

# September 2009 Kansas 4-H Tip Sheet

## Deadlines:

Aug 15	KSF Entries Due
Sept 15	On-line Registration Due for State Shooting Sports Fall and Shotgun Match
Sept 18	Basic Operations Registration Due
Sept 25	Camp Chair Meeting & Training Registration Due
Oct 15	Registrations for KS 4-H Volunteer Forum Due
Oct 15	Registration for KYLF Due
Oct 15	KS Youth Leadership Council Applications Due
Nov 1	National Camping Institute Scholarship Applications Due
Dec 1	International Exchange Chaperone Applications Due
Dec 18	National 4-H Camping Institute Registrations Due

### 4-H Competitive Event Age Categories

Looking ahead to the upcoming 4-H year, Extension units and 4-H Councils have the opportunity to implement the recommendations of the "9 in 09" Think Tank, State 4-H Advisory Committee and the Department of 4-H Youth Development. Before I get into the details and to bring everyone up to date, here's a brief description of this topic.

After a review of literature and research studies pertaining to "Ages and Stages" Development of 9 and 10 year olds, the State 4-H Advisory Committee recommended in 2007 that the age of 4-H members participating in state- level competitive events be lowered from 10 years of age to 9 years of age (before January 1), effective with the 2008-2009 year.

To address the specific challenges and opportunities presented by this age change, a "9 in '09" Think Tank identified the variety of county/district-level competitive events and activities that could be impacted by this change in age for state level competitive events. The Think Tank also conducted a survey of agents, PDCs, and 4-H Councils for feedback on proposed options while considering the availability of resources including staff time, volunteers, funding, awards, event schedules, and facilities. The Think Tank presented their findings and recommendation to the State 4-H Advisory (August 17, 2008), which was reviewed and accepted by the Department of 4-H Youth Development (November 2008).

The foundation of the Competitive Event Age Categories was built upon these two premises:

1. The same age categories should be used at the local Extension unit level as at the state level to assure consistency and to reduce confusion for all parties.
2. Age appropriate learning experiences are very important in order for youth to have a positive experience that will challenge and encourage them to continue their 4-H membership.

The new State Competitive Event Age Categories have been and will continue to be implemented at the events as determined by the respective Action Team or Event Committee, based upon available resources. These events include Judging Contests (FCS, Horse, Horticulture, Livestock, Meats, Crops and Photography); Livestock Skillathon; Quiz Bowls (Horse, Dairy and Livestock); Shows (Horse, Dog, Dairy, Rabbit, Poultry) and other events (Horse Panorama, Shooting Sports Matches, Wheat Show, Fashion Revue and State Fair Demonstrations). These Age Categories include:

#### Beginner

7-8 years of age, before January 1

(if offered at a state event, cooperative learning experiences only)

#### Junior

9-11 years of age, before January 1

Intermediate

12-13 years of age, before January 1

Senior

14 years of age and older, before January 1

Acknowledging the unique complexities of implementing these age categories at the Extension unit level as well as at the state level, 4-H Councils, Extension staff, Action Teams and Event Committees are encouraged to not let management issues get in the way of designing top-quality educational experiences that are sequential in nature and allow the young person to grow their knowledge skill sets over a period of time. It may be better not to offer an age division if appropriate activities can't be developed, sponsors are not available or there are not enough youth in the age range to make it feasible. Take time to look at all options, gather additional resources and make these events a purple ribbon experience for all participants.

### **4-H Weekend at Arrowhead Stadium, Oct. 3 & 4**

Kansas 4-H is joining Iowa 4-H for 4-H Weekend at Arrowhead Stadium. If you have 4-H families who love football, both Big 12 and NFL, this is an event for them. The weekend starts with K-State playing Iowa State on October 3. Tickets range in price from \$25 to \$50. 4-H families will also be able to watch the Chiefs play the Giants on Oct. 4. Tickets range in price from \$39 to \$54. Families may attend one or both games.

There will be no organized 4-H pre-game activities. 4-H families should wear their favorite 4-H t-shirt to the games.

Order tickets online at [www.kcchiefs.com/mygroup](http://www.kcchiefs.com/mygroup) and click on 4-H Weekend. Or complete the order form found at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=14>

For more information contact BJ Supple at [bsupple@chiefs.nfl.com](mailto:bsupple@chiefs.nfl.com) or call 816-920-4817.  
[Mack](#)

### **Out-of-School Program Idea Conference - October 13, 2009--Sedgwick County Extension Education Center**

Do you partner with teachers, afterschool program providers, or recreation directors? If yes, would your team want to engage youth in long-term, structured learning-environments that address their interests and help develop their physical, cognitive, social and emotional skills and abilities? You're invited to participate in a first of its kind "Out-of-School Program Idea Conference" open to anyone - certified teachers, afterschool program directors, community or faith-based afterschool providers, summer recreation providers and extension agents.

This one-day conference sponsored by K-State Research and Extension 4-H highlights hands-on curricula that adapt easily for out-of-school settings. Kansas 4-H youth development professionals will share favorite hands-on educational activities and resource ideas that are sure to keep youth excited and centered.

The breakout session include: "Biofuel BLAST!"; Acres of Adventure; Reading Makes Cents; Photography; Kindling Kid's Creativity; Programming for 5-and 6-year-olds; Health Rocks; Literature in the Garden; Science in the Kitchen; and more!

Following the "Out-of-School Program Idea Conference" a two hour post conference will answer questions on how to get afterschool educational opportunities started with community networking.

Registration is available <http://www.kansas4h.org/> under "What's Hot". The cost is \$15 which includes lunch and activity materials. Further questions may be directed to Pam Van Horn, [pvanhorn@ksu.edu](mailto:pvanhorn@ksu.edu) or [Beth Drescher, drescher@ksu.edu](mailto:Beth.Drescher@ksu.edu).  
[Van Horn](#)

## eXtension Launches Obesity Prevention Community of Practice

eXtension, an online interactive learning environment, launched the Families, Food, and Fitness: Preventing Obesity Community of Practice in July to help families make informed decisions about healthy eating and physical activity. The Community of Practice can be found online at [www.extension.org/families\\_food\\_fitness](http://www.extension.org/families_food_fitness).

This virtual educational environment is targeted to families with young children and is organized around three goals: 1) improve diets, 2) increase physical activity, and 3) maintain body weight in a healthy range and avoid excess weight gain. Interactive content and learning materials support these three goals by focusing on six key behaviors identified through the literature to be associated with achieving and maintaining a healthy body weight: 1) move more every day, 2) tame the tube, 3) right-size your portions, 4) enjoy more fruits and vegetables, 5) prepare and eat more meals at home, and 6) re-think your drink.

Examples of online resources include:

- [Help for healthy lifestyles includes a recipe section](#)
- [A picture spice guide for suggested foods with each spice](#)
- [A "Fast Food Menu," to size up fast food selections from McDonald's, Burger King, Subway, Chick-Fil-A, Domino's, and Taco Bell](#)

Many of your 4-H foods leaders may find this website useful. There are several interactive sections that 4-H members would enjoy.

eXtension, [www.eXtension.org](http://www.eXtension.org), is an interactive learning environment delivering the best, most researched knowledge from the smartest land-grant university minds across America. eXtension connects knowledge consumers with knowledge providers - experts who know their subject matter inside out.

CSREES, state Extension Services and partner organizations provide funding for eXtension. CSREES also provides significant national leadership for this and other Communities of Practice. Through federal funding and leadership for research, education and extension programs, CSREES focuses on investing in science and solving critical issues impacting people's daily lives and the nation's future. For more information, visit [www.csrees.usda.gov](http://www.csrees.usda.gov).

[Fink](#)

## AYD

### PYD (Positive Youth Development)

4th FRIDAY YOUTH DEVELOPMENT CONVERSATIONS START BACK IN SEPTEMBER After a summer hiatus, we're renewing our "4th Friday Youth Development Conversations" beginning with discussion of the variety of KSRE Action Plans that address positive youth development. We know that the Youth Development (5 Cs) plan addresses youth development, but we'll also take a glance at community development, health, sciences, leadership, volunteerism and other plans that support youth development.

Join us on Friday, Sept. 25; 11am - 12pm, via Connect through the Youth Development Program Focus Team "room" at: <http://connect.ksre.ksu.edu/pftyd>

Contact [Elaine Johannes](#) for more information.  
[Johannes](#)

## BASIC OPERATIONS TRAINING

Basic 4-H Operations Training is set for September 28 & 29 in Manhattan.

We invite you to attend this training where we share critical information for handling 4-H managerial issues that may and often do arise.

Basic 4-H Operations training begins at 1 p.m. on Monday, September 28 and goes through 5 p.m. on Tuesday, September 29. All sessions will be held in Throckmorton Hall, Room 2002 on the K-State campus. This training is part of the New Agent Training Cycle, but anyone in the system, including 4-H program assistants is welcome.

Topics to be addressed include: 4-H Financial Management, VIP, Accountability to the 4-H mission, Learning through Events, Risk Management, Program Planning, Program Management and more. You will find a the Basic Operations brochure on the state 4-H website at <http://www.oznet.ksu.edu/4h/PDFfiles/BasicOps1.pdf>  
<http://www.kansas4h.org/DesktopDefault.aspx?tabid=288>

Diane Mack, Extension Specialist, 4-H Youth Development, NE and Beth Hinshaw, Extension Specialist, 4-H Youth Development, SE are co-presenters for this training.

If you have questions, please contact Diane or Beth. Cost to attend is \$20 payable to the Kansas 4-H Foundation. Please contact Diane Mack at: [dmack@ksu.edu](mailto:dmack@ksu.edu) by September 18 if you plan to attend. [Mack/Hinshaw](#)

## CAMP

### Camp Chair Meeting and Training

Camp Chairs make your plans today to attend the Camp Chairs Meeting, October 6, Rock Springs. Please send me an e-mail to let me know if you will be attending by September 25. Rock Springs will provide snacks and lunch.

[Van Horn](#)

### National 4-H Camping Institute - March 16-20, 2010

The 2010 National 4-H Camping Institute call for presentations is due September 18, 11:59 p.m (PDT). The presentation proposal can be found at <http://oregon.4h.oregonstate.edu/national-camping-institute-2010-march-1620>. All selected presenters will be entered into a drawing to win a free registration to attend NCI X. Winner announced at the 2009 NAE4-HA Conference in Rochester, NY.

Interested in attending NCI? Registration information is available at <http://oregon.4h.oregonstate.edu/national-camping-institute-2010-march-1620>. Early bird registration due December 18, 2009. Early bird registration is \$375. Pre-conference registration extra.

The Kansas 4-H Camp Action Team is sponsoring three \$100 scholarships for those interesting in attending. The scholarship application is available at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=17> . November 1, 2009 is scholarship application due date. Applications submitted to Pam Van Horn.

For more information concerning NCI X contact Virginia Bourdeau at [mombear@proaxis.com](mailto:mombear@proaxis.com). or the CAT scholarship contact Pam Van Horn at [pvanhorn@ksu.edu](mailto:pvanhorn@ksu.edu).

[Van Horn](#)

## CHARACTERCOUNTS!

### The Nature of Character

Abraham Lincoln was very concerned with character, but he also was aware of the importance of having a good reputation. He explained the difference this way: "Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing." Put another way, your reputation is what people think of you, and your character is what you actually are. In a world preoccupied with

image, it's easy to worry too much about our reputation and too little about our character. Building a reputation is largely a public relations project; building character requires us to focus on our values and actions. Noble rhetoric and good intentions aren't enough. What we're looking for is moral strength based on ethical principles. Character is revealed by actions, not words — especially when there's a gap between what we want to do and what we should do, and when doing the right thing costs more than we want to pay. Our character is revealed by how we deal with pressures and temptations. But it's also disclosed by everyday actions, including what we say and do when we think no one is looking and we assume we won't get caught. The way we treat people we think can't help or hurt us, like housekeepers, waiters, and secretaries, tells more about our character than how we treat people we think are important. People who are honest, kind, and fair only when there is something to gain shouldn't be confused with people of real character who demonstrate these qualities habitually, under all circumstances. Character is not a fancy coat we put on for show; it's who we really are. (Michael Josephson, July 28, 2009)

[Gerhard](#)

## CLOVERBUDS

### 4-H Cloverbuds Training

Exciting opportunities for extension units offering 4-H Cloverbuds beginning October 1, 2009 - training to assist in the preparations! Extension agents, volunteers and teens are invited to participate in one of the trainings either August 27, Rock Springs 4-H Center; or September 1, Scott City. Registration deadline is August 15, and may be found on-line at <http://www.kansas4h.org/DesktopDefault.aspx>. Click on 4-H Events Registration - then on view events with open registration. Upon completion of training, each extension unit will receive a free copy of the 4-H Cloverbuds curriculum. For more information contact Pam Van Horn.

[Van Horn](#)

## CURRICULUM CORNER

### Enrollment Forms

New 4-H enrollment forms have been developed for the coming 4-H year to begin Oct. 1, 2009. The general 4-H enrollment forms (MG3A&B) have a new look on the front that includes new information for our military families and more space to list project selections. On the back side of MG3B we have a new project called Energy Management to better fit our new Science, Engineering and Technology (SET) emphasis. Energy Management includes the old Small Engines project and the new Power of the Wind phase. Other changes include listing Dairy Goats after Dairy Cattle and Meat Goats after the Leadership project. In addition, Cloverbuds has been removed and now has its own Enrollment Form MG3C! All three enrollment forms are on the Extension Publications website as form fillers and hard copy orders will be sent out from Extension Distribution.

The Kansas 4-H Project Selection Guide will be delivered once again via the August issue of the Kansas 4-H Journal. Again this year, the Kansas 4-H Project Curriculum Guide is on the web for Extension Unit download and use as they desire. Just go to [www.Kansas4-H.org](http://www.Kansas4-H.org), click on Projects and it is the first listing.

We hope these new forms and guides will make enrolling in 4-H easier for new and current families.

[Adams](#)

### Collecting Military Data on 4-H Enrollment Form

As Jim Adams mentioned, on the new enrollment form, we are asking military family members to self identify themselves. We ask members to check a box if they are a military family. If so, we ask them to check if they are Active Duty, National Guard or Reserves.

Eddy Mentzer, 4-H Military Partnership Program Manager at National 4-H Headquarters, explains how the data is used. "4-H partners with the US Army, Navy and Air Force to provide youth development

opportunities for military children in the communities where they live. These opportunities include the development of 4-H clubs on installations both in the U.S. and around the world. In addition, a concentrated effort has been made to include military children whose parents serve in the National Guard and Reserves in existing local 4-H clubs. The three services and CSREES provide funding to states to ensure these opportunities exist. In 2008, more than \$20 million was provided by the Department of Defense to ensure that military children are supported through 4-H and other Extension activities. The respective services and National 4-H Headquarters have asked all states to track the number of military children in their 4-H programs by service affiliation. These numbers are shared with Department of Defense to show the general impact of this funding. This information is being included in the Access 4-H and Blue Ribbon enrollment systems."

Locally, this data will identify your 4-H members who have a military connection.

[Mack](#)

### Quick Poll

Would Kansas 4-H Project Leader Notebooks be used more if they could be purchased on a CD for \$10 or less?? Please e-mail your response to [jadams@ksu.edu](mailto:jadams@ksu.edu) with 4-H Notebook CDs in the subject line. Poll will close Oct. 1, 2009. Thank you for participating in this poll.

[Adams](#)

## HEALTHY LIVING

There's still time to launch your local Health Rocks program through a trained cadre of youth to implement the program. With support from National 4-H Council let us help you use Health Rocks to kick-start your local Healthy Living project(s). Teens can work with younger audiences (age 8 to 12 yrs.) to incorporate Health Rocks content and principles in your local club, project and organizational events.

Learn more about the national Health Rocks program at: [http://4-h.org/programs\\_mission\\_mandates/healthyliving.html](http://4-h.org/programs_mission_mandates/healthyliving.html)

Contact your Kansas Healthy Living liaisons Elaine Johannes [ejohanne@ksu.edu](mailto:ejohanne@ksu.edu), or Carol Fink [cfink@ksu.edu](mailto:cfink@ksu.edu) to learn more about Health Rocks in Kansas!

[Johannes](#)

## HORSE

### State 4-H Horse Show -- Check in information

The following is important check in procedures concerning the 2009 State Fair Horse Show, which is September 18-20. This check in information is also found in the 2009 State Fair Exhibitor Handbook.

#### **Go to the Livestock Health Papers Check Point at the Fairgrounds Water Park, which is open from 5 AM to midnight each day.**

- All horses will need a current Health Certificate (issued within the last 30 days prior to September 18th).
- All horses must have a negative Coggins (Equine Infectious Anemia) test conducted within 1 year of the show.
- The Coggins certificate must accompany the Health Certificate.

#### **Go to the Stalling Office at the Fairgrounds (located at the south end of the Expo II Barn)**

- You will be directed to your stalls

#### **Check in at the Show Check in Table (located next to the announcer's stand on the east side of the Expo Center)**

- You will turn in your Kansas State Fair 4-H Horse Show Statement of Humane Treatment of 4-H Horses form and the Kansas State Fair 2 year old Snaffle Bit and 3 year old Futurity Exhibitors form (if showing in these classes).



**Please check in with the gate person prior to each class you are entered in.**

For additional information, please see the State Fair Exhibitor Handbook.

Please contact Sarah Dick (sarahdd@ksu.edu), Kansas 4-H Horse Program Coordinator with any questions.

[Dick](#)

### **State 4-H Horse Show--Volunteer Request**

Please note, the State Fair 4-H Horse Show is run by volunteers. If you are able to help out, we would really appreciate this!

Please contact Sarah Dick (sarahdd@ksu.edu), Kansas 4-H Horse Program Coordinator with any questions.

[Dick](#)

## **KANSAS STATE FAIR**

### **FCS- State Fair 4-H Family Consumer Science Judging Contest**

The 4-H Family and Consumer Science Judging Contest will be held at the Kansas State Fair on Saturday, September 19, 2009. Contestants should be signed up by this time in the Kansas State Fair entry system. If you have team members that drop out at the last minute, please encourage the remaining members to judge as individuals.

The contest can't run without volunteers. Please email Linda Biles at [sewandsewbiles@aol.com](mailto:sewandsewbiles@aol.com) to let her know the time frame a volunteer(s) can help from your county. Help is needed in tabulation, registration and as door monitors.

Awards will be handed out in the Exhibit Hall where the contest is held, after fashion revue is completed (approximately 6:00 p.m.). Classes will be available for public viewing at 5:45 with the correct placings at this time.

Resources for this years contest can be found on the 4-H FCS website under Action Team <http://www.kansas4-h.org/DesktopDefault.aspx?tabid=224>

The resource list for 2010-11 will be available on the 4-H FCS Action Team website by October 1. The 4-H FCS Action Team would encourage 4-H Project leaders to use these resources throughout the year.

[Fink](#)

## **PHOTOGRAPHY**

Several times this question has been asked, "How many photography entries can a 4-H member send to State Fair?" The answer is: One print and one video. The exception is if they have taken the photography project eight or more years, they can send two prints as long as they are in different classes.

[Buchele](#)

## **RABBITS- STATE FAIR BOOK CORRECTION: 4-H/FFA RABBIT SHOW DATES**

The 4-H/FFA Rabbit show dates and times are correct as posted in the "Schedule of 4-H/FFA Events" on pages 180-181 of the 2009 KSF Exhibitor Handbook. Please note the 4-H/FFA Rabbits will not be released until 6 p.m., Sunday, September 20. Unfortunately, the dates of the 4-H/FFA Rabbits division

were not updated on pages 199-200. The following are correct dates and times:

4-H/FFA Rabbit Entries: Between Noon and 9 p.m., Thursday, September 17, or between 8 a.m. and Noon on Friday, September 18.

4-H/FFA Rabbit Fur Classes: 6 p.m., Friday, September 18

4-H/FFA Rabbit (Conformation) Judging: 8 a.m., Saturday, September 19

4-H/FFA Rabbit Showmanship & Judging Contest: 8 a.m., Sunday, September 20

4-H/FFA Rabbit Exhibits Released: 6 p.m., Sunday, September 20

Please help transmit this information to any 4-H/FFA Rabbit exhibitors who may be showing from your Extension Units

[Gerhard](#)

## ROBOTICS - Robotics Judging at the Kansas State Fair

Judging of the robotics projects at the Kansas State Fair will take place on Friday, September 11<sup>th</sup> from 1-5 p.m. For those 4-H members in classes 5505 through 5516 who would like to visit with the judge and to personally demonstrate the running of their robot, should show up from **1-3 p.m. on Friday**. It is **not** required to do this. Exhibits may still be judged without the member being present. All exhibits must still include written instructions for operation including, but not limited to a 5-minute CD, DVD, or video presentation with robot programming information. The project must present construction plans and one to three pages of project photographs. This information should be placed inside the attached 10" X 13" manila envelope.

For those team members exhibiting in class 5517, Team Robotics Project, they should plan to show up between **3-5 p.m. on Friday, September 11<sup>th</sup>**. Team robotics projects will be allowed three attempts to navigate the specified course. Once team robotics competition is done, any remaining robots that were not judged prior to 3:00 p.m. will be judged. Please see the 2009 Robotics Task Maze Rules for full details.

Click on Robotics Task Rules on the right panel:

<http://www.kansas4h.org/DesktopDefault.aspx?tabid=52>. For more information, contact Deryl Waldren, 785-462-6281 or [dwaldren@ksu.edu](mailto:dwaldren@ksu.edu).

[Waldren](#)

## KS YOUTH LEADERSHIP COUNCIL

### 2010 Kansas Youth Leadership Council

Applications will be available on the KYLF webpage on August 21.

Any Kansas 4-H member between the ages of 14 and 18 before January 1, 2010 may apply. This year's delegation will elect representatives from the four extension program areas (NE, NW, SE, SW). Youth Council members work to involve youth with K-State Research and Extension in promoting, developing, implementing and evaluating Kansas Extension 4-H and Youth Development programs in order to reflect the needs and interests of the youth in the state. Council members will also plan and conduct the Kansas Youth Leadership Forum, Citizenship in Action, Campference and other events. Please encourage those outstanding young leaders in your local unit to apply. Applications are due on October 15, 2009.

This year the elections will include the written application, and from those applications up to 12 young people per area will be invited to interview with a panel at the beginning of KYLF. From those that interview, up to 6 candidates will be selected to be in the election.

[Kyla Clawson/Hinshaw/Wiebers](#)

## LEADERSHIP FORUM



## Leadership Forum (Youth and Volunteers)

The Kansas Youth Leadership Forum (KYLF) and the Kansas 4-H Volunteer Forum information will be on the 4-H Website by August 21, 2009. The Forums will be held November 20-22, 2009 at Rock Springs 4-H Center. KYLF is for those 4-H members ages 14-18 before January 1, 2010 and K4-HVF is designed for any Kansas 4-H Volunteer. Online Registration will be available on September 1, 2009.

This year participants in both forums will register through the same system. Some of the features of the leadership weekend will include:

- ❖ Speaker Rhett Lauback. Rhett's primary focus is the development of Personal Leadership Insight; our ability to positively influence people and situations to create value and growth. You will love Rhett's enthusiasm and dynamic style as he shares the message.
- ❖ Joint consulting groups where youth and adults will share their passion for 4-H and how to grow the program.
- ❖ A "hands on" service opportunity for all

The theme for KYLF this year is "The Green is Right". KYLF will feature leadership workshops, Youth Council Elections, a 10 year anniversary celebration and opportunities to learn and have fun.

The theme for Kansas 4-H Volunteer Forum is "4-H Tackling Leadership". The event will also include workshops, opportunities for networking and resources for building clubs and programs.

Registration deadline is Oct. 15, 2009

[Hinshaw/Buchele/James/Maskus](#)

# LIVESTOCK

## Youth Livestock Listening Session

Join us for the second \*Youth Livestock Listening Session\* on November 12 at the Kansas State fairgrounds in Hutchinson. We will begin at 1:00 p.m. Representatives from Kansas State Fair, Kansas Junior Livestock Show, Kansas FFA, Kansas 4-H, and K-State Research and Extension will be on hand to hear your comments and suggestions. Please contact Sharon Breiner, Youth Livestock Coordinator, with questions at (785) 532-1264 or [sbreiner@ksu.edu](mailto:sbreiner@ksu.edu). If you are unable to attend, please send written comments to Sharon Breiner.

[Breiner](#)

## 4-H Livestock Sweepstakes

We hope you plan to participate in the \*4-H Livestock Sweepstakes\*, August 22-23. This all-around event will feature contests in Livestock Judging, Meats Judging, Livestock Skillathon, and Livestock Quiz Bowl. A special prize will be awarded to the county that does the best in all four contests. A county or district may choose to use the same four 4-Hers for all contests or use any combination of students for each contest. Teams may also come for only a portion of the contests. The Livestock Judging Contest will be held on Saturday with rounds 1-3 of the Quiz Bowl. A dance and social activity will be available to 4-Hers on Saturday evening. On Sunday, participants will compete in the Livestock Skillathon and Meats Judging Contest. We will hold Round 4 of the quiz bowl just prior to the award ceremony for all events. Each participating county will be required to provide a minimum of one volunteer for the event. Please look for a sign-up sheet coming soon with registration materials.

For complete rules and information visit [www.YouthLivestock.KSU.edu](http://www.YouthLivestock.KSU.edu)!

[Breiner](#)

# MARKETING

## Marketing Kansas 4-H

Make plans to market 4-H as we kick off a new year! Kansas items can be found at <http://www.kansas4h.org/DesktopDefault.aspx?tabid=56>

Out of ideas? Download "Possibilities for 4-H Promotion," a four page document loaded with creative ideas to help you market 4-H.

The Marketing Action Team is creating Kansas 4-H marketing items that will be available for sale on the KSR&E marketing site at <http://www.communications.ksu.edu/DesktopDefault.aspx?tabid=707>  
We will let you know as soon as they are available.

National 4-H Week -The 2009 National 4-H Week kit will be available at the end of August on the Brand Network: <http://4-h.org/d/Pages/Layouts/brandnetwork.html>

National coordinators state, "Realizing multiple events occur this time of year, this year's theme will simply be "Celebrate 4-H." We will provide a more general kit with this theme in mind so you can tailor the materials for those events in your community. The kit will include flyers, bookmark and certificate templates, newspaper and newsletter ads, a suggested proclamation, and a variety of media outreach materials. If you need assistance in the meantime, please contact us at [4hmarketing@fourhcouncil.edu](mailto:4hmarketing@fourhcouncil.edu)."  
[Mack](#) /Marketing Action Team Members

## OMK

### Community Service Idea for Clubs - Donate Items for OMK Hero Packs

4-H has always looked for ways to help members of their community. One way to support youth whose parents are serving in the National Guard and Reserve or any branch of the military is to donate items for Hero Packs.

Hero Packs thank military youth for the sacrifices their families have made. The pack includes items that help a young person stay connected to their deployed parent.

Donated items may include: disposable camera, picture frame, stationary, day planner, stuffed animals, any 4-H item, small toy, or piggy bank. Most importantly is a hand written thank you note from the 4-H member to the family.

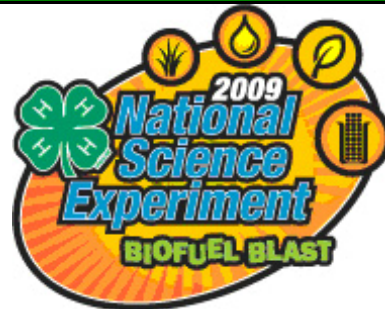
Hero Packs are provided by Operation: Military Kids (OMK). OMK is the U.S. Army's collaborative effort with America's communities to support the children and youth impacted by deployment.

Contact Ann Domsch at [adomsch@ksu.edu](mailto:adomsch@ksu.edu), OMK Project Coordinator, for more information.  
[Mack/Domsch](#)

## SET

### National Youth Science Day – October 7, 2009

4-H once again is sponsoring the National Youth Science Day and the National Youth Science Experiment "Biofuels Blast." Information and registration for agents, volunteers, youth, parents, teachers, afterschool site facilitators can be found at the NYSD at <https://www.4-h.org/NYSD/>. Kansas 4-H Youth Development in cooperation with KSRE News Media Services will be sharing the opportunity in a big way! You are encouraged to start building momentum in your Extension Units for clubs, classrooms, other youth organizations, and families to participate. There is a kit that can be purchased but is it



pretty pricey! All the materials can be assembled for much less cost and all instructions can be downloaded from the web. What is really important is that we get Kansas participants to report their experimental results on the website. Although National Youth Science Day is October 7, the experiment can be done throughout the month of October and reported as long as the website is available.

### Have a "Blast" with 4-H

On October 7, 2009, millions of American youth will explore one of the most important issues facing our nation today -- biofuels. Be part of this opportunity to explore, discover - and have a blast -- experimenting with alternative fuels with the *Biofuel Blast* National Science Experiment!

### From the farm to fuel

Biofuels are renewable sources of energy obtained from recently harvested plant materials, and they are at the forefront in the discussion of alternative energy sources. Currently our nation relies on fossil fuels, which are non-renewable energy sources that take millions of years to form and release large amounts of carbon dioxide into the atmosphere. There are various biofuel options in each region of the country. In each state, land-grant colleges and universities help youth learn about the wide variety of possible biofuel ingredients.

### Become a scientist for the day

Discover how cellulose and sugars in plants can be used to create the biofuel ethanol in the 2009 4-H NYSD experiment. Also learn how that fuel can be used to power cars, heat homes and provide energy for many of the things we use each day. Biofuel research has sparked debate on many issues like the "food vs. fuel" debate, carbon emission levels, deforestation, and the impact on water resources.

### The Experiment



### Make your own biofuel

Renewable energy sources like biofuels are constantly making headlines in the news today. This experiment explores the production of the biofuel ethanol. It is typically made in the US by converting the starches from corn kernels into the sugars in corn syrup, and then adding yeast to break down the sugars, which releases carbon dioxide and ethanol as byproducts. The ethanol is blended with gasoline and then sold at some gas stations. There you might see a sign at the pump that says "E10," which means 10 percent ethanol and 90 percent gasoline.

### Discuss and share results

In this experiment, see firsthand how this biofuel is produced and build skills in designing science experiments and taking measurements. After the experiment, share data online with fellow young scientists. The experiment also shows that yeast doesn't break down the cellulose in other plants as well as sugars from corn. Scientists are currently working on this issue developing ways to efficiently process cellulose from other plant products for use in biofuel production.

[Gerhard](#)

## SHOOTING SPORTS

### County/District Shooting Sports Instructor and Coordinator Renewal Form Due September 1, 2009.

All local certified shooting sports instructors, coordinators, Junior Apprentices and local assistants should be listed on the new renewal form if you want them covered under the state supplemental liability insurance coverage. This year we are asking the unit coordinator to send a single form and check for all instructors in your unit. Cost is \$5 per instructor. Form may be downloaded from the Shooting Sports web page.

[Adams](#)

## Shooting Sports Action Team Applications -- Due to State 4-H Office by September 1, 2009.

The Shooting Sports Action Team has three openings that they would like to fill at their next meeting on September 13. The Action Team is in need of agents and youth who would like to serve, but will accept applications from anyone with experience in shooting sports. A general Action Team Application is on the State 4-H Website.

[Adams](#)

## Fall Matches

Fall Match (Archery, Small Bore Rifle & Pistol, Muzzle Loading) and Shotgun Match are up and ready to receive on-line registrations. Look for information at: [www.Kansas4-H.org](http://www.Kansas4-H.org) under "What's Hot" or go directly to: [www.Kansas4-H.org/Register](http://www.Kansas4-H.org/Register). Both matches are on the same registration module and ALL entries are due on-line by SEPTEMBER 15!

After the deadline, county coordinators and Extension offices will be invoiced for fees and verification of entries.

Team listings are to be turned in at check-in, before any shooting begins, the morning of the match. T-Shirts, like those sold for Spring Match, can be ordered on-line as part of registration.

Volunteer preferences can also be recorded on-line.

[Adams](#)

# VOLUNTEERS

## Master 4-H Volunteers

The overall purpose of the Master 4-H Volunteer program is to increase the resources available to the local 4-H program. The Master 4-H Volunteer program does this by training that equips the Master 4-H Volunteer to accept additional responsibilities in the program. Master 4-H Volunteers fulfill a role mutually determined with their agent. This role could be many different things depending on the needs of the local 4-H program and the interests of the Volunteer. The key is Master 4-H Volunteers do things that are important to the local program. The Master 4-H Volunteer Training will be held spring of 2010. The 2008 - 2009 training was held March of 2009 and was very successful. We had a great class of individuals.

Now is a great time to begin visiting with potential Master 4-H Volunteers to get them selected for the 2010 training.

[Buchele](#)

## VIP Tip

Now, before the busy fall season starts is a good time to review VIP files and status of your volunteers. Now is a good time to check to see the process is complete for all your volunteers and identify who needs the process to be completed.

[Buchele](#)

## Volunteerism for the Next Generation and Everyone Ready

A great Volunteerism Professional Development opportunity is coming this fall. It is for all Extension 4-H staff (and most every Kansas Extension Staff member has some 4-H responsibilities) so it is really for all Kansas Extension Staff. Volunteers provide a critical delivery mode for 4-H programming and staff need to have the capacity and skills to implement and maintain an effective volunteer delivery system for their program. The opportunity is: **Everyone Ready**, the new online volunteer management staff development plan by Energize Inc. (A world class Volunteer Development Education Company).

**Everyone Ready** will launch nationally within the Cooperative Extension System on September 21, 2009. Funding for this project is provided by Monsanto through National 4-H Council. Look for more

information soon. See a sample of **Everyone Ready** at Annual Conference in October.  
[Buchele](#)

## **North Central Regional Volunteer Forum, Oct. 1 - 4, 2009, Lincoln NE** **Scholarships available**

The early bird registration deadline has passed and the Forum is still accepting registrations at the \$250 level. The Forum is still a great bargain at that price.

The Forum home page is: <http://4h.unl.edu/volunteers/forum.htm>

To help even more, the Kansas Association of 4-H Volunteers is offering 25 scholarships of \$100 per person to Kansas 4-H Volunteers who attend the Forum. To receive a scholarship, register for the Forum and let me know you have registered. We will take the first 25 persons who respond. If a volunteer has already registered they can still qualify for the scholarship. We will get their name from the registration list and qualify them. If there are any questions, please contact me.

[Buchele](#)

# **WHEAT**

## **2009 Kansas 4-H and FFA State Wheat Show in McPherson**

Over 90 Kansas 4-H members, siblings, parents, friends and Extension staff attended the 2009 Kansas 4-H and FFA State Wheat Show in McPherson on Friday, August 7<sup>th</sup>. The event was held at the McPherson County 4-H Building. Attendees judged educational classes of wheat, muffins, photographs and weeds. Participants attended a tour of the Old Mill in Lindsborg or the Cargill Feed Mill and Ferguson Production in McPherson.

Thanks go to our 2009 sponsors: Kansas Wheat Commission, PrairieLand Partners, MKC, Moundridge, Cereal Food Processors, KSU Department of Grain Science and Industry, KSU International Grains Program, Kansas Wheat Quality Lab, Kansas Crop Improvement Association, Stafford County Flour Mill, Kansas 4-H Youth Development and K-State Research and Extension in McPherson County. Planning team members included Bob Bennett, Phyllis Kriesel, Dale Ladd, Jana McKinney, Glenn Newdigger, Mark Ploger, Rick Snell, Berny Unruh, Todd Whitney, Rodney Wallace and Deryl Waldren. Thanks to everyone who helped make this year's wheat show the success it was.

Awards were given in seven divisions and the judging activity. Premium monies will be awarded and mailed to participants for the seven divisions in the near future. The major results in each division are:

### **Division 1 – 1# Wheat, Produced by 4-H member**

- 1<sup>st</sup> – Adam Brobst, Phillips-Rooks District, Phillipsburg, Post Rock variety
- 2<sup>nd</sup> – Thomas Harmon, Walnut Creek District, Lacrosse, Overley variety
- 3<sup>rd</sup> – Julie Bitter, Barton County, Post Rock variety

### **Division 2 - 1# Wheat, Adopt a Wheat Producer**

- 1<sup>st</sup> – Chandra Devine, Barton County, Post Rock variety
- 2<sup>nd</sup> – Blake Garrison, Shawnee County, Karl 92 variety
- 3<sup>rd</sup> – Luke Garrison, Shawnee County, Karl 92 variety

### **Division 3 – 1 Quart jar of Cleaned Wheat**

- 1<sup>st</sup> – Julie Bitter, Barton County
- 2<sup>nd</sup> – Kyle Grant, Pawnee County
- 3<sup>rd</sup> – Thomas Harmon, Walnut Creek District, Lacrosse
- 4<sup>th</sup> – Luke Garrison, Shawnee County

### **Division 4 – Loaf of Yeast Bread**

- 1<sup>st</sup> – Trenton Goering, McPherson County
- 2<sup>nd</sup> – Kyle Grant, Pawnee County

- 3<sup>rd</sup> – Phillip Underwood, Cherokee County
- 4<sup>th</sup> – Abbi Wittmeier, Rolling Prairie District, Howard

#### **Division 5 – Cookies**

- 1<sup>st</sup> – Kyle Grant, Pawnee County
- 2<sup>nd</sup> – Phillip Underwood, Cherokee County
- 3<sup>rd</sup> – Phillip Underwood, Cherokee County
- 4<sup>th</sup> – Eric Underwood, Cherokee County

#### **Division 6 – Wheat Photography Contest**

- 1<sup>st</sup> – Kaleigh Salzman, McPherson County
- 2<sup>nd</sup> – Thomas Harmon, Walnut Creek District, Lacrosse
- 3<sup>rd</sup> – Taylor DeWeese, Pratt County
- 4<sup>th</sup> – Thomas Harmon, Walnut Creek District, Lacrosse

#### **Division 7 – Wheat Center Piece**

- 1<sup>st</sup> – Ashlynn Mullere, Cherokee County
- 2<sup>nd</sup> – Michael McKinney, McPherson County
- 3<sup>rd</sup> – Renee Roth, Cherokee County

#### **Judging Activity**

- 1<sup>st</sup> – Eric Underwood, Cherokee County
- 2<sup>nd</sup> – Jessica DeWeese, Pratt County
- 3<sup>rd</sup> – Thomas Harmon, Walnut Creek District, Lacrosse
- 4<sup>th</sup> – A.J. Carlson, River Valley District, Clay Center
- 5<sup>th</sup> – Andrea Miller, Riley County

For more information about the Kansas 4-H and FFA State Wheat Show, contact Deryl Waldren at 785-462-6281 or e-mail: [dwaldren@ksu.edu](mailto:dwaldren@ksu.edu).

[Waldren](#)

## **WORLD CITIZENSHIP**

### **Summer 2010 Kansas 4-H Japan Inbound Exchange**

Help make the world seem a little smaller by inviting five to six Japanese students to stay with 4-H families in your Extension Unit for one month during the summer of 2010. Your 4-H'ers will make friendships that will last a lifetime. Now is the time to consider becoming a part of this fantastic world citizenship opportunity. Youth and their adult chaperones will arrive in Kansas approximately July 20, 2010, and stay for four weeks. Final county/unit commitments to participate are due by September 14, 2009. Kansas 4-H has hosted Japanese LABO and LEX Foundation students and staff since 1977. Two adult chaperones and 27 young people in their teens during summer 2009 stayed in the following Extension Units: River Valley District (Clay Center, and Concordia), Harvey, Central Kansas District (Salina), Phillips-Rooks District (Phillipsburg), Stevens, Leavenworth, Douglas, Miami, and Pottawatomie. If you have questions about possibly becoming involved next year, contact Rose Scott, the 4-H Japan Inbound Exchange Coordinator at (785) 388-2009 or Deryl Waldren at (785) 462-6281 or e-mail [dwaldren@ksu.edu](mailto:dwaldren@ksu.edu).

[Waldren and Scott](#)

### **International Travel Opportunities for Kansas 4-H'ers in 2010**

It's just the right time to begin promoting international exchanges to your older 4-H members (ages 12-18), recent alumni (ages 19-26) and adults (25 and older) as chaperones. Outbound exchanges for 4-H members in 2010 have been announced for **Australia, Costa Rica, Finland, Japan and Norway**. With the optional addition of a 4-week language and culture class prior to the home stay in Japan, all are home stays of nearly one month with short group sightseeing opportunities between mid-June and mid-August. These youth travel with a group of 4-H'ers from throughout the U.S. under the leadership of



one or more experienced chaperones. The Kansas-sponsored trips are organized by States' 4-H International Exchange Programs, a group of state 4-H programs pooling resources to conduct international exchanges with 4-H and similar organizations in other countries. We are in the process of confirming that our 4-H'ers may join a group exchange to Mexico again in 2010. We will confirm this information when it is available. New flyers for each of these exchanges and the standard application form are posted on the World Citizenship page of the state 4-H web site.

Kansas also offers individually-designed exchanges for 4-H alumni ages 19-26 as part of the IFYE Representative (IFYE Rep) program. These programs can range in length from 6 weeks to 6 months during which Kansas delegates are hosted by multiple families of 4-H partner organizations in Europe, Asia, Southern Africa, or Latin America. They may be programmed with IFYE's from other participating states and countries within the host country. The same application is used for the IFYE Representative program and a flyer is posted on the web page with more information.

The **application date for 2010 travel is November 2, 2009**. All applicants must attend interviews and the first Kansas orientation on the weekend of December 4-5 in Manhattan. Anyone with questions about exchanges may direct them to Mary Kay Munson, Kansas 4-H International Exchange Coordinator at [munsonm@nqks.com](mailto:munsonm@nqks.com) or 785-238-3631.

[Munson](#)

### Chaperones Needed for 2010 4-H Exchanges

Each of the one-month exchanges for 4-H'ers will have opportunities for adults 25 and over as chaperones. They must apply through Kansas to States' 4-H International Exchange Programs (S4-HIEP) where selection is made. A 2010 Chaperone Position Description and Application Form are posted on the Kansas 4-H web site's World Citizenship page. The **application is due December 1**. Applicants are expected to attend the Interviews and Orientation December 4-5. Contact Mary Kay Munson for information about chaperoning international exchanges at [munsonm@nqks.com](mailto:munsonm@nqks.com) or 785-238-3631.

[Munson](#)

### 2009 International Exchange Delegates Have Returned Home

Ten Kansas 4-H'ers and one adult chaperone completed their international exchange experiences in the summer of 2009 and are back in their home counties. From early reports, their experiences were fantastic! They welcome requests to share their experiences with 4-H and youth groups in their own and neighboring counties this fall and winter. Feel free to contact any in your area to arrange a presentation. Some will also be prepared to provide a display for an event. The 2009 delegates and chaperone with their host countries, home counties and e-mail addresses follow:

Genna Stambaugh, Costa Rica, Miami Co., [sgen32@yahoo.com](mailto:sgen32@yahoo.com)  
Ronni Hart, Finland, Miami Co., [v\\_hart@hughes.net](mailto:v_hart@hughes.net)  
Beth Mercer, Finland, Cherokee Co., [elizabeth.mercer@iamaram.com](mailto:elizabeth.mercer@iamaram.com)  
Sarah Tajchman, Finland, Geary Co., [tajchman\\_11@hotmail.com](mailto:tajchman_11@hotmail.com)  
Kenna Baker, Japan, Yukon Co., OK., [ekakikenna@gmail.com](mailto:ekakikenna@gmail.com)  
John Boyington, Japan, Phillips Co., [johnnyboy@yahoo.com](mailto:johnnyboy@yahoo.com)  
Steven Buchele, Japan, Finney Co., [kson1rayquaza@hotmail.com](mailto:kson1rayquaza@hotmail.com)  
Kimberly Gerstner, Japan, Thomas Co., [kimmy\\_112@hotmail.com](mailto:kimmy_112@hotmail.com)  
John Stambaugh, Japan, Miami Co., [stamb02@yahoo.com](mailto:stamb02@yahoo.com)  
Ronnie Sullivan, Japan, Miami Co., [rlsjr2@mokancomm.net](mailto:rlsjr2@mokancomm.net)  
Cheri Tajchman, Japan Chaperone, Geary Co., [ctajchman@473mail.net](mailto:ctajchman@473mail.net)

We will meet with this group at State Fair September 12, 10 a.m. to debrief their experience and work with them on their presentations.

[Munson](#)

### In Bound Exchanges Head Back to their Homes

Two Norwegian 4-H'ers hosted by Kansas families under the States' 4-H International Exchange Program returned home July 30. Their hosts and their counties are as follows:

Knut Nie: Robb and Peggy Hensleigh Family, Jefferson Co.  
Hans Kopland: Darrell and Deb Brobst Family, Phillips Co.

Our Taiwanese 4-H professional staff member under the IFYE Program, Cash Ni was hosted by three agent and volunteer families:

Ron and Nancy Honig Family, Stevens Co.  
Rod and Mary Buchele Family, Finney Co.  
Joe and Suzanne Hokett Family, Saline Co.

The Taiwanese volunteer leader Amy Wang was also hosted by three agent and volunteer families:  
Chris and Diann Gerstner Family, Thomas Co.  
John and Donna Krug Family, Barton Co.  
Brian and Tracy Clugston Family, Cherokee Co.

Reports are that these families had a good time learning about another culture and showing their exchangee Kansas 4-H and their part of the state. Thank you to all the host families, local agents and others who helped make their experience a good one. We accept applications to host at any time, but anyone wishing to host a 4-H'er from Finland or Costa Rica next year should apply by February 1. Contact Mary Kay Munson for or check the World Citizenship on the 4-H site for more information.

[Munson](#)