overall schedule will remain much the same as in the past. Friday evening, March 4th, photography workshops and after hours photo shoot. Saturday morning, March 5th, Horticulture Judging Contest, Photography Judging Contest, and Saturday afternoon, presentation of results and awards.

Save the dates, let everyone know and plan to be there March 4th and 5th, 2011.
Buchele/Hinshaw

New 4-H Photography Project Resource

The Kansas 4-H Photography Action Team has added an additional resource to the recommended 4-H Photography resource list. The book is; 4-H Guide Digital Photography by Daniel Johnson, published by Voyageur Press, Minneapolis, MN. Mr Johnson grew up in the 4-H Photography project and is a 4-H Photography Leader. The book is a great reference. Questions for the photography knowledge test in Kansas 4-H Photography Judging contests can be drawn from this book. The book is available from the 4-H Mall: <http://www.4-hmall.org/Catalog/SearchResults.aspx?SearchQuery=digital+photography>. The cost is \$18.99 plus shipping.

Buchele

4-H Photo Adventure Camp

Advance notice, the 16th Annual 4-H Photo Adventure Camp will be June 8 - 11, 2011 at Rock Springs 4-H Center. It will be all photography, all digital. Watch for the announcement of full information, coming shortly after the first of the year. Save the dates June 8 -11, 2011 and let folks know so they can get it on their calendars.

Buchele

Photography Opportunity

4-H has been invited to participate in the Landon Center on Aging (KU Medical Center) Images of Aging photography contest. Winning photos will receive cash prizes and be used on the Center on Aging Calendar and website. Photos are due Feb. 23, 2011. Here is the link to the rules for the contest: http://www2.kumc.edu/coa/Photo_Contest/center_on_aging_photo_contest.htm

Buchele

Positive Youth Development

Check out "Findyouthinfo.gov" website for Positive Youth Development Principals

The national government's "Findyouthinfo.gov" website is sponsored by 12 federal departments and agencies to help create, maintain and strengthen effective youth programs. The site, which was established during the former Bush administration and expanded with the Obama administration, features tools to assess community assets, youth-related news and how to locate local resources. 4-H is one of the featured positive youth development programs at: www.findyouthinfo.gov/topic_pyd.shtml

Findyouthinfo.gov also includes some "user friendly" theory and principals about positive youth development. According to the site, "When connecting youth to positive experiences, programs should include the following principles:

- * Positive youth development is an intentional process. It is about being proactive to promote protective factors in young people.
- * Positive youth development complements efforts to prevent risky behaviors and attitudes in youth, and complements efforts that work to address negative behaviors.
- * Youth assets are both acknowledged and employed youth have the capacity for positive growth and development.
- * Positive youth development enables youth to thrive and flourish in their teen years, and prepares them for a healthy, happy and safe adulthood.
- * Positive youth development involves youth as active agents. Adults may set the structure, but youth are not just the recipients of services. Youth are valued and are encouraged to bring their assets to the table. Adults and youth work in partnership.
- * Youth leadership development is a part of positive youth development, but youth aren't required to lead. Youth can attend, actively participate, contribute, or lead through positive youth development activities.
- * Positive youth development involves civic involvement and civic engagement; youth contribute through service to their communities.
- * Positive youth development involves and engages every element of the community, schools, homes, community members, and others. Young people are valued through this process.

For more information about Positive Youth Development and the state training in Advancing Youth Development (AYD) to be held on April 26 in Wichita, Ks at the Sedgwick County

Extension office, contact Elaine Johannes at ejohanne@ksu.edu or Marcia Dorvak at ejohanne@ksu.edu with the Kansas Enrichment Network.

Johannes

Shooting Sports

Upcoming Shooting Sports Events

The "On Target" newsletter will be coming soon with a lot of items for local coordinators and instructors. A few highlights are:

- * Spring Match Changes - All equipment will be checked, Safety glasses required for anyone on the firing line and a new qualifying score for state match BB gun of 300 points.
- * Instructor Workshop for 2011 will be April 1-3 at Rock Springs (No Fall workshop is planned)
- * Spring match for BB gun, Air Rifle and Air Pistol will be April 16, 2011 in Great Bend
Adams

Volunteers

Master 4-H Volunteer Training Scheduled for March

The 2011 Master 4-H Volunteer Training has been set for March 11 - 12, starting in Manhattan and moving to Rock Springs. Information on the web has been updated. To see it go to: <http://www.kansas4-h.org/DesktopDefault.aspx?tabid=62>.

On the web is:

Information Brochure

2011 Master 4-H Volunteer Application Form (NEW)

REACH (Word) (PDF) (Recruiting a Master 4-H Volunteer)

Sample Master 4-H Volunteer Position Description (Word) (PDF)

Blank Master 4-H Volunteer Position Description (Word) (PDF)

A sample newsletter article

Information letter for Agents

The Master 4-H Volunteer role provides 4-H with additional local resources. Each Master Volunteer completes a local project determined jointly with the local agent. The training provides the foundation to complete the project. The training net cost is \$80 (after \$45 in scholarships).

Registrations for the 2011 Training are due February 15th, to Master 4-H Volunteer Training, 4500 E. Mary St., Garden City KS 67846.

NCR Volunteer Forum Planning Committees

There's no place LIKE 4-H! North Central Regional Volunteer Forum, October 2012. Kansas 4-H Volunteers are excited to host the 2012 North Central Regional 4-H Volunteer Forum that will be held starting October 11, 2012 (10-11-12) at the Hyatt in Wichita, Kansas. We invite all 4-H Volunteers, 4-H teens and agents to join us in planning and conducting the Forum for the twelve

North Central states. Kansas last hosted in 1999. 4-H teens, 4-H Volunteers and agents are invited (and needed) to join NOW in the planning of this event. Check out the website: <http://4-h.k-state.edu/DesktopDefault.aspx?tabid=314> , and join us on a planning committee.

Committees are: Workshops, Registration/State Packets, Publicity/Promotion, Meals/Breaks, Technology/Audio Visual, Social Networking, Hospitality Room, Speakers/Entertainment and Budget/Finance/Fund-raising. Applications and committee roles and responsibilities are on the website. Please check out the website and get your application sent in. Applications are still being

accepted. Please share the information and opportunities with local volunteers. Your help is needed and will be greatly appreciated.

Mark the dates of October 11, 12, 13, 14, 2012 on your calendar so you may join a great group of 4-Hers, 4-H Volunteers, agents and extension personnel at the 2012 North Central Regional 4-H Volunteer Forum. --Donna Maskus, Ellis County 4-H Volunteer, Kansas 4-H Volunteer Association President, djm@eaglecom.net; and Rod Buchele, State Liaison rbuchele@ksu.edu.

National 4-H Volunteer Salute to Excellence Announcement

National 4-H Council has announced the 2011 Salute to Excellence Award application period. The National 4-H Salute to Excellence Volunteer Recognition Award recognizes 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism as both an opportunity and a privilege.

In 2011, eight regional honorees will be selected. Each region will have its own Outstanding Lifetime Volunteer and Volunteer of the Year. The eight regional winners become nominees for the national award, and one volunteer in each category will be named the national winner.

I. Selection Criteria

1. The Volunteer of the Year Award is for individuals who have served as 4-H volunteers for less than 10 years at the county or state level.

2. The Outstanding Lifetime Volunteer Award is for individuals who have served 10 or more years at the county or state level.

3. A completed nomination will consist of an overview resume of the applicant's 4-H and

relevant community volunteer experiences and three (3) letters of recommendation.

Nomination/Information package:

<http://4-h.k-state.edu/DesktopModules/ViewDocument.aspx?DocumentID=10244>

This is an outstanding opportunity to recognize our 4-H volunteers. Please consider nominating volunteers from your unit. Applications for Kansas will be due February 15th. More information on Kansas 4-H Salute to Excellence will be out shortly.

One of our Kansas 4-H Volunteers, Mary Bernhardt, Central Kansas District was named as the 2010 North Central Region Lifetime Volunteer. She was recognized at the recent North Central Regional Volunteer Forum, East Lansing, Michigan. Hopefully Kansas will have another Salute to Excellence recognition in 2011. We know we have many deserving 4-H Volunteers. Please help by nominating one of them.

Buchele

World Citizenship

Prospective Host Families' Applications Due

Families wishing to host 4-H aged youth should apply by February 15 to be considered to host Costa Rican, Norwegian or Argentinean teens. Those wishing to host Japanese or IFYE Representatives over age 19 from a variety of countries may apply a little later, but they should apply during March to have full consideration. Applications and information can be found at <http://www.Kansas4-H.org>. Go to “programs” and “world citizenship”.

Applications for hosting Kansas exchanges through States' 4-H International Exchange Programs are submitted to the national office in Seattle by March 1 where placements are made. We expect 10-15 teens from Costa Rica, Norway and Argentina and chaperones will be placed in the participating states. These families should have a host teen of the same gender and within two years of age of the international exchangee. If families are not selected for exchanges at this level, we can use the same application to place a Japanese or IFYE Representative with them if matches can be found. IFYE Representatives may be placed with families without children at home or younger children.

Contact Mary Kay Munson, Kansas 4-H International Exchange Coordinator, munson@ksbroadband.net or 785-238-3631 with questions.

Returning IFYE's Seek Opportunities to Present

All of our Kansas Outbound delegates in 2010 agreed to give a minimum number of presentations upon their return based on the length of their exchange. Amy Sents, who just returned from three months each in Germany and Switzerland is looking for audiences with whom to share her experiences and observations. She is from McPherson County and could do

presentations conveniently in that area as well as around Manhattan while she is in school there this semester. She would consider other areas as well. Amy's commitment is 50 presentations, so getting in more than one on a trip is preferred. If you can help Amy set up presentations in your area, contact her at amysents@gmail.com or 620-755-2771.

Other 2010 returnees, their host country, their home counties/current locations are as follows: (Please contact them if you can arrange an audience. Youth audiences are sought as a priority these delegates. But Amy, who will enter Vet Med in the fall, has a lot of experience with animals and production agriculture on seven or eight farms in her host countries and also learned household tasks from host homemakers.)

Chelsy Coen, Sweden—Franklin Co./Manhattan, <chelsycoen@gmail.com>
Carley Melander, Norway—Saline Co., <carleym_08@hotmail.com>
Destiny Wendland, Costa Rica—Stafford Co., <godluvsu333@yahoo.com>
Hannah Davidson, Costa Rica—Leavenworth Co., <tyhancath@hotmail.com>
Jaylon Burch, Japan—Clay Co., <jdb1992@sbcglobal.net>
Rachelle Roth, Australia—Cherokee Co., <rothfarms@ckt.net>
Samantha Gompf, Japan—Johnson Co., <samigom@aol.com>

Munson

Youth Leadership Council

Congratulations to the officers that were elected

President - Chelsey Smith - Ellis County
Vice President - Wade Gutierrez - River Valley District
Secretary - Maggie Seiler - Sedgwick County
Public Relations Director - Leigh Ann Maurath - Golden Prairie District
Hinshaw/Maass/Muir/Wiebers/Dempewolf

Registration Due Dates

Jan. 14 Dog Judge Training Registration due to State 4-H Office for
Scott City Jan.29-30
Feb. 1 Dog Judge Training Registration due to State 4-H Office for
Scott City Feb.12-13

Van Horn