4-H FORMULA
Empower youth to reach their full potential through youth-adult partnerships and research-based experiences.

**WHY**

- **BELONGING**
- **MASTERY**
- **INDEPENDENCE**
- **GENEROSITY**

*Impact of Five C's of Youth Development identified by Lerner & Lerner in Comprehensive Findings of 4-H Study of Positive Youth Development (2013), Tufts University (https://4-h.org/about/research/)

**HOW**

1. **ENGAGED LEARNING**
2. **SAFE ENVIRONMENT**
3. **SERVICE OPPORTUNITIES**
4. **INCLUSIVE SETTINGS**
5. **CARING MENTORS**
6. **PLANNING FOR THE FUTURE**
7. **OPPORTUNITY FOR MASTERY**
8. **BUILDING SELF-CONFIDENCE**

*Prepared and Engaged Youth: National 4-H Impact Assessment Project (2001)*

**WHAT**

- **STEM & AGRICULTURE**
- **COMMUNICATION & THE ARTS**
- **HEALTHY LIVING**
- **COMMUNITY VITALITY**

(leader & civic engagement)

**IMPACT**

- **LEARNERS**
- **COMMUNICATORS**
- **COLLABORATORS**
- **CONTRIBUTORS**

**NEED**

- **8 ELEMENTS**

**PRIORITY**

- **LEARNERS**
- **COMMUNICATORS**
- **COLLABORATORS**
- **CONTRIBUTORS**