

JUNE 2010 TIPSHEET

May 15 Resource Family Grant Application Due
May 15 Photo Adventure Camp Registration Due
May 24 Geology Field Trip Registrations with T-Shirt Orders
June 1 State Horse Hudging Contest Entries due
June 3 All other Geology Field Trip Registrations
July 15 Camp Counselor Recognition Due
July 15 KYLF Proposals Due
July 31 Wheat Show Registration Due
Aug 1 Proposals for Out-Of-School Program Idea Conference due
Sept 1 Shooting Sports Instructor Renewals Due

Kansas 4-H Award Portfolio (KAP) Interview(s) DVDs

As state 4-H project finalists were instructed, each will receive a personal DVD of their interview(s). The DVDs are the personal property of the finalists and they may share them with who they may. We encourage them to seek the critique of trusted adults who conduct interviews on a regular basis to receive feedback. We are busily producing these and no timeline was guaranteed for delivery; however, our student workers, especially Luke Van Skike, is pushing this effort along. We have nearly 100 DVDs to burn so we appreciate the patience of your members. We will mail them simultaneously.

[GERHARD](#)

State 4-H Program Rally

It is time to mark your calendars for the 2010 Kansas 4-H Program Rally which will be held at the Rock Springs 4-H Center on December 7-8, 2010. More information will be available this fall, for now please save the dates.

[Hinshaw](#)

2010 4-H National Youth Science Day

The third annual 4-H National Youth Science Day will be held on Wednesday, October 6, 2010. Created to combat a shortage of American young people pursuing science college majors and careers, 4-H National Youth Science Day seeks to spark an early youth interest and leadership in science. 4-H's year-round, out-of-school programming is developed by our nation's 109 Land-grant Universities and is implemented through the 3,100 local Cooperative Extension offices.

Experiment to Focus on Water Quality-- The 2010 National Science Experiment, 4-H₂O, will focus on water quality and climate change – two very important issues facing our global community. Designed by North Carolina Agricultural and Technical State University, the experiment will use a three-tiered model to engage youth of all ages to learn how carbon dioxide can affect aquatic organisms. Additional materials will be available in late May. Have a question? Email us at 4-HNYS@4-H.org.

[GERHARD](#)

Children Youth and Family Capacity Building

CYFERnet will be hosting webinars on the afternoons of September 14, 15, and 16 to enhance Extension Agents skills in working with children and their family. Each afternoon (slated for 2-4 central time) will have a different focus related to risks families are facing. Topics to be included are: what it is like to grow up poor, how the economic stress is affecting youth and their family, and cultural competencies – can they be taught and how you include them in your programming. Each of these topics will be addressed by experts in the field. Hold these times on your calendar as more information will be coming out in July.

[Fink](#)

New Kansas 4-H Vibrant Video Clip Making Training

Due to the resounding success of the first Kansas 4-H Vibrant Video training held in February 2010, a second training is being planned to allow participants the means and technical support to strengthen the skills previously learned. In addition, another basic training will allow us to train more KSRE staff and volunteers on how to create effective video clips for the Kansas 4-H Program. The dates are pending, but it is unlikely that a time can be found before February 2011.

Level 2 Training: Sixteen slots will be created in this program allowing eight teams of two to return for an advanced training from the first training. Team members planning on coming to this advanced training will need to be thinking of a 4-H video project, and then be capturing video footage this summer and fall, so that it can be edited. Cost will likely be in the \$150.00 - \$175.00 for three days, two nights including seven meals and three breaks to be held at Rock Springs 4-H Center. Patty Bean and Seth Ring, the TerraPod (Biodiversity subject matter) trainers will be invited back to assist with editing and other technical questions.

Level 1 Training: Sixteen slots would be created in this program allowing eight new teams of two to be trained. Teams would be comprised of two members to allow each participant to have more hands-on time with equipment. Participants will learn about the tools and resources for making their own video productions. Cost will likely be in the \$150.00 - \$175.00 for three days, two nights including seven meals and three breaks to be held at Rock Springs 4-H Center.

For more information, contact Deryl Waldren, dwaldren@ksu.edu or Rod Buchele, rbuchele@ksu.edu.
[Waldren/Buchele](#)

County Fair Resources

Still recruiting judges? There is a new list of fair food judges that were trained in April 2010. The list is password protected on the NE Extension Area – 4-H website. You'll need to log in before you can access it.

“Creating A Positive Experience for Youth at the County Fair” is a one page resource for fair judges highlighting the important aspects of the judging process. Judging essentials include a standard scorecard; positive, constructive and relevant comments; and awarding the ribbon that is earned. The resource should be included in the letter sent to judges with other details outlining their judging duties. It is available on the state 4-H website under What's Hot.

[Mack](#)

Kansas 4-H Alumnus Selected as Truman Scholar

Amy Sents, a McPherson county 4-H alumnus, is the recipient of one of 60 Truman scholarships in 2010. She will receive as much as \$30,000 for graduate studies toward a career in public service. "We're very pleased that Amy Sents has been selected as a Truman scholar," said K-State President Kirk Schulz. "Amy is a great representation of the caliber of K-State students."

K-State ranks first in the nation among 500 public universities, with 32 students winning Truman scholarships since the program began in 1977. Truman scholars are selected based on their commitment to public service, record of leadership and likelihood of success in graduate studies. Sents plans to obtain a doctorate of veterinary medicine and master's of public health at K-State. She then would like to work for the U.S. Department of Agriculture's Animal and Plant Health Inspection Service in veterinary services. "My parents impressed upon me from a young age the need to serve others," Sents said. "Through my activities on the farm and in 4-H and FFA, I developed a true passion for animals. Through safeguarding the health of livestock, I aspire to help make this world a safer place for everyone to live."

At K-State, Sents is the current webmaster and past vice president and secretary of Alpha of Clovia 4-H Scholarship House. She will represent Kansas as an International 4-H Youth Exchange (IFYE) delegate to Germany and Switzerland from June to December this year. Amy was named the state 4-H Horse Project winner for 2005 and recipient of the Orschlen Farm and Home and Dr. Robert A. and Vera Jean Bohannon Memorial state 4-H scholarships. She is the daughter of Allan and Deanna Sents of McPherson.

[GERHARD](#)

Out-of-School Program Idea Conference, October 4

The "Out-of-School Program Idea Conference" has been set for Tuesday October 4, 9:30 a.m.-3 p.m., at the Sedgwick County Extension Education Center, 7001 W. 21st. Street N., Wichita. The "Out-of School Program Idea Conference" provides an excellent opportunity for sharing and networking with professionals that are planning, organizing and facilitating educational activities for out-of-school youth participants. This one-day event highlights hands-on curricula that easily adapts for any out-of-school setting whether its an organized afterschool program, camp setting or summer recreation. Idea sharing with other youth serving professionals is an added benefit.

Call for Proposals

The Out-of-School Program Idea Conference is searching for action-oriented, fun, educational programs and activities that promote hands-on learning for youth. We are looking for seminars and educational displays for curricula and resources that inspire youth to become active learners and can be easily adapted to out-of-school settings. Each seminar lasts approximately 50 minutes. The target audience is out-of-school providers from before or after school, summer recreation, community-based, faith-based and/or extension education programs. Out-of-School Program Idea Conference seminars **MUST** be hands-on and interactive, and should provide participants with all the information they need to acquire and use the program in their out-of-school setting. Educational displays will be set up all day for viewing by participants. They do **NOT** need to be staffed, but can be if you choose. Educational displays should highlight resources that can enhance out-of-school programming and/or hands-on learning. Each educational display will receive one 8' table and two chairs. Please submit your seminar and/or educational display proposal by August 1, 2010 to Pam Van Horn, Kansas State University, Manhattan, KS 66506 or e-mail to pvanhorn@ksu.edu. Proposal found at <http://www.kansas4h.org/DesktopDefault.aspx> under What's Hot!

[Van Horn](#)

Fall 4-H Membership Campaign

The 4-H Marketing Action Team is developing a "JOIN 4-H" membership campaign for this fall. The pieces are colorful and "kid friendly". The target market includes 7-11 year olds and their parents. While fall seems a long way off, if you want to have a membership drive for 4-H, NOW is the time to start planning. Schools often have "back to school" events, open houses, and other events in August. Many parents make decisions at that time about what youth development programs they will be joining. If we wait to promote 4-H until October and Kansas 4-H Week, it's often too late.

The Kansas 4-H Foundation is providing grant dollars to help support the development of a 4-H promotional PSA. These grant dollars, along with your local office donations, will be used to produce an animated video public service announcement/commercial that will catch people's attention, promote the benefits of 4-H and direct people to a web site for more information about joining 4-H.

Campaign items currently available include:

- Full Color poster for Kids
- Full Color poster for Parents
- Full Color brochure for parents briefly highlighting the benefits of 4-H
- Full Color newspaper ad
- Black and White newspaper ad
- Campaign tag lines for youth and adult audiences

Campaign items available August 1:

- Promotional video PSA
- Join 4-H Website

To view all new items go to the 4-H Marketing Action Team resource page at

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=56>

4-H Marketing Action Team members - [Mack](#), Besthorn, Milliman, Pihl, Schmidt, Taylor, and Woods.

Camp

Summer Camp is Here!!

As you prepare for those last minute 4-H camp details...here are a few things to remember:

4-H Camp Web Page

Check out the great resource on the web site at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=17> for ideas to use at 4-H Camp. You'll find graphics, songs, and resource links that can provide some assistance. Thanks to the 4-H Camp Action Team for these additional creative resources.

[Van Horn](#)

Camp Counselor Recognition

Farm Bureau is again sponsoring the Camp Counselor Recognition! Each 4-H Camp Group is asked to complete the camp counselor recognition form found at

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=17> under Counselor Recognition and submit Camp Counselor's names to the State 4-H Office by July 15. Certificates will be available at the Kansas State Fair.
[Van Horn](#)

2011 4-H Journal Camping Issue

Camp Season has arrived! While you're hiking the Rock Springs' trails or backpacking Pecos : Wilderness remember to take photos, keep a journal or remember the "good" stuff to share by sending your memories to Robyn Deines, Walnut Creek District, rdeines@ksu.edu, following this year's 4-H Camp. The Camp Action Team needs photos, stories, quotes and camp traditions for the 2011 4-H Journal's February Camping issue. Suggested items include:

- Action photos from camp. 4-H Campers love to see themselves in the Kansas 4-H Journal.
- Quotes from campers, counselors, agents and parents. If you get something great, please share it...ideas...“how much fun”, “how my son/daughter changed while at camp”, and “an experience that changed how I do things”!
- Camp promotional flyers and letters sent to campers. Ideas for promoting camp are always beneficial.
- Other camps conducted in the Extension Unit...day camps, junior leaders' camp or local specialized camps.

Please share as the Camp Action Team is interested in promoting all camps!

[Van Horn](#)

Camp Table Displays

The 4-H Camp Action Team has prepared table displays for Living Group assignments for Dining Room Tables. The displays are dowel rods and clothes pins. Each living group will have a laminated sign made of cardstock using the theme graphics. Table displays will be at Rock Springs.

[Van Horn](#)

CHARACTER COUNTS!

It's Not Easy

Let's be honest. Ethics isn't for wimps. It's not easy being a good person. It's not easy to be honest when it might be costly, to play fair when others cheat, or to keep inconvenient promises. It's not easy to stand up for our beliefs and still respect differing viewpoints. It's not easy to control powerful impulses, to be accountable for our attitudes and actions, to tackle unpleasant tasks, or to sacrifice the now for later. It's not easy to bear criticism and learn from it without getting angry, to take advice, or to admit error. It's not easy to feel genuine remorse and apologize sincerely or to accept apologies graciously and truly forgive. It's not easy to stop feeling like a victim, to resist cynicism, or to make the best of every situation. It's not easy to be consistently kind, to think of others first, to judge generously, or to give the benefit of the doubt. It's not easy to be grateful or to give without concern for reward or gratitude. It's not easy to fail and still keep trying, to learn from failure, to risk failing again, to start over, to lose with grace, or to be glad of another's success. It's not easy to look at ourselves honestly and be accountable, to avoid excuses and rationalizations, or to resist temptations. No, being a person of character isn't easy. That's why it's such a lofty goal and an admirable achievement. (Michael Josephson, May 10, 2010)

[GERHARD](#)

CloverBuds

4-H Cloverbuds Training

Adventuresome, energetic, fun-loving, and sensitive are just a few of the characteristics of 5 and 6 year olds. Creating a youth development program to match the high energy level, attention spans, and cooperative needs of this age group can be fun and rewarding. Come participate in this hands-on Kansas 4-H Cloverbuds training and explore how 4-H Cloverbuds can add fun and excitement for 5 and 6 year olds on Thursday, August 19, 9:30 a.m. – 3 p.m., Rock Springs 4-H Center. Come learn more about the Kansas 4-H authorized educational option for 5 and 6 year olds. Registration available on-line at <http://www.kansas4h.org/DesktopDefault.aspx>.

Upon completion of training each extension unit will receive a free copy of the curriculum. The 4-H Cloverbuds Training Team will offer an opportunity for extension agents, volunteers and teens to receive hands-on training. For more information contact Pam at pvanhorn@ksu.edu.

[Van Horn](#)

4-H Cloverbuds - June - Safe at Home

Summer Vacation is coming quickly and the 4-H Cloverbuds' lesson Safe at Home might provide a terrific opportunity for 5- and 6- year olds to learn new person preparedness skills as children make daily choices that affect their safety and well being. Help the 4-H Cloverbuds learn the importance of knowing their names, addresses, and telephone numbers and how to recognize potential dangers at home or at play.

Objectives for 4-H Cloverbuds

- Understand the importance of following safety rules and guidelines at home; and
- Be aware of safety hazards in the home.

Life skill development for 4-H Cloverbuds:

- Social skill learned through group discussion, games and role playing;
- Decision making opportunities provided through games;
- Fine motor skills enhanced through using markers and scissors;
- Large motor skills fostered through participation in games.

Smoke Alarms

Materials: A smoke alarm with batteries, candle and matches.

Show the children the smoke alarm. Ask if anyone knows what it is. See how many children have them in their homes. Demonstrate how the smoke alarm works. Warn the children to be prepared for a loud noise. Light the candle and then blow it out, letting the smoke reach the smoke alarm. When the alert sounds, turn it off and ask the children what they should do when they hear a smoke alarm go off. Discuss when it is appropriate to call 9-1-1.

Application: Ask the children to see if they have a smoke alarm at home. Encourage those who don't have one to tell their parents how important it is to have one or one that works. Have them look at school and other public buildings for other kinds of equipment or alarms used for fire safety.

Additional Option: Invite a local fireman to visit the 4-H Cloverbuds.

For detailed information checkout the Safe at Home lesson available in the 4-H Cloverbuds Curriculum. The curriculum targets Healthy Living.

Activities available for 4-H Cloverbuds:

- 1) "Address and Telephone Numbers"
- 2) "I Know My Address"
- 3) "I Know My Telephone Number"
- 4) "Lost Child Game"
- 5) "Fire Safety With Simon: True or False"
- 6) "Smoke Alarms"
- 7) "Stop, Drop and Roll"
- 8) "Poisons Make You Sick"
- 9) "What Would You Do If ..."
- 10) "Safety First!"

[Van Horn](#)

Curriculum Corner

National 4-H is conducting a survey to learn more about how 4-H curriculum is used across the country. Our state has been invited to have a select number of people complete this survey. I would like to invite you, as someone who uses 4-H curriculum on a regular basis, to complete this survey. The entire survey has been designed to be quick and easy - consisting of only eleven multiple choice questions. The results of this survey will be used to help determine how educational materials are prioritized on the national level. Your survey responses will remain confidential.

I encourage you to take a few minutes (about 15 is all you need) and complete this survey. It is important that the opinions of our state are included. The survey will be open until May 28 but do it today!

Here is the link to the survey: <http://www.surveymonkey.com/s/4-HCurriculumUserSurvey>

We particularly need people who are using After School programs or School Enrichment materials. Thank you for helping our 4-H Youth Development Program, by making sure our voice is heard!

[Adams](#)

Dairy

DAIRY PROJECT -- The All Breeds Junior Dairy Show and State 4-H Dairy Judging Contest and Quiz Bowl will be in Salina July 1-3, 2010. All pre-entries will be due a few days in advance. Judging contest and quiz bowl will be July 2 with the show on July 3. Watch for details soon to be posted on the State 4-H website.

[Adams](#)

FCS

4-H FCS Project Meeting Ideas

Members of the 4-H FCS Action Team have put together the Project Meeting Ideas for 2009-2010 4-H Club Year. Project leaders can help 4-H members learn about topics that will be included in this year's 4-H Family and Consumer Science Kansas State Fair Contest. The 4-H FCS Action Team website provides the topic area and educational fact sheets, take a look. <http://4-h.k-state.edu/DesktopDefault.aspx?tabid=134>

[Fink](#)

GPS/GIS

Judging 4-H Geospace Exhibits

4-H GIS GPS classes will be offered at this year's Kansas State Fair. This will include 4-H Community Mapping projects and geocache boxes. If these classes did not get listed in your county fair book but you do have youth enrolled in the project who would like to exhibit, please notify Beth Hecht. In order for these youth to exhibit their 4-H GIS GPS projects at the State Fair they "must have qualified through a county, district or other competitive event or be approved by the local K-State Research and Extension Office." (KS 4-H and FFA Rules, under Eligibility). Hecht will help you identify a qualified judge to evaluate the geospace entries, whether it's during your county fair or elsewhere. Hecht can be contacted at bhecht@ksu.edu or 913.683.9035
[Hecht](#)

National 4-H GIS GPS Team

Marshall County 4-H Teen, Tracy Schmitz, and Kansas 4-H Associate Specialist, Beth Hecht, have been selected to represent Kansas on the 2010-2011 National 4-H GIS GPS Leadership Team. They will both travel to San Diego in July to participate in the ESRI User Conference and complete a national 4-H GIS service learning project. During the conference, they will get to share slides depicting Kansas 4-H GIS/GPS activities with GIS professionals from around the globe. If you have pictures, GIS maps and/or any projects related to 4-H GIS GPS activities in your county, please touch base with Beth. Look for Tracy and Beth to bring exciting geospatial ideas back to Kansas 4-H!
[Hecht](#)

GPS Training Resources

Whether you're shopping for GPS units or wanting to download waypoints, helpful GPS resources are available at <http://www.kansas4-H.org/DesktopDefault.aspx?tabid=303>. While there check out the link to Youth Favorite Places – a great beginners GIS project to make available to your 4-H members.
[Hecht](#)

Geology

FIELD TRIPS

The State 4-H Geology Field trips will be held June 11-13, 2010. The trips are planned and conducted by the Geology Action Team. Trips this year will again be in Southeast Kansas at the Labette County High School in Altamont and in Southwest Kansas at the Minneola High School. Registration details are on the State 4-H website under "What's Hot". Registrations with T-Shirt orders are due May 24 and all other registrations are due by June 3 with payment to "Kansas 4-H Geology Group" and mailed to Dave Goldak, 1303 East Highway 54, Andover, Kansas 67002-7876.

[Adams](#)

Healthy Living

Summer is Perfect for "Green Gyms"!

Our nation's newly released National Physical Activity Plan <www.physicalactivityplan.org/index.htm> is filled with ideas to get us all up-and-active, and one of those ideas is to develop local "green gyms". Green gyms provide an alternative to conventional gyms by giving people the opportunity to burn off calories and improve their mental and physical wellbeing, while working in the outdoors. Originating in the United Kingdom, green gyms are comprised of groups that organize weekend excursions and weekday adventures to do community gardening, plant trees, improve parks or maintain trails. Green gyms are not only great for physical activity, but they also promote youth-adult partnerships and citizenship. Check out the Green Gym YouTube video from the UK (neat accents!) at: www.youtube.com/watch?v=WZ81ToYh3Cc&cc=1

Don't forget that June 5 is National Trails Day!

[Johannes](#)

Horse

State 4-H Horse Judging Contest

Registration information and rules for the 2010 State 4-H Horse Judging Contest to be held on Tuesday, June 22, at the CiCo Park in Manhattan is available on the 4-H website (<http://www.kansas4h.org/DesktopDefault.aspx?tabid=43>).

Check-in time is from 8:30- 9:00 A.M. The Contest will begin at 9:00 A.M.

Lunch will be provided for the Intermediate and Senior contestants. At the completion of the judging portion of the contest, the Beginner contestants will be dismissed. The Intermediates and Seniors will eat under supervision.

Registration costs are as follows:

Senior (14-18)/Intermediate (9-13): \$12.00 (Intermediate/Senior meal included in cost)

Beginner (7-18): \$5.00.

Entries and required 4-H Participation Forms are due by 5:00 P.M., June 1, 2010 to the State 4-H Office.

ATTENTION: 4-H Horse Judging Contest, 201 Umberger Hall, Manhattan, KS 66506. Please make checks payable to: Kansas 4-H Foundation.

[Dick](#)

Horticulture

2010 State Horticulture Judging Contest

The State Horticulture Judging Contest will be Saturday August 21, 2010 on the K-State Campus. More information will be available this summer.

[Hinshaw/Neier](#)

KYLF

Kansas Youth Leadership Forum Presenters Needed

It is nearly time to recruit instructors/presenters for the 11th Annual Kansas Youth Leadership Forum to be held November 19-21 at Rock Springs 4-H Center. This conference, designed for youth, ages 14-18, will include speakers, workshops, consulting groups and the election of the 2011 Kansas State 4-H Youth Leadership Council. We will soon be recruiting proposals for workshop session instructors/presenters. Topics should center on leadership. Some ideas might include, but are not limited to, community service, citizenship, communications, conflict management, ethics, motivation, decision making, leading by example, time management, international citizenship, multi-cultural studies, diversity, business etiquette and getting involved after high school. The Kansas State 4-H Youth Council members hope that you (or one of your volunteers) will be interested in sharing your expertise or talent with this opportunity.

The letter and proposal form will be sent on the counties listserv in early June and then will also be on the KYLF web page. Proposals are due to the State 4-H office by July 15. Questions can be directed to Beth Hinshaw, bhinshaw@ksu.edu
[Hinshaw](#)/Alex Spence

Photography

2010 KSF Photo Resources

The 2010 State Fair photo exhibit, Photography Judging Contest and Family Photo Fun Day resources have been posted on our State 4-H Website <http://4-h.k-state.edu/DesktopDefault.aspx?tabid=46>
Scroll down to last third of the page for the resources.

[Buchele](#)

State Fair Photo Display Bags

If wish to order plastic bags used for the photography exhibits at the State Fair, they are available from Clearbags.com. The bags used at the fair are number B11. An alternative bag is the HB11, this bag has a built-in Hanger.

[Buchele](#)

Photography "Explorer of Light" Seminar

4-H has been invited to the Canon "Explorer of Light" Seminar featuring: GEORGE LEPP. The seminar is hosted by the Central Kansas Photography Club, June 26th, Great Bend. For the information flyer, see:

<http://www.kansas4-h.org/DesktopModules/ViewDocument.aspx?DocumentID=8676>

[Buchele](#)

Photo Judging Training kits

The Photo Action team has two Photo Judging training kits available for loan to Extension Units to help train Photo Judging teams. To borrow a kit, please contact Rod Buchele at the Southwest Area Office, rbuchele@ksu.edu. The only cost is the shipping.
[Buchele](#)

Last Call for Photo Camp registrations.

Registrations for the 2010 Photo Adventure Camp are due now! Please check around to be sure your folks who want to attend have registered. Photo camp is a great experience. For information and the registration form, go to: <http://www.kansas4-h.org/DesktopDefault.aspx?tabid=191>

4-H Photo Adventure Camp is June 27-30, 2010 at Rock Springs 4-H Center. Photo Adventure Camp 2010 – Jump Into the Lion’s Den” is the theme of camp. Registrations are limited and due by May 15, 2010. Cost is \$165. Call me if you have questions.

[Buchele](#)

Save the date, Adult Photo Weekend at Rock Springs

The Photo Acton Team will be sponsoring a Photo Weekend at Rock Springs, October 15 - 17, 2010. More information will be available soon. For now, please save the dates.

[Buchele](#)

Camera Corps registration Closed

Registration for the 2010 4-H Camera Corp is now closed. Kansas has had a great enrollment, in fact we exceeded our allocated slots. Great job team.

[Buchele](#)

Positive Youth Development

Eight Essential Elements of Positive Youth Development: Element 1

The National 4-H Essential Elements curriculum team encourages everyone who works with youth to be intentional about their efforts to infuse their programs, events and youth partnerships with elements of positive youth development. If adult leaders, volunteers and staff build each of these elements into their programs then youth are more likely to stay engaged in those programs, and thus, will have more opportunities to master the knowledge and skills that those programs offer.

Scaffolding a solid positive youth development program begins with:

1. A Positive Relationship with a Caring Adult

A caring adult acts as an advisor, guide and mentor. The adult helps set boundaries and expectations for young people. The adult could be called supporter, friend, coach or advocate. Research has shown that such relationships can act as a protective factor against other potential problem behaviors.

Dig Deeper -

Evaluate your program for evidence of the essential elements of positive youth development programs by referring to the Essential Elements Program Checklist in the Appendix which is on page 103 of the web-based curriculum.

Explore strategies for deliberate and intentional ways to incorporate the essential elements through the web-based curriculum at: <http://4-h.org/resources/staff/essentialelements.html>

[Johannes](#)

Shooting Sports

The Shooting Sports Action Team trained 52 new instructors and coordinators at Rock Springs on April 30-May 2. They will conduct another Instructor training workshop in Larned August 27-29, 2010. A good time to recruit a new volunteer coordinator and an instructor or two so that your local 4-H Shooting Sports program will be ready to begin this fall. Other upcoming State Matches to watch for are:

Oct. 2, 2010 -- Capital City Gun Club in Topeka, state match for archery, small bore and muzzle loading.

Oct. 9, 2010 -- Hays City Gun Club, state match for shotgun and hunting skills.

[Adams](#)

Volunteers

North Central Regional Volunteer Forum

October 7 to 10, 2010, will be the next North Central Regional Volunteer Forum. The theme is “Heads On! Hands On!”. Michigan 4-H Youth Development is the host. Registration is planned to open June 1, early bird registration will close August 15.

The North Central Region 4-H Volunteer Forum is a great opportunity for Extension staff and 4-H volunteers (adult and youth) to:

- Gain knowledge and insight.
- Learn new teaching skills to take home and share within their 4-H clubs.
- Develop healthy youth and adult educational partnerships.
- Have a great time making new 4-H friends and exchanging ideas

For more information, go to: <http://web1.msue.msu.edu/cyf/youth/ncr4hvf/index.html>

Kansas will be hosting the 2012 North Central Regional Volunteer Forum. We want a good delegation to attend the Michigan Forum to promote our 2012 Forum.

[Buchele](#)

Kansas Extension Conference on Volunteerism

Mark your calendars and save November 9 - 10, 2010 for the next Kansas Extension Conference on Volunteerism. The theme of the conference will be “Engaging Volunteers in New Ways”. The conference will include a focus on Engaging Volunteers in Districts and large programs. The conference is for all Extension personnel who work with volunteers, in any geographic area and any subject matter area. The conference is co-sponsored by an ESP program grant and the Volunteer Development Program Focus Team. Hold the dates!

[Buchele](#)

Insurance coverage for Volunteers

The question has been asked "What coverage is there for our 4-H Volunteers?". The short answer is "What ever coverage the local Extension Unit Board provides." There is no state provided coverage for 4-H Volunteers. Volunteers serve at the request of and represent the local Extension Unit Board, therefore the local Board is responsible for providing coverage, (according to our University attorney's opinion). If you would like to discuss coverage, please give me a call.

[Buchele](#)

VIP Update and new resource

We are pleased to report we have passed 700 enrollment in the online 4-H VIP Orientation class on K-State Online. If you have not looked at it or tried it, we encourage you to. To get enrolled, send your name and email address to ks4-hvip@ksu.edu. We will enroll you in the course and send you directions on how to take and complete the course (it usually takes about an hour and a half).

Something new..... We have posted the procedure for an Extension Unit to check the progress/completion of the online orientation for any of their volunteers. It is on the VIP Resources page: <http://www.kansas4-h.org/DesktopDefault.aspx?tabid=189>, in the password protected Staff Resources section. To check requires the eid and password of the volunteer. That information is sent to the local office when the volunteer is enrolled (as a cc of the instructions message to the volunteer). You must retain that information to be able to check their progress/completion.

[Buchele](#)

Everyone Ready Online Volunteer Management training

The current topic for Everyone Ready is the self instruction guide and discussion board on "Risk Management Issues and Insurance for Involving Volunteers", To access the topic or sign up go to: <http://nextgeneration.4-h.org/volunteerism/> The next topic starting May 17 will be the online seminar "The Power of Integrating Volunteers Throughout the Organization" by Martin Cowling. I have heard Martin speak -- he is very knowledgeable and a great presenter.

[Buchele](#)

Volunteers need VIP for Camp

As we are planning and staffing our summer camps, now is the time to be proactive in making sure all adults staying overnight in camp are VIP registered. Episodic volunteers coming in for the day or part day, do not need to be VIP registered. However, we do suggest that a VIP registered person be with the groups with the episodic volunteers.

Teens in leadership roles (counselors) are to be VIP registered. For teen counselors, the counselor training serves to fulfill the VIP Orientation requirement.

[Buchele](#)

Wheat



2010 Kansas 4-H & FFA State Wheat Show in Larned

Kansas is famous for its golden wheat fields all across Kansas. Families have been participating with the Kansas 4-H and FFA State Wheat Show for decades. Join us in Larned on Friday, August 6th from 8:30 a.m. – 2:30 p.m. at the J. A. Haas Building on the Pawnee County Fairgrounds in Larned. The wheat show is open to all 4-H and FFA members, family members, 4-H leaders, Extension staff and Vocational Agriculture staff.

There will be nine divisions open to youth members with cash prizes and ribbons awarded. Wheat divisions include: (1) 1 lb. bin run for crops members; **or** (2) 1 lb. bin run for “adopt a producer”; Participants may pick division 1 or division 2, but not both. **(All wheat samples are due to K-State on July 16 so testing can be completed).**

Other divisions open are: (3) 1 quart jar sample of cleaned wheat; (4) loaf of yeast bread, any kind with wheat flour as a major ingredient; (5) four standard sized cookies, any kind with wheat flour as a major ingredient; (6) photography contest of wheat-related photos; (7) wheat centerpiece contest; (8) **(New in 2010)** wheat educational posters (22” X 28”); and (9) a Cloverbuds division for 5-6-year-olds awarding participation ribbons. Participants will pick one of two tours: 1. Fort Larned National Historical Site – with nine restored buildings, the FLNHS gives you a chance to experience military life on the Santa Fe Trail; or 2. Combined Tour of *Bert and Wetta Alfalfa Mill* that makes products for human consumption; *Pawnee County Co-op* – one of the largest and more progressive cooperatives handling large volumes of grain; and *Ward Feed Yard* – a progressive feed yard that has developed a unique way to control dust from moving into town.

There is no registration cost. Pre-registration is required for an accurate meal count and for tour divisions by July 31st on the Kansas 4-H web site registration system, www.kansas4-h.org. Registration begins by June 1st by clicking on “Register for 4-H Events, and Kansas 4-H & FFA State Wheat Show.” For those with no computer connections, contact Rodney Wallace at Pawnee County Extension for a food count on July 30th at 620-285-6901. For more information, contact Deryl Waldren at 785-462-6281 or e-mail him at: dwaldren@ksu.edu.

[Waldren](#)

Kansas 4-H and FFA Wheat Variety Plot Enrollment

As wheat harvest approaches it is time to remind members to re-enroll or ask new members to enroll for the 2011 Kansas 4-H and FFA Wheat Variety Plot program. The program begins fall of 2010 and goes through September 2011. The enrollment form will be on the Kansas State 4-H Website, www.kansas4-H.org by June 1 under "What's Hot" rather than the Northwest Research Extension site. Members are asked to contact their local Extension Office by July 10 for information with enrollments due to the Northwest Area Extension Office by July 23, 2010. It is very important that we know the number of participants early, so we can have enough seed and metal signs available for Extension agents and leaders to pick up at the Kansas State Fair. New participants will receive a large plot sign, and five individual variety signs. These will be distributed on Friday, September 10th at the 2010 Kansas State Fair.

Resource information for the wheat variety project includes: (1) Wheat Variety Plot Brochure, 4-H 565 Rev., April 2000,) (2) Wheat Variety Plot--Youth Participant Handbook, 4-H 566, Aug. 1996, and (3) 4-H Wheat Variety Plot Record, P1099. To download these files, visit: <http://www.kansas4-h.org/DesktopDefault.aspx?tabid=297>. This year's participants who are getting ready to harvest their plots should be planning their county fair display for possible qualifying for the Kansas State Fair entry in the

Showcase Building. For more information, contact Deryl Waldren at 785-462-6281 or e-mail dwaldren@ksu.edu.

[Waldren](#)

World Citizenship

Host Families Still Needed for 4-H International Exchanges

Thank you to the agents who have helped locate families to host 4-H Exchangees this summer and fall and who are helping complete In Home Interviews. We now have three of our summer exchanges covered. We still need three families for a 25 year old male volunteer representing Taiwan 4-H. Following is some bio information on **Ying-Yu (Annca) Chen**. He is from a small farm in Taichung county where his mother works for the Farmers Association and his father works in telecommunications. He has a BA degree in Foreign Language (English and Japanese) and is now a graduate student and wants to advise farmers to update farming methods. He likes music, reading, watching t.v., and walking. He has been a 4-H member and leader since 2002 and would like to learn about our 4-H activities, culture and community life. We would like to place him with families for 2 weeks each beginning June 23 and running until about August 1.

At least two families each are also needed for two-three week periods from September 19 to December 6/7 for three girls. They were described in April and May's Tip Sheets. Their names, ages, organizations they represent, open dates and brief descriptions follow:

Maria Eklund (19) Swedish 4H, needs families for November 5/6-November 19 and November 19-December 6. She is active in 4H and has worked on 4H farms in the Stockholm area. She's on 4-H committees and wants to learn about 4-H here as well and our agriculture and culture. Her hobbies include music, handicrafts/ pottery and animals.

Emma Hedin (25) Swedish 4H, needs families for October 31- November 19 and November 21-December 6. She is active in 4H and serves on the regional board and wants to observe differences and similarities between our 4-H and theirs to take back to Sweden. She is from a small farm in the Gottenborg area and has a degree in Medical Physics, now working as a research assistant there. Her hobbies are horses, playing flute, singing and working with 4H.

Caroline Eggenschwiler (20) Swiss IFYE needs a family for October 10-31. She is from the French-speaking area of Switzerland (Lausanne) and speaks French, German and English. She plans to work in the hospitality industry, but she would like to learn about rural life and culture in the US. Her leisure interests include sports, listening to music, reading and learning languages.

If you have families who could host when school is in session and help these young exchangees learn about 4-H and our culture, please contact Mary Kay Munson at 785-238-3631 or munson@ksbroadband.net. They would be able to visit school classes, but they don't enroll as students. All have completed high school.

[Munson](#)

Kansas Outbound Delegates Depart for Host Countries

All Kansas 4-H Exchange delegates are scheduled to depart in June except the one who is going to Japan on the four-week exchange, Jaylon Burch, Clay County, who departs July 7. Other programs and their departure dates are as follows:

Japan 8-week (Nihongo) Exchange: Samantha Gompf, Johnson--June 10

Australia: Rachelle Roth, Cherokee--June 16

IFYE Representatives to Sweden: Chelsy Coen, Franklin--June 17; and **IFYE Representative to Germany/Switzerland:** Amy Sents, McPherson—June 18

Costa Rica: Hannah Davidson, Leavenworth; Stetson Honig, Stevens; Destiny Wendland, Stafford-- June 19

Norway: Carley Melander, Salina--June 30

[Munson](#)

Start Planning Today! Summer 2011 4-H Japan Inbound Exchange

Help make the world seem a little smaller by inviting 5 to 6 Japanese students to stay with 4-H families in your Extension Unit for one month during the summer of 2011. Your 4-H'ers will make friendships that will last a lifetime. Now is the time to consider becoming a part of this fantastic world citizenship opportunity. Youth and their adult chaperones arrive in Kansas approximately July 20 and stay for four weeks. You don't have to decide today, final commitments aren't due until September 2010. But if you're curious as to what is involved, would like to shadow the arrival orientation at Rock Springs 4-H Center, or visit a mid-term activity near you, the summer of 2010 is the perfect chance to find out if this is a way to strengthen your 4-H citizenship programming. Kansas 4-H has hosted Japanese LABO and LEX Foundation students and staff since 1977. Three chaperones and 26 young people in their teens will be staying in the following Extension Units: River Valley District -Clay Center, Central Kansas District-Salina, Phillips-Rooks District-Phillipsburg), Miami, Finney, Butler, and Marion. If you have questions about possibly becoming involved next year, contact Rose Scott, the 4-H Japan Inbound Exchange Coordinator at (785) 388-2009 or myself at (785) 462-6281 or e-mail dwaldren@ksu.edu.

[Waldren](#)

2010 Kansas 4-H International Delegates Oriented

The 2010 Kansas International 4-H Youth Exchange (IFYE) Orientation was held at Rock Springs 4-H Center, February 26-27 and the annual IFYE spring get together was held following the orientation. Over 50 participated in the annual orientation and get together. Ten teens and young adults were oriented before their upcoming Kansas 4-H Exchange in summer 2010. Special thanks to those who helped organize and train at the orientation and spring get together: Mary Kay Munson, Marj Loyd, Jennifer Pfortmiller, Bev Greenwood, and Jeannie Traskowsky.

IFYE (International Four-H Youth Exchange) Representatives

Amy Sents – Germany and Switzerland for 6 months (McPherson)

Chelsy Coen – Sweden for 2 months (Franklin)

Carolyn Gehrke – Germany for 3 months (Illinois)

Outbound Kansas 4-H Exchange Delegates (4 weeks)

Hannah Davidson – Costa Rica (Leavenworth)

Destiny Wendland – Costa Rica (Stafford)

Stetson Honig – Costa Rica (Stevens)

Carley Melander – Norway (Central Kansas District - Salina)

Rachelle Roth – Australia (Cherokee)

Kansas 4-H/Japanese Exchange Program (4 weeks)

Samantha Gompf (Johnson)

Jaylon Burch (River Valley District –Clay Center)

[Waldren](#)