

## **Kansas Leadership Forum Workshop Catalog – 2021**

### **An Introduction to Your Leadership Edge**

Leadership starts with you and must engage others! Join Jaryth Barten to explore the Kansas Leadership Center's framework and discover Your Leadership Edge.

**Instructor:** Mr. Jaryth Barten

Community Vitality (Citizenship and Leadership)

**Offered:** Session 3

### **Are you living the Pledge**

Wildcat District started a Live the Pledge Challenge for all clubs in the district. Hands to larger service is what the challenge is all about. This class will talk about ideas for living the pledge and you will live the pledge by putting together a backpack with school supplies for a local school.

**Instructor:** Cheri Nelsen

Additional Class Fee: \$5

Community Vitality (Citizenship and Leadership)

**Offered:** Session 2

### **Behind the Mask**

Who are you? That is perhaps the most important question you will ever answer. We spend a tremendous amount of time and energy creating the appearance of who we, or others, think we should be. This can lead to personal stress and can also create a sense of insincerity. The leader you are meant to be isn't just a set of skills, attributes, and character traits. Your experiences and perceptions are unique to you and are the key to your authentic form of leadership. This session will give you the opportunity to take the brave first step in acknowledging who you are.

**Instructor:** Mr. Nate McClendon

Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 2

### **Communication Styles Workshop**

Join us for a session on Communication Differences! Are you a Turn-Taker? A Pauser? Maybe an Overlapper? Find out what Communication Style you are by participating in group discussions that will showcase the variety of ways different people communicate across the globe.

**Instructors:** Chase Jordan and Jacklyn Hernandez

Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 3

### **Every Generation Needs Leadership**

Justin Kastner, who teaches courses at K-State on the history of veterinary public health, food safety, and related issues, and Katrina Turner a current youth council member will co-lead a workshop in which students will read real historical accounts of individuals who lived during two past pandemics.

Combining breakout groups and large group discussions, it will be discovered how these past events call for scholarly, thoughtful leadership, and how that applies to our role during the Covid-19 Pandemic.

**Instructors:** Dr. Justin Kastner and Katrina Turner

Agriculture, Healthy Living, Community Vitality (Citizenship and Leadership)

**Offered:** Session 3

### **Finding the right fit: Making sense of the college search process**

There are many questions and factors that can influence your college decision, which is one of the most important decisions you will make. The possibilities are endless! Whether you are a senior making your final college decision or a freshman who is just getting started, come learn what you can be doing to not only to find your perfect fit for college, but for your future career. After this workshop, you will have the tools and knowledge to be confident in your college decision.

**Instructor:** Miss Kellsie Corrigan

Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 2

### **Kansas 4-H Camp Program and Leadership Progression**

During this session the Rock Springs Ranch Team will provide an overview of program progression and leadership opportunities for teens heading into the summer of 2022. The session will provide information about how teens can be involved in the exciting changes coming to Rock Spring Ranch! We will also offer a time for question for teen wanting to know more.

**Instructors:** Josh Cunningham and Jim Wheaton

Healthy Living, Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 3

### **Leadership Lessons from Bill Snyder**

Bill Snyder, former K-State Football Coach, transformed the football program in Manhattan and left a lasting legacy of leadership through his 16 goals of success. This class will focus on how to make and achieve leadership goals through the stories and advice of Coach Snyder. Just a few things you will learn in this class will be how to set leadership goals, make a plan to achieve them, create a vision, and how to make progress everyday towards them.

**Instructors:** Janae McKinney

Community Vitality (Citizenship and Leadership)

**Offered:** Session 1

**Learn by Doing**

4-H teaches young people with hands-on learning experience. In this class you will learn hands on activities that you can take back to use in your club and your county. This class will help you strengthen you knowledge and practical use of ag leadership.

**Instructor:** Mrs. Jenny McDaniel

Agriculture, Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 2

**Make Time for Japan**

As you build citizenship and leadership skills, learn to lead in a diverse and world culture. A great place to start is Japanese culture. Japan brings the values of an ancient culture head-on into the 21st Century. Two 4-H Academic Year Exchangees from Japan and their Kansas host sisters will help you experience Japan in this KYLF "hand's on" workshop. You'll try and see Japanese crafts, food, traditional clothing, language, schools and home life. The host sisters will also share what it's like to have a Japanese sister at home and at school. Before it's over, you'll know how you can participate in exchanges with Japan and other countries as a host or traveler through 4-H.

**Instructors:** Dr. Mary Kay Munson, Sayo Matsumoto, Hiyori Sugahara, Kate Rogers and Joyanne Boutz

Additional Class Fee: \$1.00

Community Vitality (Citizenship and Leadership)

**Offered:** Session 2, Session 3

**Painting the Picture of Being a Leader**

Join us for a fun and engaging trip to finding your leadership style, while painting your very own artwork to take home! By the end of this workshop, we hope you'll have discovered more about who you are as a leader in depth, as well as your peers in the group. The paintings will beautifully display the individuality of those attending this workshop.

**Instructors:** Lexi Straub and Haley Batchman

Additional Class Fee: \$7 (canvas and paint cost)

Community Vitality (Citizenship and Leadership)

**Offered:** Session 2, Session 3

**Preparing Yourself for Your Next Journey**

What to do after high school can be a terrifying proposition. Most of us come up with an answer to that question to say to our friends and family, and we may even believe it ourselves. But, according to the National Center for Education Statistics, 80% of college students change their major at least once. College is also expensive. If no one knows what they want to be, how do you know that you aren't just wasting your time? Come to this session and discover how to best prepare yourself for the journey after high school.

**Instructor:** Brenda Hicks

Healthy Living

**Offered:** Session 1, Session 2

**Public Speaking in the Present**

Public Speaking: A Skill You Wish you had in the Past. Will Learn in the Present. And Can use in the future. This class will inform you on the importance of good public speaking, outline the correct way to use it, and allow you to practice this new set of skills.

**Instructor:** Mr. Corey Humble

Additional Class Fee: No additional

Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 3

**Your Role in Philanthropy**

While the word "philanthropy" can be overwhelming (and difficult to pronounce!), it simply is about generosity and giving your time, talent and treasure in order to make a greater impact. 4-Hers play an active role in philanthropy by continuing to make the best better in your clubs, your communities, your country and your world.

**Instructors:** Callie Lehman and Mindy Weixelman

Community Vitality (Citizenship and Leadership)

**Offered:** Session 1, Session 2

**Wait - Don't Scrap That!**

Explore the science of composting with Lindsey and Lauren! Discuss the widespread issue of food insecurity and how it is affecting our communities and what we can do to alleviate it with the power of science. Learn about what different colleges in Kansas are doing to support their students struggling with basic needs and brainstorm what 4-H can do to help. Get your heads ready to think, fill your hearts with compassion, get your hands dirty, and educate yourself and others on the healthful benefits of composting with this engaging and interactive workshop.

**Instructors:** Miss Lauren Moon and Miss Lindsey Ascher

Agriculture, Science, Technology, Engineering and Math, Healthy Living, Community Vitality (Citizenship and Leadership)

**Offered:** Session 2, Session 3

Updated October 6, 2021