

# November 2009 Kansas 4-H Tip Sheet

## Deadlines:

- Oct 15 Registrations for KS 4-H Volunteer Forum Due
- Oct 15 Registration for KYLF Due
- Oct 15 KS Youth Leadership Council Applications Due
- Oct 16 Dog Conference On-line Registrations due
- Nov 1 National Camping Institute Scholarship Applications Due
- Nov 2 Applications due for Outbound 4-H International Exchanges—After that date, contact Mary Kay Munson
- Nov 15 Kansas PRIDE Grant Proposals due
- Nov 20 National Western Stock Show Catch A Calf Applications Due
- Dec 1 International Exchange Chaperone Applications Due
- Dec 1 Camp Action Team Applications Due
- Dec 1 Volunteer Salute to Excellence Nominations Due
- Dec 18 National 4-H Camping Institute Registrations Due

## ACCESS 4-H Introduction

On Friday, November 6 at 10:00am there will be an introduction to the ACCESS 4-H Online Enrollment system. This system is expected to be the replacement for Blue Ribbon Youth Enrollment.

This 2 hour webinar will be led by National 4-H Council staff who have been responsible for the programming, development and implementation of ACCESS 4-H. This web-based enrollment system was piloted in Oregon during the 2008-2009 program year and currently has 20 other states coming on board.

To participate in this introduction, go to:

<http://nationalfourhcouncil.na3.acrobat.com/ks/>

For audio, join in the conference call by phone at:

Conference Number: 866-910-4857

Participant Code: 849453

In the weeks following this initial preview, Kansas Extension staff will have the opportunity to volunteer to pilot ACCESS 4-H in their Extension units. Based on acceptable experiences in the pilot process, all Kansas Extension Units will be using ACCESS 4-H beginning with the fall 2010 enrollment season

Training will be provided throughout the coming year using: face-to-face sessions in various locations around the state, Adobe Connect Sessions, and recorded video training. On-going training opportunities will also be provided as new Extension staff come on board.

[Wiebers](#)

## “4-H Programming In a District – Best Management Practices” Resource Available

To help those of you discussing Districting, there is a “4-H Programming in a District, Best Management Practices” resource. It can be found under staff resources on the State 4-H website at:

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=28>

These best management practices were reviewed and updated last January by agents currently leading 4-H Youth Development programming efforts in districts.

[Mack](#)

## 4-H Participation Forms

The new 4-H year is underway...Enrollment Forms along with the Kansas 4-H Participation Forms are coming into the Extension Offices. Take a moment to review the youth forms for completeness to avoid risks later.

Important information needed.

- \* **Date of birth and age.**
- \* **Primary Emergency Contact**, the parent or guardian.
- \* **County/District** where the 4-Her is enrolled.
- \* **Home Address** the 4-Her's primary mailing address.
- \* **E-mail** optional but used for activity coordination.
- \* **Alternate Emergency Contact** someone other than the primary emergency contact with a phone number.
- \* **Family Doctor** along with the phone number.
- \* **Health Insurance Company, Policy number, name of insured and relationship with the participant.**  
(Please note if insurance is unavailable complete the space with N/A.)
- \* **Health History** important for activity coordinators and health care providers to be aware of serious or special medical issues and diagnose problems. Include any medications currently being taken. Tetanus date required.
- \* **Publicity Release** checked only if parent refuses to allow their child's voice or image to be recorded (includes camp photos).
- \* **Survey and Evaluation Release** checked only if parent refuses to allow their child to be involved with any program evaluation.
- \* **Youth Code of Conduct** all 4-H members are required to read and sign this section to participate.
- \* **Verification** must be signed by the parent or guardian for youth to participate.

Participants and parents are responsible for completing the *Kansas 4-H Participation Form* in its entirety. The K-State University Attorney's Office has indicated that **"failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities"**.

[Van Horn](#)

### Plan to Attend 4-H Update December 8 or December 10

Please add this date to your calendar and plan to attend 4-H Update December 8 in Emporia or December 10 in Scott City. For the past two years we've had a two day 4-H

Program Rally at Rock Springs. Many agents suggested moving it back to the one day format, so there will be one, December 8 in Emporia and one on December 10 in Scott City. Planning Committee includes: Glenn Brunkow, PT Co; Bill Haney, KE Co; Melinda Dailey, Sunflower Dist; Diane Nielson, AT Co; Brian Swisher, MG Co; Pam Van Horn, State Office; Rod Buchele, SW Area; Beth Hinshaw, SE Area; Diane Mack, NE Area; and Deryl Waldren, NW Area. More details will be coming.

[Mack](#)

## AYD

### POSITIVE YOUTH DEVELOPMENT

November is the Month of the Military Family and launch of Kansas OMK's "Awareness-To- Action" Community Campaign.

Kansas OMK announces the first, annual "Awareness -to-Action" community campaign to encourage community groups to create projects that demonstrate support for military youth and their families.

Built on the premise that civic and volunteer groups are the "backbone" of community change, Kansas OMK is supporting those groups to use OMK campaign materials, briefing sheets and media (i.e., "On Our Behalf" video) to launch local awareness-to-action activities and projects.

To access "Awareness to Action" for 2009, log onto the new Kansas OMK website at: [www.kansasomk.org](http://www.kansasomk.org)

For more information about military youth, deployment affects or the Awareness-to-Action campaign contact:

Diane Mack [dmack@ksu.edu](mailto:dmack@ksu.edu)

Ann Domsch [adomsch@ksu.edu](mailto:adomsch@ksu.edu) or

Elaine Johannes [ejohanne@ksu.edu](mailto:ejohanne@ksu.edu)

[Johannes](#)

# CAMP

## Camp Action Team

Have a passion for 4-H camping and having fun? Interested in youth having a positive, safe camp experience? Want to expand 4-H's camping experiences? Then the 4-H Camp Action Team might be the action team for you! The Camp Action Team is looking for energetic, enthusiastic, excited agents, volunteers and teens to enhance Day Camp, 4-H Camp, Counselor Training and much more! Think you might be interested? Applications available at

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=16>. Then click on the right for the application.

Applications due December 1.

[Van Horn](#)

## National 4-H Camping Institute - March 16-20, 2010

Interested in attending NCI? Registration information is available at <http://oregon.4h.oregonstate.edu/national-camping-institute-2010-march-1620>. Early bird registration is due December 18, 2009. Early bird registration costs \$375. The pre-conference workshops are an additional registration expense.

The Kansas 4-H Camp Action Team is sponsoring three \$100 scholarships for those interesting in attending. The scholarship application is available at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=17>. November 1, 2009 is scholarship application due date. Applications submitted to Pam Van Horn.

For more information concerning NCI X contact Virginia Bourdeau at [mombear@proaxis.com](mailto:mombear@proaxis.com) or the CAT scholarship contact Pam Van Horn at [pvanhorn@ksu.edu](mailto:pvanhorn@ksu.edu).

[Van Horn](#)

# CLOVERBUDS

The 4-H Cloverbuds Program has arrived! Through our 4-H Cloverbuds Trainings we have learned that 5- and 6-year olds like activities that include: running, jumping, singing, drawing, painting and coloring. But when they do these activities it's not for very long - probably 10 - 15 minutes tops! So when planning 4-H Cloverbuds activities let's review and determine if it's age appropriate.

Activity	Age Appropriate
Cloverbuds meeting with 3 - 4 lessons; each lesson 10 minutes long	Yes - short learning opportunities match well with 5- and 6-year old attention spans
4-H Club Business Meeting	No - most club meeting average 1-1½ hours in length and parliamentary procedures are abstract and beyond the 5- and 6-year old capabilities to understand
Refreshments	Yes - healthy snacks that encourage good nutrition and well-being
Project Meeting	No - most project meetings average 1 -1½ hours studying one subject with limited variety and most 5-and 6-year old attention spans are limited to 10-15 minutes and therefore they become bored easily
Show and Tell	Yes - encourages youth to share what they are learning with others in a noncompetitive environment promoting free expression

[Van Horn](#)

# DOG

Dog Judges Training for Obedience, Showmanship and Agility – January 30-31, 2010, Manhattan

Rally Obedience, Dog Judges Training, March 20, 2010, Abilene.  
Details to follow.

[Adams](#)

## FCS

### FCS Study Topics for 2009-2010

Each year the 4-H FCS Team develops a set of topics for project leaders to use during the year to support Family and Consumer projects. This year study topics include protein, consumerism, fitness, personal appearance and principles of design. The 2010 State 4-H FCS Consumer judging classes will be taken from these resources. Please encourage your project leaders to help youth learn all year, not just a few days before the contest.

You can find the study topics at: <http://www.kansas4h.org/DesktopDefault.aspx?tabid=134>

[Fink](#)

## HEALTHY LIVING

### Cornerstones of Effective Community Health Efforts

Community health promotion efforts that attempt to improve physical activity and nutrition of youth sometimes fail due to a lack of the "cornerstones" necessary to sustain results. According to the Association of State & Territorial Public Health Nutrition Directors ([www.movingtothefuture.org](http://www.movingtothefuture.org)) those cornerstones are:

- Access – access to healthy foods, and places and opportunities to engage in physical activity.
- Collaboration – effective partnerships across the generations.
- Science and Research – understanding the science and research behind effective health promotion strategies.
- "Workforce" (volunteer and paid) – increasing the capacity of everyone participating in health promotion efforts.
- Communications – increased awareness and understanding of the value of healthy living through effective, appropriate and targeted communication.

The 2010 "Get It - Do It!" health promotion grants support small towns in their use of the cornerstones and community youth development to promote physical activity for everyone!

Get It - Do It! grant proposal details are available on the Kansas PRIDE website:

[www.kansasprideprogram.ksu.edu/PRIDE/welcome.htm](http://www.kansasprideprogram.ksu.edu/PRIDE/welcome.htm)

Proposals for \$3,000 grants to Kansas PRIDE communities working with youth partners and Extension professionals are due by November 15 to Elaine Johannes, 343 Justin Hall, KSU, Manhattan, KS 66506

For more information, contact:

Trudy Rice [trice@ksu.edu](mailto:trice@ksu.edu)

Jamie Menon [jmenon@ksu.edu](mailto:jmenon@ksu.edu)

Elaine Johannes [ejohanne@ksu.edu](mailto:ejohanne@ksu.edu)

[Johannes](#)

## KANSAS STATE FAIR

### State Fair Superintendents Needed

I am looking for individuals who have an interest in Home Environment and Foods Educational Displays to serve as superintendents for these divisions on opening day of the 2010 State Fair. If you are interested or need more details contact Diane Mack at [dmack@ksu.edu](mailto:dmack@ksu.edu).

[Mack](#)

### State 4-H Horse Show -- Volunteer Thank You

We would like to extend a big thank you to all who volunteered at the 2009 State Fair 4-H Horse Show!! We cannot thank all who volunteered enough for all their hard work and efforts throughout the year and at the horse show. We greatly appreciate all of the help and time that was devoted by all of the volunteers!!

[Dick](#)

## LIVESTOCK

### National Western Stock Show Catch A Calf

Program applications are now available through the State 4-H Office. Completed applications will be due to Manhattan by Nov. 20, 2009 so that we can forward them to Colorado before Dec.1 and allow time for holiday mail. This is an excellent program to help older 4-H members (12 to 18 years before December 31) to understand the commercial cattle feeding industry. You can find more details at:

[www.NationalWestern.com/cac/](http://www.NationalWestern.com/cac/)

[Adams](#)

### Youth Livestock Listening Session

Join us for the second Youth Livestock Listening Session on November 12 at the Kansas State Fairgrounds in Hutchinson. We will begin at 1:00 p.m. Representatives from Kansas State Fair, Kansas Junior Livestock Show, Kansas FFA, Kansas 4-H and K-State Research and Extension will be on hand to hear your comments and suggestions. If you are unable to attend, please feel free to send written comments to Sharon Breiner.

You can contact her with questions at (785) 532-1264 or [sbreiner@ksu.edu](mailto:sbreiner@ksu.edu).

[Breiner](#)

## MARKETING

### Kansas 4-H Marketing Items Available

The 4-H Marketing Action Team is excited to offer Kansas 4-H marketing items. Items include mood pencils, word magnets, sticky notes, notepads, loyalty cards, and color changing stadium cups. All agents received an e-mail from Gina Nixon from the Department of Communications detailing information on how to order the new items. Orders are due Oct. 15 and items will be shipped between November 1 – 15.

Items can be viewed at: <http://www.communications.ksu.edu/DesktopDefault.aspx?tabid=1053>

Also be aware that 4-H items available from distribution are on the 2010 First Quarter Publications Order Form. It is due back Oct.23. Items will be delivered in January. Items include: activity page, brochure, postcards, posters and table tents.

[Mack](#)/4-H Marketing Action Team Members

## VOLUNTEERS

### National 4-H Salute to Excellence Volunteer Recognition Award

The National 4-H Salute to Excellence Volunteer Recognition Award recognizes 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism as both an opportunity and a privilege.

In 2010, **eight regional honorees** will be selected. Each region will have its own **Outstanding Lifetime Volunteer** and **Volunteer of the Year**. The eight regional winners become nominees for the national award, and after a second review process one volunteer in each category will be named the national winner.

#### Selection Criteria

1. The **Volunteer of the Year Award** is for individuals who have served as 4-H volunteers for **less than**

**10 years** at the county or state level.

2. The **Outstanding Lifetime Volunteer Award** is for individuals who have served **10 or more years** at the county or state level.
3. Nominations/letters of recommendation **must address** the following **selection criteria**:
  - o Positive impact the nominee has had on 4-H and 4-H youth,
  - o Nominee's ability to work with young people on projects and activities in a way that promotes decision-making, problem-solving, meeting challenges, mastery and youth/adult partnerships,
  - o Nominee's innovative approaches to engaging youth and increasing diversity among participants,
  - o How nominee exemplifies a "mentor-learner" relationship with participants,
  - o Dedication to a safe and inclusive environment, How nominee models character and professional behavior when interacting with participants, families, and community partners,
  - o Nominee's innovative approaches to performing volunteer service, Increased funding/resources generated by nominee,
  - o Recruitment of additional 4-H volunteer, Personal growth from being a 4-H volunteer (that you have observed)

Each completed application must be accompanied by **three letters of recommendation**. Letters of recommendation must be written by a 4-H staff member, 4-H youth participant, another volunteer, or a parent/guardian.

Nominations are due to Rod Buchele, Extension Specialist, 4-H Youth Development Volunteer Development, [rbuchele@ksu.edu](mailto:rbuchele@ksu.edu) by December 1, 2009. Full application information will be on [www.Kansas4-H.org](http://www.Kansas4-H.org) soon.  
[Buchele](#)

### **EVERYONE READY, VOLUNTEER ONLINE MANAGEMENT TRAINING**

Announcing the opening of Everyone Ready, an online learning opportunity presented by Energize Inc., a leader in the field of Volunteerism. Everyone Ready is sponsored for Extension by Monsanto. Sign up now at: <http://4-h.org/resources/volunteerism.html>.

Everyone Ready presents a new topic monthly for building capacity in Volunteer Management. The seminars and self instruction guides for this independent study are online and available 24/7 for self training on demand. Training and materials will be archived so all topics presented will be available for the duration of the training contract.

Topics include: Building the Foundation for Volunteer Involvement, Role and Responsibilities of the Volunteer Manager, New Approaches to Recruitment, Pitfalls and Obstacles to Volunteer Involvement, Effective Volunteer and Staff Partnership and much more, a new topic every month for the next 36 months.  
[Buchele](#)

### **Volunteer Forum**

Registrations for the 2009 4-H Volunteer Forum are due now. Please register now. Here is the information link: <http://4-h.k-state.edu/DesktopDefault.aspx?tabid=47> Please remind your volunteers to register.  
[Buchele](#)

### **Volunteer Development**

Soon it will be 4-H recruitment time and now is the time to plan for success in recruitment. One of the first questions you want to ask (and answer) is what role or roles need to be filled. The answers to this question will guide you in the places to look and the appeal to make. In our changing society, the "one size fits all" blanket appeal is not usually successful. As the cliché goes "when it is everybody's job, it is no one's job". People are more likely to say yes if they know what you are asking them to do. What do you need volunteer help to do? Where are the people who could fill that role? How do you get in contact with them? Who could you get to help with the "task"? The answers to these questions will guide you to your next steps and give you a better chance of successfully filling the volunteer roles you need filled.

[Buchele](#)

## VIP Annual Renewal

Kansas 4-H policy is that 4-H Volunteers annually renew their volunteer commitment. They do this by filling out and returning the 4-H VIP Annual Renewal Form. This form is available from Distribution, it is 4H953, it is also available on the web for download on our State 4-H Web site in the VIP Resources section:

<http://www.kansas4-h.org/DesktopDefault.aspx?tabid=189>

The form asks volunteers to confirm their contact information, the role(s) they will be volunteering for this year, update their legal involvement information and recommit to the Volunteer Code of Ethics. There are many advantages to the 4-H program in having Volunteers renew annually. The information gained from the Renewal process will help manage the 4-H Program more effectively. If you have any questions, please contact your Area 4-H Specialist.

[Buchele](#)

## Master 4-H Volunteer Program

The Master Volunteer program is an excellent way to recognize an outstanding leader with a new opportunity to provide leadership and service to the 4-H program. When you see this leader next, visit with them about becoming a 4-H Master Volunteer. Master Volunteers receive special training at the state level and work at their local level on local 4-H needs as agreed upon by the volunteer and the agent. If you have questions about the 4-H Master Volunteer Program, please contact me. While the State training will be held next spring, now is the time to recruit Master 4-H Volunteer Candidates.

[Buchele](#)

# WORLD CITIZENSHIP

## Outbound 4-H International Exchange Applications Due November 2

Applications for Kansas 4-H International Exchange (IFYE) delegates and chaperones are **due to Mary Kay Munson or the State 4-H Office November 2**. These include the IFYE Representative program for individual 4-H alumni 19-26 and chaperoned group exchanges for 4-H members 12-18 conducted for Kansas and other participating states by States' 4-H International Exchange Program (S4-HIEP). An exchange with LEX Mexico conducted by Wisconsin 4-H for 15-18 year olds is also available to Kansas 4-H members. The destinations available for S4-HIEP in 2010 are Australia, Costa Rica, Japan and Norway. (Finland has discontinued their hosting of U.S. 4-H'ers for 2010.) One application is used for all these exchanges and may be found on the 4-H web site [www.Kansas4-H.org](http://www.Kansas4-H.org) linked to Programs/World Citizenship. That site also includes flyers for each program and the IFYE Representative program. Reports and photos from past delegates may be found there as well. Chaperones are needed by S4-HIEP for the 4-H age groups. A chaperone application and information is also located on the web site. We have had a large number of inquiries this year, but if there are those from your county/district who find out about the program or deadline too late for the November 2 deadline, they may contact Mary Kay at 785-238-3631 or [munsonm@nqks.com](mailto:munsonm@nqks.com) to explore an extension. Applicants for all programs will attend interviews and a first orientation December 4-5 in Manhattan.

[Munson](#)